

ENERGY

# COMPETITION®

HYPOTONIC SPORTDRINK

CITRUS

BEFORE DURING AFTER

## QUICK INFO

- X LACTOSE FREE
- X GLUTEN FREE
- X ACID FREE
- X NO SWEETENERS
- X NO ARTIFICIAL COLOURS
- X NO PRESERVATIVES



## PRODUCT DESCRIPTION

COMPETITION® is an acid free sports drink for high energy needs, made out of a large mix of carbohydrates with different glycemic Index and electrolytes. Thanks to its special composition and its neutral or very light flavouring, Competition® is also optimally appropriate in high concentrations and intensities.

Enriched with the electrolytes sodium, calcium, magnesium, potassium and chloride. Calcium plays an important role in the energy metabolism and in association with magnesium and potassium it contributes to normal muscle function.

Appropriate to support the physical performance during endurance exercise as well as for rehydration of the fluid losses after physical activities.

## ADVANTAGES

- **Free of acid, it is a pH neutral competition drink**
- **Hypotonic also with a dosage of 100g/liter**
- **High molecular starch hydrolysates with a very low osmolarity**
- **Isomaltulose (glucose + fructose) and trehalose (glucose + fructose)**

## UTILISATION

Sports drink for the highest energy needs and demands. Also suitable for carboloading.

## INGREDIENTS

Starch hydrolysates (barley [sans gluten], rice) 26%, glucose, maltodextrin, sucrose, fructose, isomaltulose\* 6.5%, trehalose\*\* 6.5%, 5 minerals (sodium citrate, calcium lactate, magnesium citrate, sodium chloride, potassium citrate), flavours. \*source of glucose and fructose \*\*glucose source

## FLAVOURS/PACKAGING

Neutral, Orange, Citrus, Raspberry, Fruit Mix  
Neutral, Orange, Citrus, Raspberry, Fruit Mix  
Orange

800 g bag (= 10 Liter)  
1000 g can (= 12-17 Liter)  
Display 20 x 60 g (= 15 Liter)

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**NUTRITION FACTS**

NUTRITION FACTS	PER 100 G POWDER		PER 80 G (1 LITRE)	
energy kJ (kcal)	1630 (383)		1305 (307)	
fat	0 g		0 g	
of which saturated fatty acids	0 g		0 g	
carbohydrates	96 g		77 g	
of which sugars	52 g		42 g	
fibres	0 g		0 g	
protein	0 g		0 g	
salt **	1.42 g		1.15 g	
<b>MINERALS **</b>		%NRV*		%NRV*
calcium	60 mg	8%	48 mg	6%
magnesium	45 mg	12%	36 mg	10%
potassium	85 mg	4%	68 mg	3%
chloride	225 mg	28%	180 mg	23%

\* nutrient reference values

\*\*calculated with factor 2.5 (sodium content of 570 mg/100 g (460 mg/80 g))

100 ml of the preparation contains 130 kJ (31 kcal)

**BACKGROUND INFORMATION**

- Jentjens et al. (2004): High oxidation rates from combined carbohydrates ingested during exercises. Med Sci Sport Exerc 36(9): 1551-1558.

Sports drink powder with electrolytes. Citrus flavoured.

Carefully produced in Switzerland

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