

# PRO PRE WORKOUT BOOSTER CASSIS – BLACK CURRANT

BEFORE DURING AFTER	fiit-os®	
QUICK INFO		
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X GLUTEN FREE	GA	
ACID FREE	S SIMITER	STONSER PRO PRE WORKSON
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X NO PRESERVATIVES		

### **PRODUCT DESCRIPTION**

PRE-WORKOUT BOOSTER is typically used in strength sports for intense and effective workouts. The formulation contains the branded hydrolysed whey protein isolate CFM Nitro®, combined with 7 plant ex-tracts, 3 amino acids and taurine. The nutritional yeast contains nucleotides, the primary building blocks of all cells. Caffeine helps to improve concentration and performance, choline supports normal fat metabo-lism. Zinc contributes to normal DNA synthesis and the maintenance of normal testosterone levels in the blood. Pantothenic acid supports normal synthesis and metabolism of steroid hormones and some neuro-transmitters. Folic acid contributes to normal amino acid synthesis.



Fiit-ns® is a patented plant extract of grapefruit, grape, guarana, green tea and black carrot. The extract is rich in polyphenols and standardised in EGCG-katechins



Vinitrox® standardised polythenol extract based on grape and apple. Increases nitric oxide (NO)-production and therefore provides more pump.



CFM Nitro® is a patented whey protein hydrolysate with effects on the NO-formation.

### **ADVANTAGES**

- NO-Pump thanks to multi-mechanism-complex
- Boost effect and increased consentration caused by caffeine and plant extracts
- Zinc to maintain normale DNA synthesis and testosterone levels

## UTILISATION

Dissolve 1 bulging scoop with approx. 200 ml water. Take prior to your workout.

Increased caffeine content (50 mg/100 ml drink). Not recommended for children, pregnant women and caffeine sensitive persons. Does not substitute for a varied and balanced diet. Do not exceed recommended daily intake, keep out of reach of children. As part of a varied and balanced diet and a healthy lifestyle.



# PRO PRE WORKOUT BOOSTER

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### **INGREDIENTS**

Waxy maize starch 62%, L-citrulline malate, L-tyrosine, plant extracts 7% (green tea, guarana, grapefruit, red and white grapes, apple, black carrot), nucleotide-containing nutritional yeast and yeast extract 4.2%, L-ornithine hydrochloride, taurine, D-ribose 2.2%, partially hydrolysed whey protein isolate 2%, acidulant citric acid, choline bitartrate, flavours (black currant, caffeine), emulsifier sunflower lecithin, zinc lactate, sweetener sucralose.

### FLAVOUR/PACKAGING

Cassis 450 g jar (25 servings)

### **NUTRITION FACTS**

NUTRITION FACTS	1 DAI	1 DAILY RATION (18 G)	
energy kJ (kcal)		253 (60)	
fat		0 g	
of which saturated fatty acids		0 g	
carbohydrates		12 g	
of which sugars		1.0 g	
fibres		< 0.1 g	
protein		2.5 g	
salt		< 0.1 g	
VITAMINS	%NRV*		
С	20%	16 mg	
E	20%	2.4 mg	
B12	40%	1.0 µg	
niacine	40%	6.4 mg	
folic acid	20%	40 µg	
biotine	50%	20 µg	
pantothenic acid	30%	1.8 mg	
MINERALS	%NRV*		
zinc	30%	3.0 mg	

\*nutrient reference values

OTHER INGREDIENTS	1 DAILY RATION (18 G)
L-citrulline	1000 mg
L-tyrosin	1000 mg
L-ornithine	500 mg
taurine	500 mg
choline	85 mg
caffeine	100 mg

100 ml prepared drink contains 127 kJ (30 kcal)

Drink powder with caffeine, hydrolised whey protein isolate, 7 plant extracts, L-citrulline, amino acids, taurine, choline, nutritional yeast, zinc and vitamins. With sweetener, black currant flavoured.

Manufactured in Switzerland.

Sponser Sport Food AG CH-8832 Wollerau www.sponser.ch Sponser Europe GmbH D-88131 Lindau www.sponser.de