

FIT & WELL

L-CARNITIN 1000

+ ZINC + MAGNESIUM







PRODUCT DESCRIPTION

Drinking ampoules with L-carnitine (1000 mg) plus zinc (3.8 mg) and magnesium (75 mg).

Zinc is a mineral with very diverse functions. Primarily, it serves the function maintenance of a normal protein synthesis and carbohydrate metabolism. It plays a role in the normal function of the immune system, protects the cells from oxidative stress and serves a normal DNA as well as normal protein synthesis (among others muscle maintenance).

Magnesium serves the maintenance of normal muscle function, supports the electrolyte balance and contributes to a reduction of tiredness and fatigue. Die vitamins B2, B6, B12 and C also contribute to a normal energy metabolism.

ADVANTAGES

- Utilisation of high-quality L-CARNIPURE[®]; 100% pure L-carnitine (0.0% D-carnitine)
- Enriched with vitamins of the B-complex and C as well as with the minerals magnesium and zinc
- Easy to take

UTILISATION

Food supplement for physically active people. Take 1 flask /day prior to or after your activity.

Do not exceed recommendation; keep out of reach of children. Does not substitute for a well balanced and varied diet, which is important for our health as well as a healthy life style.

INGREDIENTS

Water, stabiliser glycerine, fructose, acidulants (lactic acid, citric acid), L-carnitine (4000 mg/100 ml), magnesium carbonate, preservative potassium sorbate, flavour, vitamins (ascorbic acid, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, cyanocobalamin), zinc gluconate, sweeteners (sucralose, sodium saccharin).



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PAGE 2

FLAVOUR/PACKAGING

Peach Display 30 x 25 ml

NUTRITION FACTS

NUTRITION FACTS	PER 100 ML		PER FLASK (25 ML)	
energy kJ (kcal)	192 (45)			48 (11)
fat	0 g			0 g
of which saturated fatty acids	0 g			0 g
carbohydrates	14.0 g			3.5 g
of which sugars	2.0 g			0.5 g
fibres	0 g			0 g
Proteins	0 g			0 g
salt	<0.1 g			<0.05 g
VITAMINS**		%NRV*		%NRV*
B1	2.8 mg	255%	0.7 mg	64%
B2	3.2 mg	229%	0.8 mg	57%
B6	4.0 mg	286%	1.0 mg	71%
B12	2.0 µg	80%	0.5 µg	20%
С	120 mg	150%	30 mg	38%
MINERALS**	per 100 ml	%NRV*	per flask (25 ml)	%NRV*
Magnesium	300 mg	80%	75 mg	20%
Zinc	15.2 mg	152%	3.8 mg	38%

^{*} nutrient reference values

Ready-to-drink flasks containing L-carnitine, magnesium, zinc, and 5 vitamins. With fructose and sweeteners, peach flavoured.

Carefully produced in Germany for

Sponser Sportnahrung AG CH-8832 Wollerau www.sponser.ch Sponser Europe GmbH D-88131 Lindau www.sponser.de

¹ flask (25 ml): 1000 mg L-carnitine