

POWER

WHEY PROTEIN 94

ISOLATE CFM

BANANA



QUICK INFO

LACTOSE FREE

GLUTEN FREE

ACID FREE

NO SWEETENERS

NO ARTIFICIAL COLOURS

NO PRESERVATIVES



VARIOUS
FLAVOURS

WHEY PROTEIN ISOLATE. WITH SWEETENERS, BANANA FLAVOURED.

PRODUCT DESCRIPTION

The proteins support growth in the muscle mass and its maintenance. Whey Protein 94 is a whey protein isolate with an extremely high protein content of 94% in dry substance. The manufacturing through cross flow microfiltration (micro and afterwards ultra filtration, no ion exchange) guarantees the best possible conservation and concentration of valuable protein fractions in their tertiary and quaternary structure, which gets otherwise lost during the ion exchange. At the same time, this technology allows the lowest fat content and no lactose for the highest biological value (170 according to Oser).

ADVANTAGES

- **Lactose free, gluten free**
- **Best possible protein quality through cross-flow microfiltration**
- **High content in essential amino acids, especially in BCAA (250 mg/g pure protein)**
- **Neutral version ideal for protein enrichment of other nutrients or beverages.**
- **Good solubility**
- **Water-soluble**

UTILISATION

To be taken up to 30 min before or right after training.

2 scoops (approx. 20 g) + approx. 200 ml of milk. If preparing with water, increase amount of powder. As part of a varied and balanced diet and a healthy lifestyle.

INGREDIENTS

Whey protein isolate 93% (Ireland), flavours, thickeners (guar seed flour, xanthan), emulsifier **soy** lecithin, acidulants (citric acid, ascorbic acid), sweeteners (sucralose, aspartame). Contains a source of phenylalanine.

FLAVOURS/PACKAGING

Strawberry, Vanilla, Chocolate

Neutral, Banana, Vanilla, Chocolate, Caffè Latte

425 g can (21 servings)

850 g can (42 servings)

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NUTRITION FACTS

| NUTRITION FACTS | PER 100 G POWDER | | 1 PORTION** | |
|--------------------------------|------------------|-----|-------------|-----|
| energy kJ (kcal) | 1560 (370) | | 600 (140) | |
| fat | 1.5 g | | 0.5 g | |
| of which saturated fatty acids | 0.6 g | | 0.1 g | |
| carbohydrates | 2.5 g | | 10 g | |
| of which sugars | 0.7 g | | 9.5 g | |
| fibres | 1.8 g | | 0.4 g | |
| protein | 85 g | | 24 g | |
| salt *** | 0.78 g | | 0.16 g | |
| MINERALS | %NRV* | | %NRV* | |
| calcium | 450 mg | 56% | 340 mg | 43% |
| magnesium | 70 mg | 19% | 36 mg | 10% |
| phosphorus | 220 mg | 31% | 235 mg | 34% |
| potassium | 450 mg | 23% | 415 mg | 21% |

* nutrient reference values

**1 Portion = 20 g + 200 ml skim milk (0.1% fat). 100 ml of the preparation 300 kJ (70 kcal).

***natural sodium content (310 mg/100 g), no salt added.

| amino acids per 100 g of pure protein | | |
|---------------------------------------|--------------------------|--------|
| essentials | histidine | 1.9 g |
| | isoleucine | 7.1 g |
| | leucine | 11.6 g |
| | lysine | 10.1 g |
| | methionine + cysteine | 4.3 g |
| | phenylalanine + tyrosine | 6.6 g |
| | threonine | 8.3 g |
| | tryptophan | 2.0 g |
| | valine | 6.2 g |
| non-essentials | alanine | 5.5 g |
| | arginine | 1.9 g |
| | aspartic acid | 11.5 g |
| | glutamic acid | 20.5 g |
| | glycine | 1.7 g |
| | proline | 6.1 g |
| serine | 4.6 g | |

Biological value (Oser): 170 (whole egg = 155)

Total BCAA (leucine, isoleucine, valine): 250 mg/g of pure protein

Carefully produced in Switzerland for Sponser:

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