



Product Catalogue

# HIGHEST QUALITY >



Olimp Laboratories has been created more than 26 years ago with one aim "to assure better comfort of life, strength, health and vitality for our customers". Since then, Olimp has become European leader in providing state-of-the-art sport nutrition formulas with advanced ingredients and unique composition.

Unusual atmosphere of cooperation, friendship and mutual support result in modern and complex approach to our customers and market needs. Thanks to the determination and intensive research work, we are able to contribute to the healthy lifestyle, based on both sports activity and healthy and balanced diet. In-depth knowledge, experience and cooperation with professionals from the field of nutrition and supplementation make our products unique and extremely effective, while maintaining their high quality and reliability. Olimp Labs has a well-organized unit responsible for product development and research into new ingredients and formulas, provided with state-of-the-art R&D laboratories. We are known for being one of the few manufacturers who obtained full GMP certificate and manufacture all of its products in pharmaceutically certified environment, thus ensuring strict product quality control during all stages of product development and production.



# State-of-the-art manufacturing, R & D and storage facilities



**26**

**YEARS ON THE MARKET**

**250**

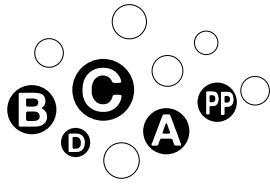
**PRODUCTS OF HIGHEST QUALITY**

**9 000**

**SQUARE METERS  
OF WAREHOUSE SPACE**

**12 500**

**PALLET LOCATIONS**



# Vitamins & Minerals

# VITA-MIN PLUS

Food supplement

| Nutrition information                            | 1 capsule | *% NRV |
|--|-----------|--------|
| Vitamin A  | 800 µg    | 100%   |
| Vitamin D3                                       | 5 µg      | 100%   |
| Vitamin E  | 12 mg     | 100%   |
| Vitamin C  | 80 mg     | 100%   |
| Vitamin B1                                       | 1,1 mg    | 100%   |
| Vitamin B2                                       | 1,4 mg    | 100%   |
| Niacin   | 16 mg     | 100%   |
| Vitamin B6                                       | 1,4 mg    | 100%   |
| Folic acid                                       | 200 µg    | 100%   |
| Vitamin B12                                      | 2,5 µg    | 100%   |
| Biotin   | 50 µg     | 100%   |
| Pantothenic acid                                 | 6 mg      | 100%   |
| Green tea extract<br>(98% polyphenols, 55% EGCG) | 30 mg     |        |
| Lutein   | 2 mg      | -      |
| Magnesium***                                     | 90 mg     | 24%    |
| Albion® amino acid chelate                       |           |        |
| Calcium***                                       | 80 mg     | 10%    |
| Albion® mineral                                  |           |        |
| Potassium  | 40 mg     | 2 %    |
| Zinc**   | 10 mg     | 100%   |
| Albion® amino acid chelate                       |           |        |
| Iron**   | 1 mg      | 7%     |
| Albion® amino acid chelate                       |           |        |
| Manganese**                                      | 1 mg      | 50 %   |
| Albion® amino acid chelate                       |           |        |
| Copper**   | 150 µg    | 15 %   |
| Albion® amino acid chelate                       |           |        |
| Iodine   | 150 µg    | 100%   |
| Chromium   | 50 µg     | 125 %  |
| Selenium   | 30 µg     | 54 %   |

\*%NRV - nutrient reference values

THE ALBION GOLD MEDALLION™ is a trademark belonging to the ALBION Laboratories Inc.

\*\* - high quality minerals in form of amino acid chelates

ALBION®

\*\*\* - amino acid chelates and other forms of minerals



30 CAPSULES

PACKAGE | SIZE

- composition of vitamins and minerals
- highly absorbable Albion amino acid chelates
- enriched with lutein and Green tea extract

➤ **Recommended use:** 1 capsule a day after a meal.

# VITA-MIN PLUS

## FOR WOMEN Food supplement

6

| Nutrition information                             | 1 capsule | *% NRV |
|---|-----------|--------|
| Vitamin A   | 800 µg    | 100%   |
| Vitamin D   | 5 µg      | 100%   |
| Vitamin E   | 12 mg     | 100%   |
| Vitamin C   | 80 mg     | 100%   |
| Vitamin B1  | 1.1 mg    | 100%   |
| Vitamin B2  | 1.4 mg    | 100%   |
| Niacin  | 16 mg     | 100%   |
| Vitamin B6  | 1.4 mg    | 100%   |
| Folic acid  | 200 µg    | 100%   |
| Vitamin B12                                       | 2.5 µg    | 100%   |
| Biotin  | 50 µg     | 100%   |
| Pantothenic acid                                  | 6 mg      | 100%   |
| Soy isoflavones extract (40%)                     | 10mg      | -      |
| of which: soy isoflavones                         | 4mg       | -      |
| Dong Quai ginseng                                 | 50mg      |        |
| Horse-tail extract                                | 50mg      |        |
| of which silica                                   | 3,5mg     | -      |
| Black pepper extract/<br>Biperine (95%)           | 1 mg      | -      |
| Hyaluronic acid                                   | 2mg       | -      |
| Calcium**   |           |        |
| 31% Albion® mineral                               | 150mg     | 19%    |
| 69% calcium carbonate                             |           |        |
| Magnesium**                                       |           |        |
| 59% Albion® amino acid chelate                    | 70mg      | 18%    |
| 41% magnesium oxide                               |           |        |
| Potassium**                                       |           |        |
| 99,7% potassium chloride 0,3%<br>potassium iodine | 40mg      | -      |
| Zinc* Albion® amino acid chelate<br>(Chelazome®)  | 10 mg     | 100%   |
| Iron* Albion® amino acid chelate<br>(Ferrochel®)  | 1 mg      | 7,0%   |
| Manganese** Albion® amino acid<br>chelate         | 1mg       | 50%    |
| Copper** Albion® amino acid<br>chelate            | 150 µg    | 45%    |
| Iodine  | 150 µg    | 100%   |
| Chromium**  | 50 µg     | 125%   |
| Selenium  | 30 µg     | 54%    |

NRV - nutrient reference values

\*\* High quality minerals in the form of amino acid chelates



30 CAPSULES

PACKAGE | SIZE



- composition of vitamins and minerals
- highly absorbable Albion amino acid chelates
- enriched with hyaluronic acid, soy isoflavones, ginseng, dong quai and horsetail

➤ **Recommended use:** 1 capsule a day after a meal.

# VITA-MIN PLUS SENIOR

Food supplement

| Nutrition information                     | 1 capsule | %NRV* |
|---|-----------|-------|
| Vitamins                                  |           |       |
| Vitamin A                                 | 800 µg    | 100%  |
| Vitamin D                                 | 10 µg     | 200%  |
| Vitamin E                                 | 18 mg     | 150%  |
| Vitamin C                                 | 100 mg    | 125%  |
| Vitamin B1                                | 1.1 mg    | 100%  |
| Vitamin B2                                | 1.4 mg    | 100%  |
| Niacin                                    | 16 mg     | 100%  |
| Vitamin B6                                | 2.8 mg    | 200%  |
| Folate                                    | 200 µg    | 100%  |
| Vitamin B12                               | 5 µg      | 200%  |
| Biotin                                    | 50 µg     | 100%  |
| Pantothenic acid                          | 6 mg      | 100%  |
| Mineral components                        |           |       |
| Calcium                                   | 140 mg    | 17.5% |
| Magnesium                                 | 75 mg     | 20%   |
| Potassium                                 | 40 mg     | 2%    |
| Zinc                                      | 10 mg     | 100%  |
| Iron                                      | 3 mg      | 21%   |
| Manganese                                 | 1 mg      | 50%   |
| Copper                                    | 150 µg    | 15%   |
| Iodine                                    | 150 µg    | 100%  |
| Selenium                                  | 55 µg     | 100%  |
| Korean ginseng extract (Panax ginseng L.) | 30 mg     | #     |
| Lutein                                    | 2 mg      | #     |
| Hyaluronic acid                           | 2 mg      | #     |

%NRV - nutrient reference value

# - no NRV is determined

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- composition of vitamins and minerals
- highly absorbable Albion amino acid chelates
- enriched with Korean Panax ginseng extract, lutein, hyaluronic acid
- developed especially for the elderly

➤ **Recommended use:** 1 capsule a day after a meal.



30 CAPSULES

PACKAGE | SIZE

# GOLD-VIT COMPLEX

Food supplement



30 TABLETS

PACKAGE | SIZE

| Nutrition information | 1 tablet | **% NRV |
|-----------------------|----------|---------|
| Vitamin A (RE)        | 800 µg   | 100%    |
| Vitamin D             | 5 µg     | 100%    |
| Vitamin E             | 12 mg    | 100%    |
| Vitamin B1            | 1,1 mg   | 100%    |
| Niacin (NE)           | 16 mg    | 100%    |
| Biotin                | 50 µg    | 100%    |
| Pantothenic acid      | 6 mg     | 100%    |
| Vitamin C             | 120 mg   | 150%    |
| Vitamin B2            | 2,1 mg   | 150%    |
| Vitamin B6            | 2,1 mg   | 150%    |
| Vitamin B12           | 3,75 µg  | 150%    |
| Folic Acid            | 300 µg   | 150%    |
| Iron                  | 14 mg    | 100%    |

\*% NRVs\* - nutrient reference values



- composition of vitamins and minerals, mainly in the form of highly absorbable Albion amino acid chelates
- contains lutein, rutin, citrus bioflavonoids and OXXYNEA

➤ **Recommended use:** 1 tablet a day after a meal.

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# GOLD-VIT COMPLEX + MAGNESIUM

Food supplement



20 TABLETS

PACKAGE | SIZE

| Nutrition information | 1 tablet | **% NRV |
|-----------------------|----------|---------|
| Vitamin C             | 80 mg    | 100%    |
| Vitamin E             | 12 mg    | 100%    |
| Niacin (NE)           | 16 mg    | 100%    |
| Vitamin B1            | 1,1 mg   | 100%    |
| Vitamin B2            | 1,4 mg   | 100%    |
| Folic acid            | 200 µg   | 100%    |
| Vitamin B12           | 2,5 µg   | 100%    |
| Biotyna               | 50 µg    | 100%    |
| Pantothenic acid      | 6 mg     | 100%    |
| Vitamin B6            | 2,1 mg   | 150%    |
| Magnesium             | 100 mg   | 27%     |

%NRV - nutrient reference value



- form of effervescent tablets
- complex composition of vitamins
- highly absorbable form of magnesium amino acid chelate

➤ **Recommended use:** 1 tablet, dissolve in 200 ml of water.



# GOLD-VIT COMPLEX

**+ IRON** *Food supplement*

| Nutrition information | 1 tablet | % NRV |
|-----------------------|----------|-------|
| Vitamin A (RE)        | 800 µg   | 100%  |
| Vitamin D             | 5 µg     | 100%  |
| Vitamin E             | 12 mg    | 100%  |
| Vitamin B1            | 1,1 mg   | 100%  |
| Niacin (NE)           | 16 mg    | 100%  |
| Biotin                | 50 µg    | 100%  |
| Pantothenic acid      | 6 mg     | 100%  |
| Vitamin C             | 120 mg   | 150%  |
| Vitamin B2            | 2,1 mg   | 150%  |
| Vitamin B6            | 2,1 mg   | 150%  |
| Vitamin B12           | 3,75 µg  | 150%  |
| Folic Acid            | 300 µg   | 150%  |
| Iron                  | 14 mg    | 100%  |

\*% NRVs\* - nutrient reference values



- form of effervescent tablets complex composition of vitamins
- highly absorbable form of magnesium amino acid chelate
- enriched with folic acid and highly absorbable form of iron

➤ **Recommended use:** 1 tablet, dissolve in 200 ml of water.



20 TABLETS

PACKAGE | SIZE

# GOLD-VIT COMPLEX

**+ GINSENG** *Food supplement*

| Nutrition information                                 | 1 tablet | % NRV |
|---|----------|-------|
| Vitamin A (RE)  | 800 µg   | 100%  |
| Vitamin C   | 80 mg    | 100%  |
| Vitamin D   | 5 µg     | 100%  |
| Vitamin E   | 12 mg    | 100%  |
| Vitamin B1  | 1,1 mg   | 100%  |
| Niacin (NE)   | 16 mg    | 100%  |
| Biotin  | 50 µg    | 100%  |
| Folate  | 200 µg   | 100%  |
| Pantothenic acid                                      | 9 mg     | 150%  |
| Vitamin B2  | 2,1 mg   | 150%  |
| Vitamin B6  | 2,1 mg   | 150%  |
| Vitamin B12   | 3,75 µg  | 150%  |
| Korean ginseng (Korean Panax ginseng) 7% ginsenosides | 120 mg   | -     |

\*% NRVs\* - nutrient reference values



- form of effervescent tablets
- complex composition of vitamins
- enriched with Korean Panax ginseng extract

➤ **Recommended use:** 1 tablet, dissolve in 200 ml of water.



20 TABLETS

PACKAGE | SIZE

# GOLD-VIT FOR MEN

Food supplement

| Nutrition information                  | 1 tablet | *% NRV |
|--|----------|--------|
| Vitamin A (RE)                         | 800 µg   | 100%   |
| Vitamin D                              | 10 µg    | 200%   |
| Vitamin E (alpha-TE)                   | 12 mg    | 100%   |
| Vitamin C                              | 80 mg    | 100%   |
| Vitamin B1                             | 1,1 mg   | 100%   |
| Vitamin B2                             | 1,4 mg   | 100%   |
| Niacin (NE)                            | 16 mg    | 100%   |
| Vitamin B6                             | 2,1 mg   | 150%   |
| Folic acid                             | 200 µg   | 100%   |
| Vitamin B12                            | 5 µg     | 200%   |
| Biotin                                 | 100 µg   | 200%   |
| Pantothenic acid                       | 6 mg     | 100%   |
| Korean ginseng extract                 | 100 mg   | -      |
| (Korean Panax ginseng)                 | 75 mg    | -      |
| Saw palmetto extract (45%)             | 100 mg   | -      |
| Common oat extract                     | 2 mg     | -      |
| (Avena sativa L.) 7% of flavones       | 50 mg    | -      |
| Magnesium (from Albion® chelate)       | 75 mg    | 20%    |
| Zinc (from Albion® chelate)            | 15 mg    | 150%   |
| Iron (from Albion® Ferrochel® chelate) | 7 mg     | 50%    |
| Manganese (from Albion® chelate)       | 1 mg     | 50%    |
| Copper (from Albion® chelate)          | 1000 µg  | 100%   |
| Iodine                                 | 150 µg   | 100%   |
| Chromium                               | 40 µg    | 100%   |
| Selenium                               | 55 µg    | 100%   |

\*% NRV - nutrient reference value

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30 TABLETS

PACKAGE | SIZE



- composition of vitamins and minerals, designed especially for men
- enriched with high quality Albion® minerals
- contains avena sativa, saw palmetto and ginseng extracts

➤ **Recommended use:** 1 tablet, daily after main meal.

# GOLD-VIT FOR WOMEN

Food supplement

| Nutrition information                                       | 1 tablet | *% NRV |
|---|----------|--------|
| Vitamin A (RE)  | 800 µg   | 100%   |
| Vitamin D   | 10 µg    | 200%   |
| Vitamin E (α-TE)  | 12 mg    | 100%   |
| Vitamin C   | 80 mg    | 100%   |
| Vitamin B1  | 1,1 mg   | 100%   |
| Vitamin B2  | 1,4 mg   | 100%   |
| Niacin (NE)   | 16 mg    | 100%   |
| Vitamin B6  | 1,4 mg   | 100%   |
| Folic acid  | 200 µg   | 100%   |
| Vitamin B12   | 2,5 µg   | 100%   |
| Biotin  | 100 µg   | 200%   |
| Pantothenic acid  | 6 mg     | 100%   |
| Diosmin   | 100 mg   | -      |
| Green tea extract (55% EGCG) 40 mg                          | -        | -      |
| Soy isoflavones extract (40%)<br>including: soy isoflavones | 10 mg    | 4 mg   |
| Hyaluronic acid   | 2 mg     | -      |
| Bioperine® black pepper extract                             | 1 mg     | -      |
| Calcium   | 120 mg   | 15%    |
| Magnesium   | 56,3 mg  | 15%    |
| Zinc  | 10 mg    | 100%   |
| Iron  | 3,5 mg   | 25%    |
| Manganese   | 1 mg     | 50%    |
| Copper  | 250 µg   | 25%    |
| Iodine  | 150 µg   | 100%   |
| Chromium  | 50 µg    | 120%   |
| Selenium  | 55 µg    | 100%   |

NRV - nutrient reference values

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- composition of vitamins and minerals
- form of highly absorbable Albion amino acid chelates
- enriched with soy isoflavones, green tea extract, hyaluronic acid and diosmin, as well as black pepper extract

➤ **Recommended use:** 1 tablet after a meal with plenty of water.



30 TABLETS

PACKAGE | SIZE

# GOLD-VIT C JUNIOR

Food supplement

| Nutritional information                                | 1 sachet | % NRV* |
|--|----------|--------|
| Vitamin C (with PureWay-C® and powdered acerola fruit) | 110 mg   | 138%   |

\*% NRV - nutrient reference value



15 SACHETS

PACKAGE | SIZE

- dietary supplement in a powdered form that contains vitamin C with a delicious raspberry flavour intended for direct consumption
- from a natural source, i.e. a high-quality powdered acerola fruit,
- innovative PureWay-C® complex.

➤ **Recommended use:** 1 sachet daily, after a meal

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# GOLD-VIT D3+K2

Food supplement

| Nutrition information | 1 capsule          | %NRV* |
|-----------------------|--------------------|-------|
| Vitamin D             | 100 µg (4000 j.m.) | 2000% |
| Vitamin K             | 50 µg              | 67%   |

\*% NRV - nutrient reference value



30 CAPS

PACKAGE | SIZE

- high amount of vitamin D3 – as much as 4000 IU
- natural vitamin K from natto – as much as 50 µg, present in the most digestible and active form - menaquinone-7

➤ **Recommended use:** 1 capsule daily with plenty of water, after a meal

# GOLD-VIT D3 BABY

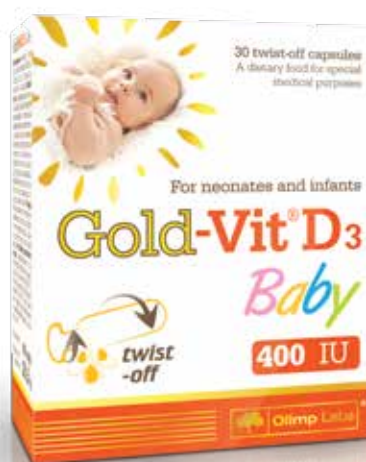
Food supplement

| Nutrition information | 1 capsule         | *% NRV |
|-----------------------|-------------------|--------|
| Vitamin D3            | 10 µg<br>(400 IU) | 200%   |

\*% NRV - nutrient reference value

- twist-off capsules
- vitamin D is necessary for proper growth and development of children's bones and mineralisation of teeth

➤ **Recommended use:** content of 1 twist-off capsule per day (400 IU of vitamin D3) or other dosage recommended by a physician.



30 CAPS/ 60 CAPS

PACKAGE | SIZE

13

# GOLD-VIT JUNIOR

Food supplement

| Nutrition information           | 1 sachet | *% NRV |
|---------------------------------|----------|--------|
| <b>Vitamins</b>                 | 800 µg   | 100%   |
| Vitamin A (RE)                  | 500 µg   | 63%    |
| Vitamin D                       | 15 µg    | 300%   |
| Vitamin E (α-TE)                | 7,5 mg   | 63%    |
| Vitamin C                       | 50 mg    | 63%    |
| Vitamin B1                      | 0,9 mg   | 82%    |
| Vitamin B2                      | 0,9 mg   | 64%    |
| Niacin (NE)                     | 12 mg    | 75%    |
| Vitamin B6                      | 1 mg     | 71%    |
| Folic acid                      | 300 µg   | 150%   |
| Vitamin B12                     | 1,8 µg   | 72%    |
| Pantothenic acid                | 3,8 mg   | 63%    |
| Biotin                          | 31 µg    | 62%    |
| <b>Minerals</b>                 |          |        |
| Calcium                         | 120 mg   | 15%    |
| Zinc (from the Albion® chelate) | 3 mg     | 30%    |
| Rutin                           | 15 mg    |        |

\*% NRV - nutrient reference value

- form of a water-soluble powder
- delicious raspberry or orange flavour
- includes calcium, zinc the form of Albion® amino acid chelate and rutin

➤ **Recommended use:** 1 sachet a day, preferably after breakfast or after the main meal. Dissolve the contents of the sachet in 100-120 ml of water at room temperature, stir to completely dissolve the powder.



15 SACHETS

PACKAGE | SIZE

# GOLD-VIT SENIOR

Food supplement

| Nutrition information                            | 1 tablet       | %NRV* |
|--|----------------|-------|
| Vitamin A (RE)                                   | 800 µg         | 100%  |
| Vitamin D  | 10 µg          | 200%  |
| Vitamin E (α-TE)                                 | 18 mg          | 150%  |
| Vitamin C (from PureWay-C®)                      | 100 mg         | 125%  |
| Vitamin B1                                       | 1,1 mg         | 100%  |
| Vitamin B2                                       | 1,4 mg         | 100%  |
| Niacin (NE)                                      | 16 mg          | 100%  |
| Vitamin B6                                       | 2,8 mg         | 200%  |
| Folic acid                                       | 200 µg         | 100%  |
| Vitamin B12                                      | 5 µg           | 200%  |
| Biotin   | 50 µg          | 100%  |
| Pantothenic acid                                 | 6 mg           | 100%  |
| Korean ginseng extract<br>(Korean Panax ginseng) | 60 mg<br>50 mg | -     |
| Plant sterols                                    | 75 mg          | -     |
| Lutein (from Tagetes erecta L.)                  | 3 mg           | -     |
| Calcium  | 120 mg         | 15%   |
| Magnesium  | 75 mg          | 20%   |
| Zinc   | 10 mg          | 100%  |
| Iron   | 7 mg           | 50%   |
| Manganese  | 1 mg           | 50%   |
| Copper   | 500 µg         | 50%   |
| Iodine   | 150 µg         | 100%  |
| Selenium   | 55 µg          | 100%  |

\*NRV – Nutrient Reference Value

14



30 TABLETS

PACKAGE | SIZE



- composition of vitamins and minerals specifically intended for older people
- enhanced with lutein and plant sterols, as well as standardized extract of Korean ginseng
- highly absorbable Albion® amino acid chelates

➤ **Recommended daily intake:** 1 tablet after the main meal with plenty of water.

# GOLD-VIT K2 PLUS

Food supplement

| Nutrition information | 1 capsule         | %NRV* |
|-----------------------|-------------------|-------|
| Vitamin K             | 100 µg            | 133%  |
| Vitamin D             | 25 µg (1000 j.m.) | 500%  |

\*% NRV - nutrient reference value

- high amount of natural vitamin K from natto – as much as 100 µg, present in the most digestible and active form - menaquinone 7
- vitamin D3 at a dose of as much as 1000 IU

👉 **Recommended use:** 1 capsule daily with plenty of water, after a meal



30 CAPS

PACKAGE | SIZE

15

# GOLD OMEGA 3 D3+K2

Food supplement

| Nutritional information                      | 1 capsule         | NRV*  |
|--|-------------------|-------|
| Fish oil (65% omega-3 fatty acids)           | 1000 mg           | -     |
| of which: 33% of eicosapentaenoic acid (EPA) | 330 mg            | -     |
| 22% of docosahexaenoic acid (DHA)            | 220 mg            | -     |
| 10% of other omega-3 acids                   | 100 mg            | -     |
| Vitamin D (D3)                               | 50 µg (2000 j.m.) | 1000% |
| Vitamin K (K2)                               | 50 µg             | 67%   |
| Vitamin E (mg α-TE)                          | 12 mg             | 100%  |

\*% NRV - nutrient reference value

- Premium fine concentrated cold-water fish oil with a 65% standardised content of omega-3 fatty acids
- contains a high amount of natural vitamin K from natto, featuring in its most digestible and active form - menaquinone-7
- supplemented with 2000 IU of vitamin D

👉 **Recommended use:** 1 capsule daily with plenty of water, after a meal



30 CAPS

PACKAGE | SIZE

# CHELA-MAG B6 CARDIO

Food supplement



30 TABLETS

PACKAGE | SIZE

## Nutrition information

1 tablet

|                  |                |
|------------------|----------------|
| Magnesium        | 100 mg (27%*)  |
| Hawthorn extract | 30 mg          |
| Vitamin B1       | 1,1 mg (100%*) |
| Vitamin B6       | 1,4 mg (100%*) |
| Vitamin B12      | 2,5 µg (100%*) |
| Folic acid       | 200 µg (100%*) |

\*NRV - nutrient reference value



- unique ingredients supporting heart functioning and cardiovascular system
- magnesium in the form of amino acids chelates
- enriched with hawthorn extract, vitamin B6 and folic acid.

➤ **Recommended use:** 1 tablet daily.

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# CHELA-MAG B6

Food supplement



30 CAPS/60 CAPS

PACKAGE | SIZE

## Nutrition information

1 capsule

|           |                |
|-----------|----------------|
| Magnesium | 100 mg (27%*)  |
| Vit. B6   | 2,1 mg (150%*) |

\*% NRV - nutrient reference value



- highly-absorbable magnesium formula in the form of amino acid chelate
- enriched with vitamin B6

➤ **Recommended use:** 1 capsule a day after a meal.



# CHELA-MAG B6 FORTE SHOT

Food supplement

| Nutrition information | 1 ampoule      |
|-----------------------|----------------|
| Magnesium:            | 375 mg (100%*) |
| Vit. B6               | 1,4 mg (100%*) |

\*% NRV - nutrient reference value



- highly assimilable liquid form of magnesium
- Chela-Mag B6® Forte SHOT meets 100% of recommended daily intake of magnesium
- Liquid Technology allows for an immediate absorption of active components, without the delay

➤ **Recommended use:** 1 ampoule (25 ml) once a day after a meal.



20 AMPOULES

PACKAGE | SIZE

17

# CHELA-MAG B6 JUNIOR - SACHETS

Food supplement

| Nutrition information | 1 sachet      |
|-----------------------|---------------|
| Magnesium             | 150 mg (40%*) |
| Vitamin B6            | 1mg (71%*)    |

\*% NRV - nutrient reference value



- powdered food supplement intended for children over 3 years old
- delicious orange flavour
- highly absorbable magnesium formula in the form of hypo-allergenic amino acid chelate
- enriched with vitamin B6.

➤ **Recommended use:** 1 sachet daily.



15 SACHETS

PACKAGE | SIZE

# CHELA-MAG B6 CRAMP

Food supplement



20 TABLETS

PACKAGE | SIZE

| Nutrition information | 1 tablet | %NRV*  |
|-----------------------|----------|--------|
| Thiamine              | 1,65 mg  | 150%   |
| Riboflavin            | 2,1 mg   | 150%   |
| Niacin (mg NE)        | 24 mg    | 150%   |
| Vitamin B6            | 2,1 mg   | 150%   |
| Vitamin B12           | 3,75 µg  | 150%   |
| Biotin                | 75 µg    | 150%   |
| Magnesium             | 100 mg   | 26,70% |
| Potassium             | 300 mg   | 15%    |

\*% NRV - nutrient reference value



- form of effervescent tablets
- best absorbable form of magnesium in the form of magnesium amino acid chelate
- enriched with potassium and vitamin B6

➤ **Recommended use:** 1 tablet, dissolve in 200 ml of water

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# CHELA-MAG B6 CRAMP SHOT

Food supplement



20 AMPOULES

PACKAGE | SIZE

| Nutrition information | 1 ampoule (25 ml) |
|-----------------------|-------------------|
| Magnesium             | 300 mg (80%*)     |
| Potassium             | 300 mg (15%*)     |
| Vit. B6               | 2,1 mg (150%*)    |
| Thiamin (Vit. B1)     | 1,65 mg (150%*)   |
| Riboflavin (Vit. B2)  | 2,1 mg (150%*)    |
| Vit. B12              | 3,75 µg (150%*)   |

\*NRVs – nutrient reference values.



- Liquid food supplement in ampoules, containing magnesium and potassium as well as vitamins B1, B2, B6 and B12.

➤ **Recommended use:** one ampoule (25 ml) once a day after a meal.

# CHELA-MAG B6

## MAGNESIUM + VITAMIN B6 Food supplement

| Nutrition information | 1 tablet     |
|-----------------------|--------------|
| Magnesium             | 100 mg 27%*  |
| Vitamin B6            | 2,1 mg 150%* |

\*% NRVs\* - nutrient reference values



20 TABLETS

PACKAGE | SIZE

- 100 mg of MAGNESIUM in 1 tablet!
- form of effervescent tablets
- highly absorbable form of magnesium amino acid chelate
- enriched with vitamin B6

➤ **Recommended use:** 1 tablet, dissolve in 200 ml of water.

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# CHELA-MAG B6 CRAMP

Food supplement

| Nutrition information | 2 capsules     |
|-----------------------|----------------|
| Magnesium             | 150 mg (40%*)  |
| Potassium             | 300 mg (15%*)  |
| Vitamin B6            | 1,4 mg (100%*) |

\*% NRV - nutrient reference value



60 CAPSULES

PACKAGE | SIZE

- for the correct functioning of muscles
- highly absorbable form of magnesium amino acid chelate
- enriched with vitamin B6 and potassium

➤ **Recommended use:** 1 capsule a day after a meal.

# B12 FORTE BIO-COMPLEX

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

## 1 capsule

|  |                |
|--|----------------|
| Vitamin B12                            | 60 mg          |
| 500 µg (20 000%*)                      | 20 mg          |
| Vitamin B6                             | 3 mg (214%*)   |
| Folic acid                             | 400 µg (200%*) |
| Vitamin E                              | 10 mg (83,3%)  |
| Calcium in the form of Albion® chelate | 120 mg (15%*)  |
| Iron                                   | 7 mg (50%*)    |

\*% NRV - nutrient reference value

- high dose of vitamin B12, enriched
- with other minerals that have a beneficial effect on the vascular system

➤ **Recommended use:** 1 capsule a day after a meal.

20

# CALCIUM D3 FORTE

Food supplement



60 TABLETS

PACKAGE | SIZE

## Nutrition information

## 1 tablet

## 2 tablets

|           |               |                 |
|-----------|---------------|-----------------|
| Calcium   | 625 mg (78%*) | 1250 mg (156%*) |
| Vitamin D | 10 µg (200%*) | 20 µg (400%*)   |

\*% NRV - nutrient reference value

- dual formula to maintain strong bones
- film coated tablets
- high dose of calcium and vitamin D

➤ **Recommended use:** 1-2 tablets a day, after a meal, or according to your physician's recommendation. Tablets should be taken with an adequate amount of water.

# GOLD CALCIUM

## CALCIUM+ZINC *Food supplement*

| Nutrition information | 1 tablet |       |
|-----------------------|----------|-------|
| Calcium               | 800 mg   | 100%* |
| Zinc                  | 2,5 mg   | 25%*  |

\*% NRV- nutrient reference value



20 TABLETS

PACKAGE | SIZE

- 800 mg of Calcium in 1 TABLET
- form of effervescent tablets
- enriched with zinc

➤ **Recommended use:** 1 tablet, dissolve in 200 ml of water.

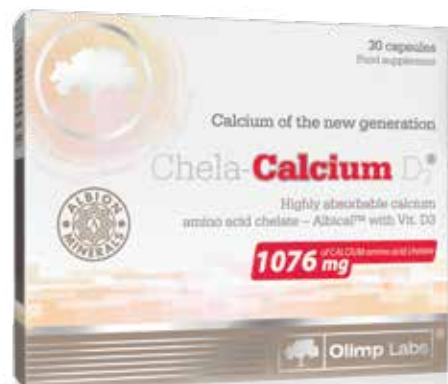
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# CHELA-CALCIUM D3

*Food supplement*

| Nutrition information               | 1 capsule       | 3 capsules     |
|-------------------------------------|-----------------|----------------|
| ALBICAL™ calcium amino acid chelate | 1076 mg         | 3228 mg        |
| of which: calcium                   | 280 mg (35%*)   | 840 mg (105%*) |
| Vit. D3                             | 1,67 µg (33% *) | 5 µg (100%*)   |

\*% NRV - nutrient reference value



30 CAPSULES

PACKAGE | SIZE

- most absorbable form of calcium, Albical™ amino acid chelate
- enriched with vitamin D3

➤ **Recommended use:** 1 capsule 3 times a day after main meals

# GOLD-VIT B FORTE

Food supplement

## Nutrition information

## 1 tablet

|                  |                |
|------------------|----------------|
| Vitamin B1       | 2,8mg (250%*)  |
| Vitamin B2       | 4.2mg (300%*)  |
| Vitamin B6       | 4.2mg (300%*)  |
| Vitamin B12      | 5µg (200%*)    |
| Folic acid       | 400 µg (200%*) |
| Niacin           | 32mg (200%*)   |
| Biotin           | 100µg (200%*)  |
| Pantothenic acid | 12 mg (200%*)  |

\*NRV - nutrient reference value

22



60 TABLETS

PACKAGE | SIZE

- complex of vitamins from the B group
- contributes to the correct functioning of the nervous system and help to maintain a healthy skin

➤ **Recommended use:** 1 tablet daily.

# GOLD VIT A + E

Food supplement

| Nutrition information | 1 capsule       |
|-----------------------|-----------------|
| Evening primrose oil  | 550 mg (9% GLA) |
| Vitamin A             | 800 µg (100%*)  |
| Vitamin E             | 12 mg (100%*)   |
| Biotin                | 100 µg (200%*)  |

\*%NRV - nutrient reference value

23



- contains evening primrose oil, standardized for the content of gamma-linolenic acid
- liquid technology guarantees maximally quick absorption and high bioavailability

👉 **Recommended use:** 1 capsule a day between meals.



30 FLOW CAPS

PACKAGE | SIZE

# MAGMAX B6

Food supplement



50 TABLETS

PACKAGE | SIZE

| Nutritional information      | 1 tablet        | 2 tablets       |
|------------------------------|-----------------|-----------------|
| Magnesium citrate, including | 687 mg          | 1374 mg         |
| Magnesium                    | 110 mg (29,3%*) | 220 mg (58,6%*) |
| Vitamin B6                   | 2 mg (143%*)    | 4 mg(286%*)     |
| Vitamin B1                   | 1,1 mg (100%*)  | 2,2 mg (200%*)  |

\*% NRV - nutrient reference value

- as much as 687 mg of magnesium citrate in one tablet!
- high magnesium content in the form of magnesium citrate
- enriched with vitamins B6 and B1

➤ **Recommended use:** 1-2 tablets daily after meal.

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# MAGMAX B6 EFFERVESCENT TABLETS

Food supplement



20 TABLETS

PACKAGE | SIZE

| Nutritional information | 1 tablet | % NRV* |
|-------------------------|----------|--------|
| Magnesium               | 375 mg   | 100%   |
| Vitamin B6              | 2,1 mg   | 150%   |
| Vitamin B1              | 1,1 mg   | 100%   |

\*% NRV - nutrient reference value

EFFER MAX™

EFFER  
TABS™

- 375 mg of MAGNESIUM in 1 TABLET!
- form of effervescent tablets
- enriched with vitamins B6 and B1

➤ **Recommended use:** 1 tablet, dissolve in 200 ml of water.



# KELP

Food supplement

| Nutrition information      | 1 tablet        |
|----------------------------|-----------------|
| Iodine (from Bladderwrack) | 150 µg (100%**) |

\*\* RIV - Reference Intake Value

- Seaweed is a rich, natural source of macro nutrients and trace elements, including iodine.
- Iodine is involved in the normal production of thyroid hormones and the proper functioning of the thyroid gland.

👉 **Recommended use:** 1 tablet daily with plenty of water, after a meal.



# LEVIT C 1500

Food supplement

| Nutrition information | 1 tablet | *% NRV |
|-----------------------|----------|--------|
| Vitamin C             | 1500 mg  | 1875%  |

%NRV - nutrient reference value



- form of effervescent lemon flavoured tablets, containing vitamin C in the form of L-ascorbic acid

👉 **Recommended use:** 1 tablet daily.  
Dissolve 1 tablet in 150 ml of water.



# MAGNESAN B6

Food supplement



50 TABLETS

PACKAGE | SIZE

| Nutritional information | 1 tablets      | 2 tablets      |
|-------------------------|----------------|----------------|
| Magnesium lactate       | 545 mg         | 1090 mg        |
| including: magnesium    | 60 mg (16%*)   | 120 mg (32%*)  |
| Vitamin B6              | 2 mg (143%*)   | 4 mg (286%*)   |
| Vitamin B1              | 1,1 mg (100%*) | 2,2 mg (200%*) |

\*% NRV - nutrient reference value

- 545 mg of magnesium lactate plus vitamins B1 and B6 in one tablet!
- preparation which perfectly supplements the diet with magnesium and vitamin B6

➤ **Recommended use:** 1 tablet 1-2 times daily after meal.

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# TRI-MAG B6

Food supplement



30 TABLETS

PACKAGE | SIZE

| Nutrition information | 1 tablet       |
|-----------------------|----------------|
| Magnesium             | 130 mg (35%*)  |
| Vitamin B6            | 1,4 mg (100%*) |

\*% NRV - nutrient reference value

- THE TRIPLE POWER OF MAGNESIUM
- 3 sources of magnesium with different kinetics of absorption
- enriched with vitamin B6.

➤ **Recommended use:** 1 tablet daily.

# POTASSIUM

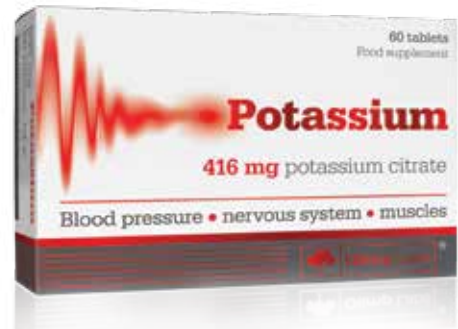
Food supplement

| Nutrition information                  | 2 tablets     |
|--|---------------|
| Potassium citrate including: potassium | 300 mg (15%*) |

\*% NRV - nutrient reference value

- contains potassium citrate
- highly absorbable source of potassium, a mineral essential for all organisms

👉 **Recommended use:** 2 tablets daily after a meal or otherwise after consultation with your doctor



60 TABLETS

PACKAGE | SIZE

# SELENIUM 110 µg

Food supplement

| Nutrition information              | 1 tablet       |
|------------------------------------|----------------|
| Selenium (from L-selenomethionine) | 110 µg (200%*) |

\*% NRV- nutrient reference value

- highly absorbable L-selenomethionine
- organic form of selenium

👉 **Recommended use:** 1 tablet daily after a meal or otherwise after consultation with your doctor



120 TABLETS

PACKAGE | SIZE



# Planning Pregnancy-Feeding

# CHELA-FERR FORTE

Food supplement

| Nutrition information | 1 capsule | *%NRV   |
|-----------------------|-----------|---------|
| Iron                  | 28 mg     | (200%*) |
| Folic acid**          | 400 µg    | (200%*) |
| Vitamin C             | 40 mg     | (50%*)  |
| Vitamin B6            | 1.4 mg    | (100%*) |
| Vitamin B12           | 2.5 µg    | (100%*) |

\*% NRV - nutrient reference value



- form of amino acid chelate by Albion
- best tolerated forms of iron in an increased dose
- enriched with folic acid and with vitamins: C, B6, and B12.

👉 **Recommended use:** 1 capsule a day after a meal.



30 CAPSULES

PACKAGE | SIZE

29

# CHELA-FERR BIO-COMPLEX®

Food supplement

| Nutrition information              | 1 capsule      |
|------------------------------------|----------------|
| iron amino acid chelate Ferrochel® | 70 mg          |
| of which:                          |                |
| Iron                               | 14 mg (100%*)  |
| Folic acid                         | 200 µg (100%*) |
| Vit. C                             | 40 mg (50%*)   |
| Vit. B6                            | 1,4 mg (100%*) |
| Vit. B12                           | 2,5 µg (100%*) |

\*NRV - nutrient reference value



- iron dose in a form of amino acid chelate in an advanced complex
- enriched with folic acid, vitamins B6, B12 and vitamin C that increases iron absorption.

👉 **Recommended use:** 1 capsule a day after a meal.



30 CAPSULES

PACKAGE | SIZE

# CHELA-FERR MED

*Dietetic food for special medical purposes*

| Nutrition information                         | 1 capsule       | capsule 100g     |
|---|-----------------|------------------|
| Energy value                                  | 1,4 kcal/5,8 kJ | 347 kcal/1452 kJ |
| Protein                                       | 0,2 g           | 42,5 g           |
| Carbohydrates                                 | 0,2 g           | 45 g             |
| Fat   | 0 g             | 0,01 g           |
| Iron amino acid chelate<br>Ferrochel® TRAACS® | 150 mg          | 37,5 g           |
| including:                                    |                 |                  |
| Iron  | 30 mg (214%*)   | 7,5 g            |

\*% NRV - nutrient reference value

30



30 CAPSULES

PACKAGE | SIZE



- high content of iron (30 mg of elementary iron)
- one of the most assimilable form of amino acid chelate
- in case of high demand for iron

➤ **Recommended use:** 1 capsule a day after a meal.

# VITA-MIN PLUS MOTHER

Food supplement

| Nutrition information  | 1 capsule | % NRV* |
|--|-----------|--------|
| <b>Vitamins</b>  |           |        |
| Vitamin A  | 180 µg    | 22,5%  |
| Vitamin D  | 5 µg      | 100%   |
| Vitamin E  | 12 mg     | 100%   |
| Vitamin C  | 80 mg     | 100%   |
| Vitamin B1   | 1.1 mg    | 100%   |
| Vitamin B2   | 1.4 mg    | 100%   |
| Niacin   | 16 mg     | 100%   |
| Vitamin B6   | 1.4 mg    | 100%   |
| Folic acid   | 400 µg    | 200%   |
| Vitamin B12  | 2.5 µg    | 100%   |
| Biotin   | 50 µg     | 100%   |
| Pantothenic acid   | 6 mg      | 100%   |
| <b>Minerals</b>  |           |        |
| Calcium (Albion® amino acid chelate)   | 100 mg    | 12.5%  |
| Magnesium  | 50 mg     | 13%    |
| Iron   | 14 mg     | 100%   |
| Zinc   | 8 mg      | 80%    |
| Manganese  | 1 mg      | 50%    |
| Copper   | 1 mg      | 100%   |
| Iodine   | 200 µg    | 133%   |
| Large cranberry fruit extract (Vaccinium macrocarpon) including 10% proanthocyanidines | 10 mg     | #      |

\* NRV - nutrient reference value

# - no RDA is determined



30 CAPSULES

PACKAGE | SIZE

- complex composition of vitamins and highly absorbable mineral components in the form of chelates
- enriched with cranberry extract and folic acid

➤ **Recommended use:** 1 capsule a day after a meal.

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# GOLD-VIT MOTHER

Food supplement

| Nutrition information   | 1 tablet | *% NRV |
|---|----------|--------|
| Vitamin A (RE)  | 200 µg   | 25%    |
| Vitamin D   | 20 µg    | 400%   |
| Vitamin E (α-TE)  | 12 mg    | 100%   |
| Vitamin C   | 85 mg    | 106%   |
| Vitamin B1  | 1,4 mg   | 127%   |
| Vitamin B2  | 1,4 mg   | 100%   |
| Niacin (NE)   | 18 mg    | 113%   |
| Vitamin B6  | 1,9 mg   | 136%   |
| Folic acid  | 400 µg   | 200%   |
| Vitamin B12   | 2,6 µg   | 104%   |
| Biotin  | 50 µg    | 100%   |
| Pantothenic acid  | 6 mg     | 100%   |
| Cranberry fruit extract (Vaccinium macrocarpon Ait.) including proanthocyanidines | 1 mg     |        |
| Magnesium   | 56,3 mg  | 15%    |
| Calcium   | 120 mg   | 15%    |
| Zinc  | 11 mg    | 110%   |
| Iron  | 28 mg    | 200%   |
| Manganese   | 1 mg     | 50%    |
| Copper  | 1000 µg  | 100%   |
| Iodine  | 200 µg   | 133%   |
| Selenium  | 60 µg    | 109%   |

\*NRV – Nutrient Reference value



30 TABLETS

PACKAGE | SIZE

- composition of vitamins and minerals
- highly absorbable Albion amino acid chelates
- enriched with iron and folic acid in a dose recommended by the Panel of Experts of the Polish Gynaecological Society for pregnant women

➤ **Recommended use:** 1 tablet after the main meal with plenty of water.

# CHELA-MAG B6 MOTHER

Food supplement



30 CAPSULES  
PACKAGE | SIZE

## Nutrition information

|            | 1 capsule      |
|------------|----------------|
| Magnesium  | 100 mg (27%*)  |
| Vitamin B6 | 2,1 mg (150%*) |

\*% NRV - nutrient reference value



- highly absorbable form of magnesium amino acid chelate
- enriched with vitamin B6
- small capsule

➤ **Recommended use:** 1 capsule a day after a meal.

32

# FERTI LADY

Food supplement



15 SACHETS  
PACKAGE | SIZE

## Nutrition information

|                     | 1sachet        |
|---------------------|----------------|
| AAKG                | 6150 mg        |
| of which L-arginine | 4000 mg        |
| Coenzyme Q10        | 10 mg          |
| Magnesium           | 60 mg (16%*)   |
| Zinc                | 12 mg (120%*)  |
| Selenium            | 80 µg (145%*)  |
| Vitamin D           | 5 µg (100%*)   |
| Vitamin E (mg α-TE) | 18 mg (150%*)  |
| Vitamin C           | 100 mg (125%*) |
| Vitamin B1          | 1,1 mg (100%*) |
| Vitamin B2          | 1,4 mg (100%*) |
| Vitamin B6          | 2,1 mg (150%*) |
| Vitamin B12         | 2,5 µg (100%*) |
| Folic acid          | 400 µg (200%*) |
| Biotin              | 50 µg (100%*)  |
| Pantothenic acid    | 6 mg (100%*)   |
| Niacin (mg NE)      | 16 mg (100%*)  |

\*% NRV - nutrient reference value



- provides important nutrients to support the functioning of the female body during attempts at conception

➤ **Recommended use:** 1 sachet a day.



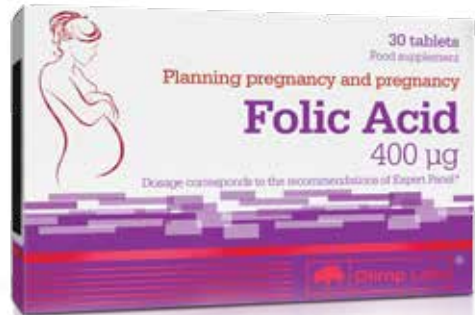
# FOLIC ACID 400 µg

Food supplement

## Nutrition information

|            | 1 tablet       |
|------------|----------------|
| Folic acid | 400 µg (200%*) |

\*%NRV - nutrient reference value



30 TABLETS

PACKAGE | SIZE

- planning pregnancy and pregnancy
- product contributes to maternal tissue growth during pregnancy and has a role in the process of cell division

👉 **Recommended use:** 1 tablet a day, after a meal, or according to the doctor's recommendation

# GOLD DHA

Food supplement

| Nutrition information | 1 capsule      | 2 capsules     |
|-----------------------|----------------|----------------|
| DHA acid              | 300 mg         | 600 mg         |
| Folic acid            | 200 µg (100%*) | 400 µg (200%*) |

\*%NRV - nutrient reference value



30 CAPSULES

PACKAGE | SIZE

- caring for mother and child
- 600 mg DHA + 400 µg folic acid as full daily intake
- Flow Caps liquid capsules

👉 **Recommended use:** 1-2 capsules daily at meal or in another way having first consulted a doctor.



Women's Health

# MENOPAUZIN

Food supplement

| Nutrition information         | 1 tablets      |
|-------------------------------|----------------|
| Soy isoflavones extract (40%) | 75 mg          |
| including: soy isoflavones    | 30 mg          |
| Hop extract                   | 50 mg          |
| Calcium                       | 400 mg (50%*)  |
| Vitamin D                     | 5 µg (100%*)   |
| Vitamin E                     | 5 mg (42%*)    |
| Vitamin B6                    | 1,4 mg (100%*) |
| Folate                        | 400 µg (200%*) |
| Chromium                      | 55 µg (100%*)  |
| Biotin                        | 50 µg (100%*)  |

\*% NRV - nutrient reference value



30 TABLETS

PACKAGE | SIZE

- for women during the menopause
- Scientific research confirms the effectiveness of the ingredients used in the product

👉 **Recommended use:** 1 tablet a day, after a meal

35

# MENOPAUZIN FORTE

Food supplement

| Nutritional information                   | 1 tablet       |
|---|----------------|
| Soy isoflavones extract (80%)             | 75 mg          |
| including: soy isoflavones                | 60 mg          |
| Ashwagandha KSM 66 Withania somnifera L.) | 50 mg          |
| Humulus lupulus L. extract                | 50mg           |
| Calcium                                   | 400 mg (50%*)  |
| Vitamin D                                 | 10 µg (200%*)  |
| Vitamin E                                 | 12 mg (100%*)  |
| Vitamin B6                                | 1,4 mg (100%*) |
| Folic acid                                | 400 µg (200%*) |

\*% NRV - nutrient reference value



30 TABS

PACKAGE | SIZE

- film-coated tablets, containing a composition of plant ingredients - soy isoflavones, hop-cone extract (Humulus lupulus L.), and KSM-66 Ashwagandha extract (Withania somnifera L.).
- enriched with calcium, vitamins D, E, and B6, and folic acid.

👉 **Recommended use:** 1 tablet daily with plenty of water, after a meal



# Heart & Cardiovascular System

# CARDIOCHOL

Food supplement

| Nutrition information | 1 tablet       |
|-----------------------|----------------|
| Monacolin K           | 10 mg          |
| Fitosterols           | 150 mg         |
| Vitamin B1            | 1,1 mg (100%*) |
| Vitamin B6            | 1,4 mg (100%*) |
| Folic acid            | 200 µg (100%*) |
| Vitamin B12           | 2,5 µg (100%*) |

\*% NRV - nutrient reference value



- strong heart and normal level of cholesterol
- composition of plant ingredients and selected vitamins from the B group

👉 **Recommended use:** 1 tablet a day, with a meal.

30 TABLETS

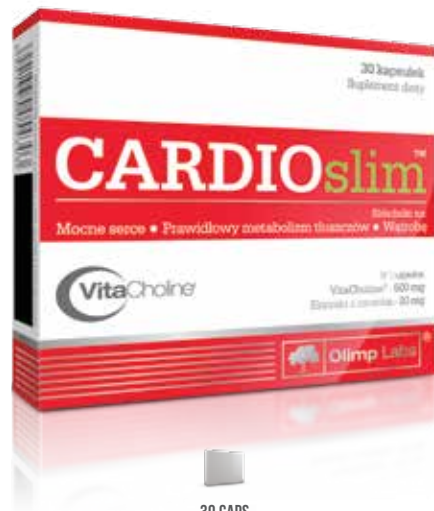
PACKAGE | SIZE

# CARDIOSLIM

Food supplement

| Nutritional Information | 1 capsule                |
|-------------------------|--------------------------|
| VitaCholine®            | 500 mg                   |
| in which choline        | 200 mg                   |
| Extract from garlic     | 20 mg                    |
| in which: allicyne      | 0,4 mg                   |
| alline                  | 0,7 mg                   |
| Vitamin D               | 15 µg (600 j.m. (300%*)) |
| Tiamine                 | 1,1 mg (100%*)           |
| Vitamin B6              | 1,4 mg (100%*)           |
| Vitamin B12             | 2,5 µg (100%*)           |
| Folic acid              | 200 µg (100%*)           |
| Chromium                | 40 µg (100%*)            |

\*% NRV - nutrient reference value



30 CAPS

PACKAGE | SIZE

- formula of ingredients important for the proper metabolism of fats and maintaining a healthy heart and liver
- enriched with choline and Garlic extract

👉 **Recommended use:** 1 capsule daily with plenty of water

# GOLD OMEGA 3

Food supplement



60 CAPSULES

PACKAGE | SIZE

## Nutrition information

|   | 1 capsule     |
|---|---------------|
| Fish oil (65% Omega-3 fatty acids) including: | 1,000 mg      |
| 33% of eicosapentaenoic acid (EPA)            | 330 mg        |
| 22% docosahexaenoic acid (DHA)                | 220 mg        |
| 10% of other Omega-3 acids                    | 100 mg        |
| Vitamin E                                     | 6.7 mg (56%*) |

\*% NRV - nutrient reference value

- guardian of your heart
- new reinforced product formula!
- superior quality - fish oil concentrate with an unusually high degree of concentration - 65%!!!

➤ **Recommended use:** 1 capsule a day after breakfast.

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# GOLD OMEGA 3 PLUS

Food supplement



60 CAPSULES

PACKAGE | SIZE

## Nutrition information

|  | 1 capsule   |
|--|-------------|
| Fish oil (65% of Omega-3 fatty acids) including: | 500 mg      |
| Eicosapentaenoic acid (EPA)                      | 168,5 mg    |
| Docosahexaenoic acid (DHA)                       | 111,6 mg    |
| Other Omega-3 acids                              | 50,9 mg     |
| Krill oil  | 25 mg       |
| Phospholipids                                    | 10,75 mg    |
| Astaxanthin                                      | 12,5 µg     |
| Vitamin E  | 6 mg (50%*) |

\*% NRV - nutrient reference value

**flow caps**<sup>®</sup>  
**LIQUID TECHNOLOGY**

- GUARDIAN OF YOUR HEARTH
- two sources of Omega-3 fatty acids
- highly concentrated fish oil converted to 65% content of Omega-3 fatty acids and krill oil delivering Omega-3 fatty acids in a phospholipid combination of unusual high bioavailability

➤ **Recommended use:** 1-2 capsules a day after meal.

# OMEGA 3

Food supplement

| Nutrition information        | 1 capsule     |
|------------------------------|---------------|
| Fat (fish-oil)               | 1000 mg       |
| of which:                    | 80 mg         |
| 18 % EPA                     | 180 mg        |
| 12 % DHA                     | 120 mg        |
| 5% other omega-3 fatty acids | 50 mg         |
| Vit. E                       | 5 mg (41,7%*) |

\*% NRV - nutrient reference value

39



- high-quality oil derived from oceanic fish, which is abundant in Omega-3 fatty acids.

➤ **Recommended use:** 1 capsule twice a day



60 CAPSULES

PACKAGE | SIZE

# TRANS RESVERATROL 200+

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

## 1 capsule

|                            |        |
|----------------------------|--------|
| Grape skin extract         | 400 mg |
| of which trans-resveratrol | 200 mg |
| Grape seed extract,        | 100 mg |
| of which proanthocyanidins | 95 mg  |

- high-quality micronized and concentrated grape (*Vitis vinifera* L.) skin extract, standardized on the content of the active substance – trans-resveratrol
- enriched with grape seed extract standardized for proanthocyanidins

➤ **Recommended use:** 1 capsule daily with a sufficient amount of liquid.

40

# Q10

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

## 1 capsule

|              |       |
|--------------|-------|
| Q10 coenzyme | 30 mg |
| Lecithin     | 20 mg |

- contains coenzyme Q10 and lecithin

➤ **Recommended use:** 1 capsule 3 times a day for first 7 days, then 1 capsule twice a day after meals for at least 2 months.



# VENASID

Food supplement

| Nutrition information                           | 1 capsule      |
|---|----------------|
| Ruscus aculeatus L extract including ruscogenin | 160 mg         |
| Hesperidin                                      | 150 mg         |
| Vitamin C                                       | 100 mg (125%*) |

\*% NRV - nutrient reference value

- Innovative dietary supplement that contains extract from Ruscus aculeatus, vitamin C and hesperidin from Citrus aurantium L fruits.
- Preparation ingredients supports venous circulation, reduce swelling, refreshes and brings relief and feeling of lightness to your legs.

👉 **Recommended use:** 1 capsule daily with plenty of water, after a meal



30 CAPSULES

PACKAGE | SIZE

# DIOHESMIN

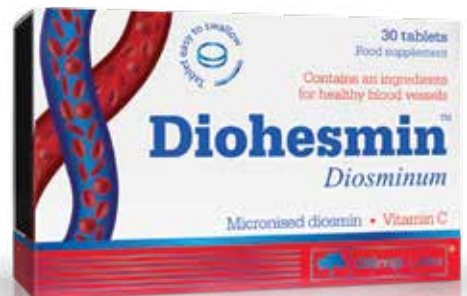
Food supplement

| Nutrition information | 1 tablet     |
|-----------------------|--------------|
| Micronised diosmin    | 300 mg       |
| Vitamin C             | 12 mg (15%*) |

\*% NRV - nutrient reference value

- composition of micronised diosmine and Vitamin C

👉 **Recommended use:** 1 tablet during or after a meal with a sufficient amount of liquid.



30 TABLETS

PACKAGE | SIZE

# TENSO NORMIN

Food supplement

## Nutrition information

## 2 capsules

|                                       |                  |
|---------------------------------------|------------------|
| Olive leaves extract (10% oleuropein) | 450 mg           |
| VitaCholine®                          | 412,6 mg         |
| of which: choline                     | 165 mg           |
| Potassium                             | 300 mg (15%***)  |
| Vitamin B6                            | 2,8 mg (200%***) |
| Folic acid                            | 200 µg (100%***) |
| Vitamin B12                           | 2,5 µg (100%***) |

\*\*\*NRVs – nutrient reference values.

42



PACKAGE | SIZE

- formula to maintain normal blood pressure, homocysteine metabolism and the proper functioning of the Nervous system. / VitaCholine 412,6mg / Olives leaf extract (10% oleuropein) / Enriched with Potassium and vitamins

➤ **Recommended use:** 2 capsule daily with plenty of water

# GOLD KRILL

Food supplement

| Nutrition information  | 1 capsule |
|--|-----------|
| Oil from Antarctic krill ( <i>Euphausia superba</i> ) including: | 500 mg    |
| Phospholipids  | 215 mg    |
| Omega-3 fatty acids  | 120 mg    |
| Eicosapentaenoic acid (EPA)                                      | 70 mg     |
| Docosahexaenoic acid (DHA)                                       | 32,5 mg   |
| Other Omega-3  | 17,5 mg   |
| Astaxanthin  | 50 µg     |

43



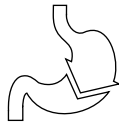
- NEW ERA OF HEART HEALTH
- Krill oil combines as many as three innovative substances: Omega-3 fatty acids in a unique form of phospholipid connections, phospholipids and astaxanthin
- Flow Caps liquid capsules

➤ **Recommended use:** 1 capsule a day.



30 FLOW CAPS

PACKAGE | SIZE



# Digestive System

# HEPAPLUS

Food supplement

| Nutrition information   | 1 capsule      | 2 capsules     |
|---|----------------|----------------|
| Cynara extract (Cynara scolymus L.) standardised to 5% cinarine | 350 mg         | 700 mg         |
| L-ornithine aspartate   | 100 mg         | 200 mg         |
| Thiamine (vit. B1)  | 0.55 mg (50%*) | 1.1 mg (100%*) |
| Riboflavin (vit. B2)  | 0.7 mg (50%*)  | 1.4 mg (100%*) |
| Niacin (vit. B3)  | 8 mg (50%*)    | 16 mg (100%*)  |
| Pantothenic acid (vit. B5)                                      | 3 mg (50%*)    | 6 mg (100%*)   |
| Vitamin B6  | 0.7 mg (50%*)  | 1.4 mg (100%*) |

%NRV - nutrient reference value

- TAKING CARE OF YOUR LIVER
- composition of artichoke extract (Cynara scolymus L.) standardized to 5% content of cynarine
- enriched with L-ornithine aspartate and group B vitamins B1, B2, B6, niacin and pantothenic acid

➤ **Recommended use:** 1 capsule 1-2 times a day during a meal drinking plenty of water.



30 CAPSULES

PACKAGE | SIZE

45

# ESSENTIX

Food supplement

| Nutrition information         | 2 capsules               |
|-------------------------------|--------------------------|
| Soy phospholipids             | 600 mg                   |
| including phosphatidylcholine | 420 mg                   |
| including choline             | 2.6 mg<br>(150 mg/100 g) |
| Vitamin E                     | 3.6 mg (30%*)            |
| Vitamin A                     | 240 µg (30%*)            |

\*NRV - nutrient reference value



- Healthy liver
- form of liquid Flow Caps
- enriched with high-quality phospholipids from soya bean seeds, vitamin A and vitamin E

➤ **Recommended use:** 2 capsules during meals.

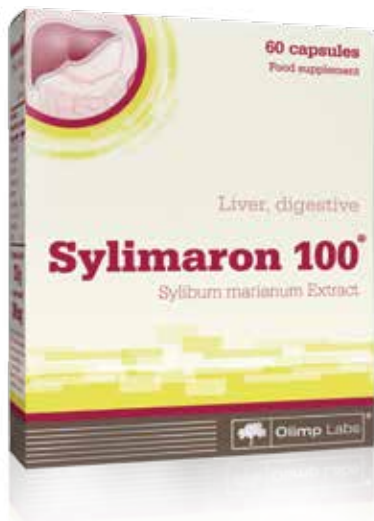


30 CAPSULES

PACKAGE | SIZE

# SYLIMARON 100

Food supplement



60 CAPSULES

PACKAGE | SIZE

## Nutrition information

80% extract from milk thistle seeds  
(*Silybum marianum*)  
including: sylimarin

## 2 capsules

125 mg  
100 mg

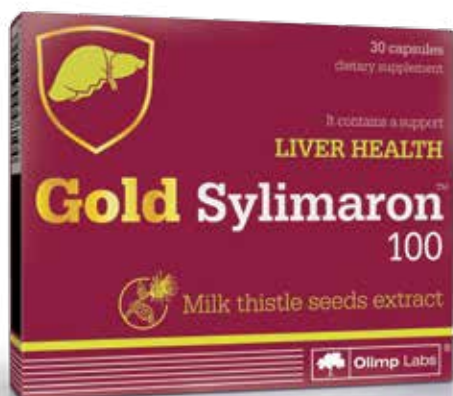
- contains milk thistle seed extract (*Silybum marianum*), standardised for sylimarin

➤ **Recommended use:** 1 capsule a day after a meal drinking with large amount of water.

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# GOLD SYLIMARON 100

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

Extract from milk thistle seeds  
(*Silybum marianum* L.)  
including: sylimarin

## 1 capsule

125 mg  
100 mg

- Ingredients supporting liver health
- contains an extract of milk thistle seeds (*Silybum marianum* L.), with a standardized 80% content of sylimarin

➤ **Recommended use:** 1 capsule daily after a meal.

# REGULACID

Food supplement

| Nutrition information                                  | 1 tablet        |
|--|-----------------|
| Green tea extract<br>(98% polyphenols, 55% EGCG)       | 50 mg           |
| Artichoke extract (5% of cynarine)                     | 40 mg           |
| Field horsetail extract (7% of silicon compounds)      | 40 mg           |
| Vitamin E (α-TE)                                       | 3,6 mg (30%*)   |
| Vitamin B2   | 0,7 mg (50%*)   |
| Vitamin B6   | 0,7 mg (50%*)   |
| Folic acid   | 100 µg (50%*)   |
| Vitamin B1   | 21,25 µg (50%*) |
| Pantothenic acid                                       | 3 mg (50%*)     |
| Calcium (from calcium phosphate and calcium carbonate) | 120 mg (15%*)   |
| Magnesium (from magnesium citrate and magnesium oxide) | 56,25 mg (15%*) |
| Zinc (from the Albion® amino acid chelate)             | 5 mg (50%*)     |
| Sodium (from sodium bicarbonate)                       | 32,4 mg         |

\*% NRV - nutrient reference value

47



30 TABLETS

PACKAGE | SIZE

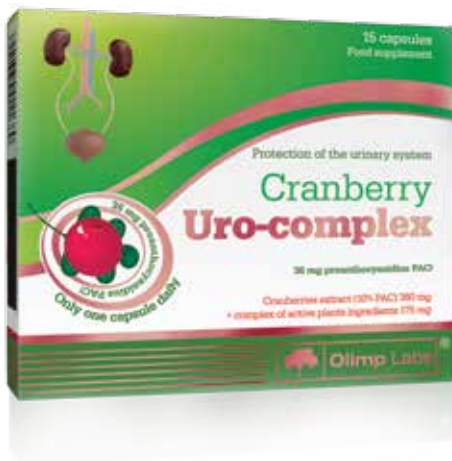
- enteric-coated tablets
  - contains natural plant extracts, alkali salts of bicarbonates and citric acid
- 👉 **Recommended use:** 1-2 tablets after a meal or otherwise after consultation with your doctor.

# URO-COMPLEX

Food supplement

| Nutrition information                      | 1 capsule |
|--|-----------|
| American cranberry fruit extract (10% PAC) | 360 mg    |
| including proanthocyanidines (PAC)         | 36 mg     |
| Horsetail extract (7% silica)              | 75 mg     |
| Green tea extract (55% ECGC)               | 50 mg     |
| Common nettle extract                      | 25 mg     |
| Common oat extract (7% flavonoids)         | 25 mg     |

48



  
15 CAPSULES

PACKAGE | SIZE

- complex of natural active ingredients
- highly concentrated cranberry extract which is naturally rich in active compounds called proanthocyanidins
- enriched with horsetail, green tea and avena sativa

➤ **Recommended use:** 1 capsule a day during a meal.



# NUTRAMIL COMPLEX PROTEIN

Dietetic food for special medical purposes

| Nutritional information  | 1 portion/ 1 sachet /<br>dissolved in 150 ml<br>of water (200 ml of liquid) | 100 g                |
|--------------------------|---|----------------------|
| Energy value             | 1254 kJ/ 300 kcal   | 1791 kJ/<br>429 kcal |
| Fat, of which            | 10,7 g  | 15,3 g               |
| saturates fatty acids    | 4,8 g   | 6,9 g                |
| MCT oil                  | 4,0 g   | 5,7 g                |
| Carbohydrates, of which: | 32,2 g  | 46 g                 |
| sugar                    | 3,9 g   | 5,6 g                |
| lactose                  | <0,058 g  | <0,08 g              |
| Fibre                    | 0 g   | 0 g                  |
| Protein                  | 18,8 g  | 26,9 g               |
| Salt                     | 0,43 g  | 0,6 g                |



6 SACHETS

PACKAGE | SIZE

- High-protein, high-energy and low-fiber diet
- composition of essential nutrients - proteins, carbohydrates, fats, vitamins, micro- and macronutrients

👉 **Dosage:** depends on the individual energy needs of the body. As a supplement to the daily diet, it is recommended to take 1-3 sachets per day (300 - 900 kcal), unless your doctor or dietitian instructs otherwise.

# NUTRAMIL

Dietetic food for special medical purposes

| Nutrition information       | 1 sachet / 72 g  | 100 g               |
|-----------------------------|------------------|---------------------|
| Energy value                | 1254 kJ/300 kcal | 1743<br>kJ/417 kcal |
| Protein                     | 11,25 g          | 15,6 g              |
| Carbohydrates, of which:    | 45 g             | 62,5 g              |
| - sugars                    | 5,2 g            | 7,2 g               |
| - lactose                   | <0,058 g         | <0,08 g             |
| Fat, of which:              | 8,4 g            | 11,7 g              |
| - saturated fatty acids     | 2,5 g            | 3,5 g               |
| - MCT oil                   | 1,7 g            | 2,4 g               |
| Fibre                       | 0 g              | 0 g                 |
| Sodium                      | 170 mg           | 236 mg              |
| Vitamins & Minerals complex | 907,45 mg        | -                   |
| Osmolarity                  | 290 mOsm/l       |                     |



7 SACHETS

PACKAGE | SIZE

- innovative meal-replacement product that contains 27 vitamins and minerals

👉 **Recommended use:** 5 - 7 sachets daily (a complete diet), 1-3 sachets daily as supplementing the diet.

# HYDRATONIC MED.

Food supplement

| Product composition according to the recommendations of | Ingredients           | Per 100 g of product                        | Per 100 ml of finished ready to use product* |
|---|-----------------------|---|--|
| ESPGHAN:  |                       |   |  |
| Glucose (mmol/l)  | 99                    |   |  |
| Sodium (mmol/l)   | 60                    | Glucose 59,67 g                             | 1,79 g                                       |
| Chloride (mmol/l)                                       | 50                    | Sodium 4,67 g                               | 0,14 g                                       |
| Potassium (mmol/l)                                      | 20                    | Chloride 6,0 g                              | 0,18 g                                       |
| Citrate (mmol/l)  | 16                    | Potassium 2,67 g                            | 0,08 g                                       |
| Osmolarity (mOsm/l)                                     | 245                   | Citrate 10,0 g                              | 0,3 g  |
| Nutrition information:                                  | Per 100 g of product  | Per 100 ml of finished ready to use product |  |
| Calories  | 280,6 kcal/ 1172,9 kJ | 8,4 kcal/ 35,1 kJ                           |  |
| Protein   | 0 g                   | 0 g   |  |
| Carbohydrates   | 70,16 g               | 2,1 g                                       |  |
| of which sugar  | 59,7 g                | 1,79 g                                      |  |
| Fat   | 0 g                   | 0 g   |  |

50



10 SACHETS

PACKAGE | SIZE

- for use in states of dehydration
- composition prepared in accordance with the recommendations of ESPGHAN (the European Society for Paediatric Gastroenterology Hepatology and Nutrition).
- **How to use\*:** Mix contents of the sachet with 200 ml of warm boiled water. Administer when cooled. No sugar should be added to the prepared solution. The dosage and detailed directions for use are provided in the information leaflet

# HYDRATONIC FAST

Food supplement

| Content of substances characterising the product: | 2 tablets / 0,4 l water | 3 tablets / 0,6 l water |
|---|-------------------------|-------------------------|
| Glucose   | 1 g                     | 1,5 g                   |
| <b>Vitamins and minerals</b>                      |                         |                         |
| Sodium  | 552 mg                  | 828 mg                  |
| Potassium   | 300 mg (15%*)           | 450 mg 22,5%*           |
| Calcium   | 120 mg (15%*)           | 180 mg 22,5%*           |
| Magnesium   | 112,6 mg (30%*)         | 168,8 mg 45%*           |
| Vitamin C   | 80 mg (100%*)           | 120 mg (150%*)          |

- For electrolyte replenishment  
Product in the form of effervescent tablets, containing key electrolytes (sodium, potassium, calcium, magnesium), additionally enriched with glucose and vitamin C.

👉 **Dosage:** Recommended use: 2-3 tablets daily. Dissolve 1 tablet in 200 ml of water.



20 TABS

PACKAGE | SIZE

# HALITOFAST

Food supplement

| Nutritional information                 | 1 tablet      | 2 tablets     |
|---|---------------|---------------|
| Zinc                                    | 7,5 mg (75%*) | 15 mg (150%*) |
| Thyme herb extract (Thymus vulgaris L.) | 5 mg          | 10 mg         |

\*% NRV - nutrient reference value

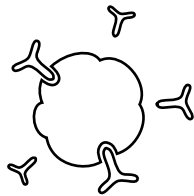
- Form of lozenges, containing zinc in the form of a highly absorbable amino acid chelate and thyme extract
- Zinc helps maintain a proper acid-base balance, whereas\*thyme herb extract helps to maintain fresh breath and also has a soothing effect on the throat.

👉 **Recommended use:** 1-2 tablets after a meal.



30 TABLETS

PACKAGE | SIZE



Immunity

# GOLD-VIT C 1000

Food supplement

| Nutrition information | 1 tablet | *% NRV |
|-----------------------|----------|--------|
| PureWay-C®            | 1111 mg  |        |
| Of which: vitamin C   | 1000 mg  | 1250%  |
| Citrus bioflavonoids  | 25 mg    |        |

\*% NRV - nutrient reference values

PureWay-C®



20 TABLETS

PACKAGE | SIZE

- form of effervescent tablets
- high dose of new generation vitamin C Pure Way-C®
- stomach friendly

➤ **Recommended use:** 1 tablet, dissolve in 200 ml of water.

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# GOLD-VIT C 1000 FORTE

Food supplement

| Nutrition information                | 1 capsule        |
|--------------------------------------|------------------|
| PureWay-C®                           | 1111 mg          |
| Including vitamin C                  | 1000 mg (1250%*) |
| Citrus bioflavonoids (of PureWay-C®) | 25 mg            |

\*% NRV - nutrient reference values

PureWay-C®



30 CAPSULES

PACKAGE | SIZE

- increased dosage of vitamin C of a new generation PureWay-C
- totally mild for the stomach
- enriched with citrus bioflavonoids

➤ **Recommended use:** 1 capsule a day after a meal.

# GOLD-VIT C 500 PLUS

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

1 capsule

|                      |                |
|----------------------|----------------|
| PureWay- C®          | 556 mg         |
| Including vitamin C  | 500 mg (833%*) |
| Citrus bioflavonoids | 100 mg         |

\*% NRV - nutrient reference values

PureWay-C®

- contains the most effective form of Vitamin C (PureWay-C®)
- enriched with citrus bioflavonoids
- stomach friendly

➤ **Recommended use:** 1 capsule daily.

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# GOLD-VIT D MAX 2000 IU

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

1 capsule

%NRV\*

|           |                    |       |
|-----------|--------------------|-------|
| Vitamin D | 50 µg<br>(2000 IU) | 1000% |
|-----------|--------------------|-------|

\*%NRV - nutrient reference value

flow caps®  
LIQUID TECHNOLOGY

- form of liquid Flow Caps
- high content of vitamin D

➤ **Recommended use:** 1 capsule after the main meal with plenty of water.

# GOLD-VIT D FORTE 1000 IU

Food supplement

| Nutrition information | 1 capsule          | *% NRV |
|-----------------------|--------------------|--------|
| Vitamin D             | 25 µg<br>(1000 IU) | 500%   |

\*% NRV - nutrient reference values



- form of liquid Flow Caps
- high content of vitamin D

➤ **Recommended use:** 1 capsule daily or otherwise after consultation with your doctor.



30 CAPSULES

PACKAGE | SIZE

# ODPORMAX

Food supplement

| Nutrition information                  | 2 capsules     |
|--|----------------|
| Shark liver oil, of which:             | 1000 mg        |
| Alkylglycerols                         | 200 mg         |
| Squalene                               | 20 mg          |
| Garlic extract, of which:              | 20 mg          |
| Allicin                                | 0,4 mg         |
| Allin                                  | 0,7 mg         |
| Zinc (from Albion® amino acid chelate) | 10 mg (100%**) |
| Vitamin D                              | 5 µg (100%**)  |
| Vitamin A                              | 400 µg (50%**) |
| Vitamin E                              | 6 mg (50%**)   |

\*% NRVs\* - nutrient reference values



- Flow Caps
- high quality shark liver oil and vitamins A, E, D,
- zinc in a form of highly absorbable amino acid chelate
- enriched with garlic extract standardized to allicin and allin content

➤ **Recommended use:** 2 capsules, with plenty of liquid.



60 CAPSULES

PACKAGE | SIZE

# GARLICIN

Food supplement



30 CAPSULES

PACKAGE | SIZE

| Nutrition information       | 1 capsule |
|-----------------------------|-----------|
| Garlic extract (2% Allicin) | 200 mg    |
| of which:                   |           |
| Allicin                     | 4000 µg   |
| Thiosulfinates              | 7000 µg   |
| Alliin                      | 7000 µg   |
| Gamma-glutamylcysteine      | 7600 µg   |

- ALLIUM SATIVUM EXTRACT
- pure source of allicin

➤ **Recommended use:** 1 capsule a day, after main meal..

56

# RUTINOVIT C

Food supplement



30 CAPSULES

PACKAGE | SIZE

| Nutrition information      | 1 capsule      |
|----------------------------|----------------|
| Rutin                      | 49 mg          |
| PureWay-C®                 | 278 mg         |
| including Vitamin C        | 250 mg (417%*) |
| Citrus bioflavonoids       | 70 mg          |
| Amino acid chelate Albion® | 25 mg          |
| including zinc             | 5 mg (33%*)    |

\*%NRV - nutrient reference value

PureWay-C®



- advanced and comprehensive food supplement containing rutin and citrus bioflavonoids enriched with vitamin C and zinc
- highly bioaccessible
- mild for stomach

➤ **Recommended use:** 1 capsule a day after main meal.



# KOLONBIOTIC

Food supplement

| Nutritional information      | 1 capsule                      |
|------------------------------|--------------------------------|
| Lactic acid bacteria         | 7 mld (7x10 <sup>9</sup> CFU*) |
| Lactobacillus rhamnosus GG   |                                |
| Fructooligosaccharides (FOS) | 50 mg                          |

\*CFU – Colony Forming Unit

- This modern symbiotic is produced in innovative capsules with sustained release, which becomes soluble in the intestines.
- containing specially selected lactic acid bacteria *Lactobacillus rhamnosus GG*
- extremely high concentrations up to 7 billion (7x10<sup>9</sup> CFU\*) and additionally fructo-oligosaccharides, which are a natural source of energy for bacteria.

👉 **Recommended use:** 1 capsule daily with plenty of water, during a meal.



10 CAPSULES

PACKAGE | SIZE

57

# KOLONBIOTIC JUNIOR

Food supplement

| Nutrition information             | 1 sachet                       | NRVs * |
|-----------------------------------|--------------------------------|--------|
| Vitamin D                         | 20 µg (800 m.u.)               | 400%   |
| Lactic acid bacteria              | 7 bn (7x10 <sup>9</sup> CFU)** | -      |
| <i>Lactobacillus rhamnosus GG</i> |                                |        |
| Fructooligosaccharides (FOS)      | 690 mg                         | -      |

\*NRVs – nutrient reference values.

\*\*CFU – colony forming unit.

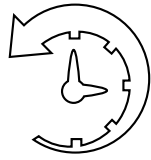


15 SACHETES

PACKAGE | SIZE

- Probiotic, Prebiotic and Vitamin D / 7 millions of lactic acid bacteria / Vitamin D3 800 j.m

👉 **Recommended use:** 1 sachet daily after meal.



# Recovery

# ULGRIP HOT

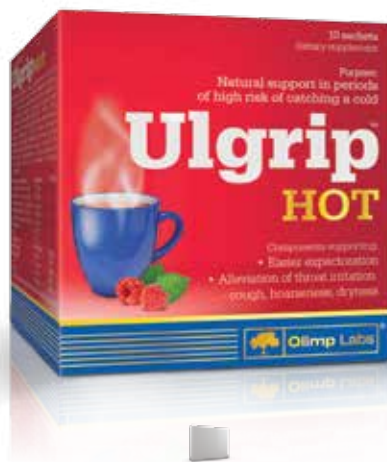
Food supplement

| Nutritional information         | 2 sachets        |
|---------------------------------|------------------|
| Powdered raspberries            | 800 mg           |
| Black currant concentrate       | 600 mg           |
| Elderflower extract             | 500 mg           |
| Lime tree inflorescence extract | 200 mg           |
| Chamomile flower extract        | 120 mg           |
| Beta-glucan                     | 90 mg            |
| Rutin                           | 30 mg            |
| Vitamin C                       | 1000 mg (1250%*) |
| Niacin (NE)                     | 16 mg (100%*)    |
| Vitamin B6                      | 2,1 mg (150%*)   |
| Zinc                            | 15 mg (150%*)    |
| Selenium                        | 55 µg (100%*)    |

\*% NRV - nutrient reference value

- combination of extracts of elderberry, lime tree, chamomile and vitamins (C, B6, niacin) and minerals
- powder form for preparing a warming drink
- promote easier expectoration and alleviate throat irritation - cough, hoarseness, dryness

👉 **Recommended use:** 1 sachet 2 times a day before or during the meal.



10 SACHETS

PACKAGE | SIZE

59

# ULGRIP JUNIOR

Food supplement

| Nutrition information                                   | 2 sachets    |
|---|--------------|
| Powdered raspberries                                    | 600 mg       |
| Powdered acerola cherries, including: natural vitamin C | 400 mg       |
| Honey   | 60 mg (75%*) |
| Blackcurrant concentrate                                | 400 mg       |
| Elderberry concentrate                                  | 300 mg       |
| Lime tree inflorescence extract                         | 300 mg       |
| Chamomile flower extract                                | 80 mg        |
| Rutin   | 45 mg        |
|   | 15 mg        |

\*% NRV - nutrient reference value

- increases the body's immunity and alleviates irritation of the throat - cough, hoarseness
- combination of high quality powdered acerola fruit, with a standardized content of natural vitamin C and honey

👉 **Recommended use:** 1 sachet 2 times a day before or during the meal.



10 SACHETS

PACKAGE | SIZE

# ULGRIP MED JUNIOR

Medical purposes

| Nutritional information         | 2 sachets        |
|---------------------------------|------------------|
| Powdered raspberries            | 800 mg           |
| Black currant concentrate       | 600 mg           |
| Elderflower extract             | 500 mg           |
| Lime tree inflorescence extract | 200 mg           |
| Chamomile flower extract        | 120 mg           |
| Beta-glucan                     | 90 mg            |
| Rutin                           | 30 mg            |
| Vitamin C                       | 1000 mg (1250%*) |
| Niacin (NE)                     | 16 mg (100%*)    |
| Vitamin B6                      | 2,1 mg (150%*)   |
| Zinc                            | 15 mg (150%*)    |
| Selenium                        | 55 µg (100%*)    |

\*% NRV - nutrient reference value

60



125 ML

PACKAGE | SIZE

- Ulgrip med Junior relieves the symptoms of both dry and wet cough, and also brings relief, even in situations where it is difficult to clearly determine the type of cough. The syrup is based on plant raw materials, without the addition of artificial aromas, dyes and preservatives, which could additionally irritate the throat mucosa.

- **Recommended daily dose:** children from 3 years of age: 2.5 ml of syrup 2-3 times a day, children from 6 years of age and adults: 5 ml of syrup 2-3 times a day. Shake before use.

# ALERGOMIN FAST

Food supplement

| Nutrition info            | 1 tablet | %NRV*  |
|---------------------------|----------|--------|
| Vit. C                    | 80 mg    | 100%   |
| Calcium                   | 500 mg   | 62,50% |
| Zinc                      | 10 mg    | 100%   |
| Quercetin                 | 120 mg   | -      |
| black lilac fruit extract | 50 mg    | -      |

\*NRV - nutrient reference values



61

- highly absorbable calcium and zinc
- form of hypoallergenic Albion® amino acid chelates
- enriched with vitamin C and quercetin

👉 **Recommended use:** 1 tablet dissolve in 200 ml water.

—  
20 TABLETS

PACKAGE | SIZE



# Memory, rest and concentration

# SPOKO LOKO

Food supplement

| Nutritional information                         | 1 tablet       | 2 tablets      | 3 tablets      |
|---|----------------|----------------|----------------|
| Ginger rhizome extract (Zingiber officinale L.) | 150 mg         | 300 mg         | 450 mg         |
| Vitamin B6                                      | 1,4 mg (100%*) | 2,8 mg (200%*) | 4,2 mg (300%*) |

\*NRV - nutrient reference value

- Form of enteric-coated tablets containing ginger rhizome extract and vitamin B6.
- Ginger extract is conducive to maintaining comfort when travelling by helping to relieve the feeling of nausea.
- Enriched with vitamin B6, which contributes to the reduction of tiredness and fatigue.

👉 **Recommended use:** children over 6 years old, 1 tablet, 30 min before planned journey and another one during it's duration.



10 TABLETS

PACKAGE | SIZE

63

# SPOKO LOKO LOLIPOPS

Food supplement

| Nutritional information                         | 1 lollipop   | 2 lollipops  |
|---|--------------|--------------|
| Ginger rhizome extract (Zingiber officinale L.) | 35 mg        | 70 mg        |
| Vitamin C                                       | 15 mg (19%*) | 30 mg (38%*) |

\*NRV - nutrient reference value

- form of lollipops containing ginger rhizome extract and
- Ginger extract is conducive to maintaining comfort when travelling by helping to relieve feelings of nausea
- Enriched with vitamin C, which contributes to the reduction of tiredness and fatigue.

👉 **Recommended use:** children over 3 years old, 1 lollipop, 30 min before planned journey.



6 LOLIPOPS

PACKAGE | SIZE

# GOLD-LECITHIN 1200

Food supplement

| Nutrition information | 1 capsule | 2 capsules |
|-----------------------|-----------|------------|
| Lecithin              | 1200 mg   | 2400 mg    |



60 CAPSULES

PACKAGE | SIZE

- REMEMBER NOT TO FORGET
- form of capsules containing liquid soy lecithin

👉 **Recommended use:** 1-2 capsules daily with meals.

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# GINKOFLAV FORTE

Food supplement

| Nutrition information            | 1 capsule |
|----------------------------------|-----------|
| Ginkgo Biloba extract            | 80 mg     |
| of which:                        |           |
| Ginkgo Flavone glycosides (24%)  | 19,2 mg   |
| Ginkgolides (terpene lactone) 6% | 4,8 mg    |



60 CAPSULES

PACKAGE | SIZE

- highly-concentrated ginkgo biloba extract
- positively affect the circulatory system
- reduce the presence of free radicals

👉 **Recommended use:** swallow 1 capsule daily with water after a meal.



# GOLD-VIT

## MEMORY AND CONCENTRATION

Food supplement

| Nutrition information   | 1 capsule | %NRV* |
|---|-----------|-------|
| Vitamin A (g RE)  | 800 µg    | 100%  |
| Vitamin D   | 5 µg      | 100%  |
| Vitamin E (mg α-TE)   | 12 mg     | 100%  |
| Vitamin C   | 50 µg     | 100%  |
| Biotin  | 3,75 µg   | 150%  |
| Thiamine  | 1,65 mg   | 150%  |
| Riboflavin  | 2,1 mg    | 150%  |
| Niacin (mg NE)  | 24 mg     | 150%  |
| Vitamin B6  | 2,1 mg    | 150%  |
| Folic acid  | 300 µg    | 150%  |
| Vitamin B12   | 3,75 µg   | 150%  |
| Pantothenic acid  | 9 mg      | 150%  |
| Magnesium   | 75 mg     | 20%   |
| Ginkgo biloba L. leaves extract   | 60 mg     | -     |
| KSM-66 ashwagandha extract (Withania somnifera L.), including withanolides (5%) | 50 mg     | -     |
| guarana extract (Paullinia cupana L.), (50% caffeine)                           | 2,5 mg    | -     |
| Caffeine (with anhydrous caffeine and guarana extract)                          | 40 mg     | -     |
|   | 120 mg    | -     |

\*NRV - nutrient reference value

- Enhanced formula for memory and concentration!
- Form of effervescent tablets
- complex composition of vitamins
- enriched with Ginko biloba L. leaves extract, the patented KSM-66 ashwagandha extract, guarana extract and caffeine

➤ **Recommended use:** 1 tablet, dissolve in 150 ml of water.



20 TABLETS

PACKAGE | SIZE

# FORSTRES

Food supplement

| Nutrition information   | 1 tablet       |
|---|----------------|
| Lemon balm (Melissa officinalis L.) extract                             | 320 mg         |
| Ashwagandha (Withania somnifera L.) extract, incl. 1.5% of withanolides | 50 mg          |
| Magnesium   | 75 mg (20%*)   |
| Vitamin B6  | 2.8 mg (200%*) |

\*NRV - nutrient reference value

- Increases resistance to stress, helps relieve tension
- 320 mg of lemon balm extract in one tablet!
- composition of carefully selected plant extracts that support the body during stressful situations
- enriched with magnesium and vitamin B6 to reduce tiredness and fatigue

➤ **Recommended use:** 1 tablet, preferably in the morning, after meals or otherwise as recommended by a doctor.



30 TABLETS

PACKAGE | SIZE

# FORSEN

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

1 capsule

|  |                |
|--|----------------|
| Common oat extract (Avena sativa L.) (7% flavones)             | 100 mg         |
| Melissa extract 25:1 (Melissa officinalis L.) (2% eteric oils) | 50 mg          |
| Common hop extract 10:1 (Humulus lupulus L.)                   | 50 mg          |
| Saffron cultivar extract (Crocus sativus L.)                   | 30 mg          |
| L-theanine   | 100 mg         |
| L-tryptophan   | 100 mg         |
| Gamma-Aminobutyric acid (GABA)                                 | 50 mg          |
| Niacin   | 10 mg (62,5%*) |
| Vitamin B6   | 1 mg (71%*)    |
| Magnesium  | 60 mg (16%*)   |

\*NRV - nutrient reference value

- restful sleep and well-being
- complex of natural ingredients that help you to achieve a state of relaxation and calmness
- enriched with L-theanine, L-tryptophan and magnesium, vitamin B3 and B6

➤ **Recommended use:** 1 capsule daily, approximately 1 hour before sleep; swallow with plenty of water.

66

# FORSEN FORTE + MELATONIN

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

1 capsule

|   |                |
|---|----------------|
| Lemon balm leaf extract (Melissa officinalis L.)  | 200 mg         |
| Hops extract (Humulus lupulus L.)                 | 120 mg         |
| Ashwagandha extract, 1.5% withanolides            | 50 mg          |
| Melatonin   | 1 mg           |
| Vitamin B6  | 2,8 mg (200%*) |
| Vitamin B1  | 2,2 mg (200%*) |
| Magnesium (magnesium citrate and magnesium oxide) | 70 mg (18,7%*) |

\*% NRV - nutrient reference values

- effectively helps to fall asleep
- capsules form/enriched with magnesium, vitamin B6, and vitamin B1
- Melatonin – helps to shorten the time needed to fall asleep

➤ **Recommended use:** 1 capsule a day, preferably about 30 minutes before sleep, or otherwise after doctor's consultation.

# FORSEN FAST

Food supplement

| Nutrition information | 1 tablet |
|-----------------------|----------|
| Melatonin             | 1 mg     |



30 TABS

PACKAGE | SIZE

- Melatonin 1mg
- **Recommended use:** 1 tablet a day, approx. 30 minutes before sleep.

# FORSEN FORTE

Food supplement

| Nutrition information | 1 tablet |
|-----------------------|----------|
| Melatonin             | 1 mg     |



30 CAPS

PACKAGE | SIZE

- Food supplement in capsules, contains a composition of plant extracts and melatonin that favourably influence the process of falling asleep, additionally completed with magnesium and vitamin B6, important in conditions of tiredness and fatigue.
- **Recommended use:** 1 capsule, preferably approx. 30 minutes before sleep and in another way after consulting doctor.

# FORSEN FORTE SHOT

Food supplement



25ML SHOT

PACKAGE | SIZE

## Nutritional information

1 ampoule

|  |                 |
|--|-----------------|
| Melatonin  | 1 mg            |
| Extract of melissa leaves ( <i>Melissa officinalis</i> L.) | 200 mg          |
| L-tryptophan   | 100 mg          |
| L-theanine   | 100 mg          |
| Vitamin B6   | 1,4 mg (100%)** |
| Thiamine (vit. B1)   | 1,1 mg (100%)** |

\*\*NRVs – nutrition reference values.

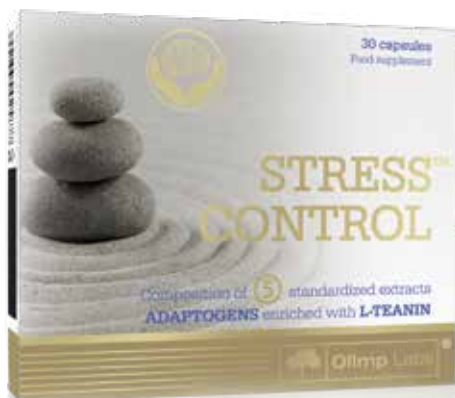
- Forsen Forte, contains melatonin, lemon balm extract, vitamin B6, thiamine and amino acids (L-tryptophan, L-theanine). The taste of green tea. Contains sweeteners.

- **Recommended use:** 1 ampoule in full 30 minutes before bedtime or otherwise after consulting your doctor. Shake before use.

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# STRESS CONTROL

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

3 capsules

|  |                 |
|--|-----------------|
| Extract of golden root 4% of rosavins ( <i>Rhodiola rosea</i> L.)                        | 300 mg          |
| Extract of Astragalus 20% of polysaccharides ( <i>Astragalus membranaceus</i> L.)        | 300 mg          |
| Ashwaghandha 1.5% of vitanolids ( <i>Withania somnifera</i> )                            | 200 mg          |
| Extract of Siberian ginseng 0.8% of eleutherosides ( <i>Eleutherococcus senticosus</i> ) | 100 mg          |
| Extract of maca root 4:1 ( <i>Lepidium meyenii</i> )                                     | 100 mg          |
| L-theanine   | 100 mg          |
| Magnesium  | 300 mg (80%*)   |
| Pantothenic acid   | 90 mg (1,500%*) |
| Witamin B6   | 50 mg (3571%*)  |

\*%NRV - nutrient reference value

- complex of natural herbal extracts enriched with L-theanine, magnesium and vitamins

- **Recommended use:** 1 capsule 3 times a day.

# GINSENG VITA COMPLEX

Food supplement

| Nutrition information                          | 1 capsule      |
|--|----------------|
| American ginseng extract (Panax quinquefolius) | 250 mg         |
| Korean ginseng extract (Korean Panax ginseng)  | 200 mg         |
| Black pepper extract                           | 2 mg           |
| Vitamin A (RE)                                 | 800 µg (100%*) |
| Vitamin D                                      | 5 µg (100%*)   |
| Vitamin E (α-TE)                               | 12 mg (100%*)  |
| Vitamin C                                      | 80 mg (100%*)  |
| Vitamin B1                                     | 1,1 mg (100%*) |
| Vitamin B2                                     | 1,4 mg (100%*) |
| Niacin (NE)                                    | 16 mg (100%*)  |
| Vitamin B6                                     | 1,4 mg (100%*) |
| Folic acid                                     | 200 µg (100%*) |
| Vitamin B12                                    | 2,5 µg (100%*) |
| Biotin   | 50 µg (100%*)  |
| Pantothenic acid                               | 6 mg (100%*)   |
| Folic acid                                     | 200 µg (100%*) |
| Vitamin B12                                    | 2,5 µg (100%*) |
| Biotin   | 50 µg (100%*)  |
| Pantothenic acid                               | 6 mg (100%*)   |

\*NRV - nutrient reference value

- composition of high quality standardized extracts from two species of ginseng
- enriched with black pepper extract and complex of 12 vitamins.

⊗ **Recommended use:** 1 capsule daily or otherwise after consultation with your doctor.



30 CAPSULES

PACKAGE | SIZE

69

# GOLD GINSENG COMPLEX

Food supplement

| Nutrition info  | 1 tablet | % NRV |
|---|----------|-------|
| Korean Ginseng extract (Korean Panax ginseng)         | 200 mg   | -     |
| American ginseng extract (Panax quinquefolius)        | 200 mg   | -     |
| Siberian ginseng extract (Eleutherococcus senticosus) | 100 mg   | -     |
| 0,8% eleuterocydyów                                   |          |       |
| Black pepper extract Bioperine®                       | 3 mg     | -     |
| Magnesium   | 56,3 mg  | 15%   |

\*NRV - nutrient reference value

- A FORMULA OF ENERGY AND VITALITY
- Composition of high quality standardized extracts from three species of ginseng, enriched with black pepper extract and complex of 12 vitamins

⊗ **Recommended use:** 1 tablet daily or otherwise after consultation with your doctor.



30 TABLETS

PACKAGE | SIZE

# KOFAKTIN

Food supplement



8 SACHETES

PACKAGE | SIZE

| Nutritional information | 1 sachet        | 2 sachets        |
|-------------------------|-----------------|------------------|
| Caffeine                | 120 mg          | 240 mg           |
| Vitamin B6              | 0,7 mg (50%***) | 1,4 mg (100%***) |

\*\*\*NRVs – nutrition reference values.

- 120mg of caffeine / enriched with vitamins B6

➤ **Recommended use:** 1-2 sachet daily.

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# KOFAKTIN FORTE

Food supplement



25 ML SHOT

PACKAGE | SIZE

| Nutrition information   | 1 ampoule (25 ml) |
|---|-------------------|
| Caffeine  | 150 mg            |
| Siberian ginseng extract (Eleutherococcus senticosus) 0,8% eleutherosides | 100 mg            |
| Korean ginseng extract (Korean Panax ginseng) 7% ginsenosides             | 100 mg            |
| Pantothenic acid  | 6 mg (100%***)    |
| Vitamin B6  | 1,4 mg (100%***)  |
| Thiamin   | 1,1 mg (100%***)  |
| Vitamin B12   | 2,5 µg (100%***)  |

\*\*\*NRVs – nutrient reference values.

- 150mg of caffeine / Korean and Siberian Ginseng / enriched with vitamins B2,B6,B12

➤ **Recommended use:** one ampoule (25 ml) once a day

# REDUKAC SHOT

Food supplement

| Nutrition information | 1 ampoule (60 ml) |
|-----------------------|-------------------|
| Fructose              | 2 g               |
| Glucose               | 3 g               |
| Riboflavin            | 0,3 mg (21%*)     |
| Niacin                | 4 mg (25%*)       |
| Vitamin B6            | 0,35 mg (25%*)    |
| Vitamin B12           | 0,63 µg (25%*)    |
| Pantothenic acid      | 1 mg (17%*)       |
| Chlorides             | 140 mg (18%)      |
| Sodium                | 160 mg            |
| Green tea extract     | 20 mg             |
| Choline               | 82,5 mg           |

\*NRVs – nutrient reference values.



- ReduKACTM shot is a product designed to quickly replenish important ingredients in the body after drinking alcohol. The innovative formula contains a mixture of electrolytes (sodium, chlorides), glucose, fructose and B vitamins (vitamin B6, B12, riboflavin, niacin, pantothenic acid) in a perfect ratio.

- ⊙ **Recommended use:** 1 ampoule (60 ml) 1 time per day depending on the demand. Do not exceed the portion recommended for consumption.



60ML SHOT

PACKAGE | SIZE



Men's Health



# EREKTON ULTRA

Food supplement

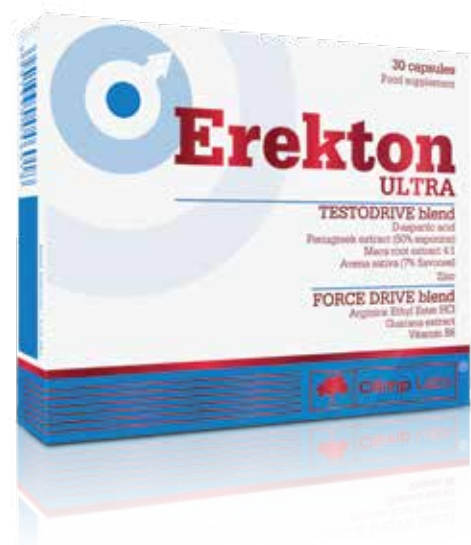
| Nutritional information                     | 2 capsules    |
|---|---------------|
| TESTODRIVE blend™                           |               |
| of which:                                   | 750 mg        |
| D-aspartic acid                             | 400 mg        |
| Fenugreek extract<br>(50% saponins)         | 50 mg         |
| (Trigonella foenum-graecum L.)              | 100 mg        |
| Maca root extract (Lepidium meyenii Walp.)  | 100 mg        |
| Oat extract (7% flavones) (Avena sativa L.) | 100 mg        |
| Zinc (from Albion® amino acid chelate)      | 10 mg (100%*) |
| FORCE DRIVE blend                           |               |
| of which:                                   | 692 mg        |
| L-arginine (as arginine ethyl ester HCl)    | 600mg         |
| Guarana extract (Paullinia cupana Kunth)    | 88 mg         |
| of which caffeine                           | 44 mg         |
| Vitamin B6                                  | 4 mg (286%*)  |

\*NRV – nutrient reference values



- contributes to the maintenance of normal testosterone levels
- plant extract composition
- enriched with D-aspartic acid and zinc

👉 **Recommended use:** Take 1 capsule twice a day 30 min. before meal or 30-40 min. before sexual intercourse or otherwise after consultation with your sexologist.



30 CAPSULES

PACKAGE | SIZE

# EREKTON FAST

Food supplement



8 TABLETS

PACKAGE | SIZE

## Nutrition information

4 tablets

|  |               |
|--|---------------|
| L-arginine HCl                         | 1951 mg       |
| of which: L-arginine                   | 1600 mg       |
| L-cytrulline malate,                   | 910 mg        |
| of which: L-cytrulline                 | 500 mg        |
| korean ginseng extract                 | 100 mg        |
| Bioperine® black pepper extract        | 4 mg          |
| Pantothenic acid                       | 6 mg (100%*)  |
| Zinc (from Albion® chelated mineral) 1 | 0 mg (100%*)  |
| Selenium                               | 55 µg (100%*) |

\*NRVs – nutrient reference value



- high dose of L-arginine
- enriched with L-citrulline, Korean ginseng, black pepper extract pantothenic acid, zinc and selenium

➤ **Recommended use:** 4 tablets ca. 45 mins before sexual activity.

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# EREKTON MAX

Food supplement



8 TABLETS

PACKAGE | SIZE

## Nutrition information

4 tablets

|  |                |
|--|----------------|
| L-arginine   | 2200 mg        |
| Maca root extract 4:1<br>(equivalent to 640 mg<br>of the root) | 160 mg         |
| Tribulus terrestris fruits extract                             | 120 mg         |
| Korean ginseng extract<br>(7% ginsenosides)                    | 80 mg          |
| Zinc (from chelate Albion®)                                    | 15 mg (150%*)  |
| Selenium   | 110 µg (200%*) |

\*NRV – nutrient reference value



- A new reinforced formula
- high content of L-arginine 2200 mg
- enriched with a composition of plant extracts, zinc and selenium

➤ **Recommended use:** 4 tablets approx. 60 minutes before sexual intercourse or otherwise according to indications of sexologist.

# EREKTON ULTRA FAST SHOT

Food supplement

| Nutrition information  | 1 capsule       | 2 capsules       |
|--|-----------------|------------------|
| TESTODRIVE blend™  | 375 mg          | 750 mg           |
| of which:  |                 |                  |
| D-aspartic acid  | 200 mg          | 400 mg           |
| Fenugreek extract (50% saponins)<br>(Trigonella foenum-graecum L.) | 50 mg           | 100 mg           |
| Maca root extract (Lepidium meyenii Walp.)                         | 50 mg           | 100 mg           |
| Oat extract (7% flavones) (Avena sativa L.)                        | 50 mg           | 100 mg           |
| Zinc (from Albion® amino acid chelate)                             | 5 mg<br>(50%*)  | 10 mg<br>(100%*) |
| FORCE DRIVE blend  | 346 mg          | 692 mg           |
| of which:  |                 |                  |
| L-arginine (as arginine ethyl ester HCl)                           | 300 mg          | 600mg            |
| Guarana extract (Paullinia cupana Kunth)                           | 44 mg           | 88 mg            |
| of which caffeine  | 22 mg           | 44 mg            |
| Vitamin B6   | 2 mg<br>(143%*) | 4 mg<br>(286%*)  |

\*NRVs – nutrient reference values

- Innovative formula designed for adult men which contains a high dose of L-arginine and L-citrulline as well as Korean ginseng extract, KSM-66 Ashwagandha root extract, Bioperine® black pepper extract, pantothenic acid, zinc and selenium.
- The liquid form of the product allows faster absorption of the ingredients.

- ⊙ **Recommended use:** 1 ampoule (60 ml) once a day. Shake before use.



60ML SHOT

PACKAGE | SIZE

# GUARANAX

Food supplement

| Nutrition information          | 3 capsules |
|--------------------------------|------------|
| Guarana extract (20% caffeine) |            |
| of which:                      | 1200 mg    |
| Caffeine                       | 240 mg     |

- A CUP OF COFFEE IN A CAPSULE
- contains mildly and long-term active caffeine from guarana

- ⊙ **Recommended use:** 1 - 3 capsules a day.

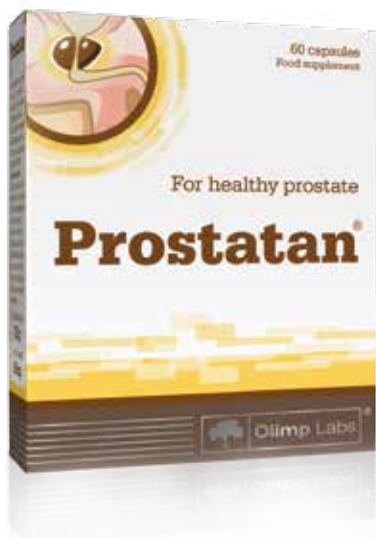


60 CAPSULES

PACKAGE | SIZE

# PROSTATAN

Food supplement



60 CAPSULES

PACKAGE | SIZE

## Nutrition information

2 capsules

|                            |               |
|----------------------------|---------------|
| Saw palmetto extract (45%) | 320 mg        |
| Pumpkin seed extract (5:1) | 200 mg        |
| Nettle extract             | 200 mg        |
| Lycopene                   | 1 mg          |
| Zinc                       | 10 mg (100%*) |

\*NRV – nutrient reference value



- special composition of plant extracts and zinc chelate
- composed of natural, biologically active components such as extracts of saw palmetto, pumpkin seeds, nettle and lycopene

👉 **Recommended use:** 1 capsule twice a day.

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# TESTOMAG

Food supplement



30 TABS

PACKAGE | SIZE

## Nutrition information

1 tablet

|   |                 |
|---|-----------------|
| Magnesium   | 80 mg (21%*)    |
| Vitamin B6  | 1,4 mg (100%*)  |
| Zinc  | 10 mg (100%*)   |
| Selenium  | 55 µg (100%*)   |
| KSM-66 ashwagandha extract, (Withania somnifera L.), including: Withanolides (5%) | 50 mg<br>2,5 mg |

\*NRV – nutrient reference value

- magnesium preparation for men, supplemented with ingredients which support the functioning of the male body - zinc, selenium, vitamin B6, and KSM-66 Ashwagandha extract.

👉 **Recommended use:** 1 tablet daily with plenty of water, after a meal

# CHELA-ZINC

Food supplement

| Nutrition information                  | 1 capsule     |
|--|---------------|
| Zinc (from amino acid chelate Albion®) | 15 mg (150%*) |

\*NRV – nutrient reference value



- highly absorbable type of zinc in the form of amino acid chelate
- **Recommended use:** take 1 capsule once a day during meal or otherwise after consultation with your doctor



30 CAPSULES

PACKAGE | SIZE

# FERTI MAN

Food supplement

| Nutrition information                  | 1 sachet        |
|--|-----------------|
| AAKG                                   | 6150 mg         |
| of which L-arginine                    | 4000 mg         |
| L-carnitine                            | 2000 mg         |
| Fructose                               | 1000 mg         |
| Korean ginseng extract                 | 100 mg          |
| lycopene                               | 1 mg            |
| Zinc (from amino acid chelate Albion®) | 15 mg (150%*)   |
| Copper                                 | 1500 µg (150%*) |
| Selenium                               | 100 µg (181%*)  |
| Vitamin D                              | 5 µg (100%*)    |
| Vitamin E (mg α-TE)                    | 24 mg (200%*)   |
| Vitamin C                              | 120 mg (150%*)  |
| Vitamin B1                             | 1,1 mg (100%*)  |
| Vitamin B2                             | 1,4 mg (100%*)  |
| Vitamin B6                             | 1,4 mg (100%*)  |
| Vitamin B12                            | 3 µg (120%*)    |
| Folic acid                             | 400 µg (200%*)  |
| Biotin                                 | 50 µg (100%*)   |
| Pantothenic acid                       | 6 mg (100%*)    |
| Niacin (mg NE)                         | 16 mg (100%*)   |

\*NRV – nutrient reference value

- supports the functioning of the male body during attempts at conception
- **Recommended use:** 1 sachet a day.



15 SACHETS

PACKAGE | SIZE



Eyesight

# HYDROVISION

Medical purposes

## Nutrition information

Sodium hyaluronate crosspolymer aqueous solution (of which sodium hyaluronate cross-polymer 0,02%)

Sodium phosphate dibasic dodecahydrate

Sodium phosphate monobasic monohydrate

Sodium chloride, W.F.I

Preservative free formula



10 ML

PACKAGE | SIZE

- Hydrovision is a sterile solution for ophthalmic use at physiological pH, containing cross-linked hyaluronic acid.

👉 **Recommended use:** 2 drops in each eye unless the doctor recommends otherwise.

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# GOLD-LUTEIN

Food supplement

| Nutrition information                  | 1 capsule     |
|--|---------------|
| Docosahexaenoic acid (DHA)             | 250 mg        |
| Lutein                                 | 22 mg         |
| Zeaxanthin                             | 2,2 mg        |
| Zinc (from amino acid chelate Albion®) | 2,5 mg (25%*) |
| Vitamin A (RE)                         | 120 µg (15%*) |
| Vitamin E (α-TE)                       | 1,8 mg (15%*) |

\*NRV – nutrient reference value



**flow** caps®  
**LIQUID**  
TECHNOLOGY



30 CAPSULES

PACKAGE | SIZE

- concentrated fish oil
- enriched with a lutein, Zeaxanthin and zinc

👉 **Recommended use:** 1 capsule during a meal with a sufficient amount of liquid

# LUTEIN BIO-COMPLEX

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

1 capsule

|  |                |
|--|----------------|
| Lutein (100 mg of 20% lutein extract)          | 20 mg          |
| Taurine  | 200 mg         |
| Citrus bioflavonoids 40%                       | 50 mg          |
| Vitamin C                                      | 30 mg (37.5%*) |
| Zinc amino acid chelate ALBION® including Zinc | 37.5 mg        |
| Selenium                                       | 7.5 mg (75%*)  |
|  | 30µg (54%*)    |

\*NRV – nutrient reference value

- CARING ABOUT YOUR EYES
- contains lutein, taurine, citrus bioflavonoids, vitamin C, selenium and zinc
- 20 mg of lutein from bioactive plant extracts

➤ **Recommended use:** 1 capsule after the main meal once daily or in different doses after consulting a physician.

80

# LUTEIN MAX-COMPLEX

Food supplement



30 TABLETS

PACKAGE | SIZE

## Nutrition information

1 tablets

|   |         |
|---|---------|
| Lutein  | 30 mg   |
| Zeaxanthin  | 2,5 mg  |
| Bilberry fruit extract (Vaccinium myrtillus L.) including: anthocyanidins | 50 mg   |
|   | 12,5 mg |

- double support for your eyes - 30 mg of lutein in 1 tablet!
- composition of natural lutein and zeaxanthin
- enriched with bilberry fruit extract

➤ **Recommended use:** 1 tablet during a meal, with a sufficient amount of liquid.



# GOLD-LUTEIN JUNIOR

Food supplement

| Nutrition information                                    | 1 sachet       |
|--|----------------|
| Bilberry fruits extract ( <i>Vaccinium myrtillus</i> L.) | 80 mg          |
| of which: Anthocyanins                                   | 20 mg          |
| Lutein   | 10 mg          |
| Zeaxanthin   | 0,6 mg         |
| Zinc**   | 5 mg (50%*)    |
| Vitamin C  | 50 mg (62,5%*) |
| Vitamin E (α-TE)   | 8 mg (66,6%*)  |
| Vitamin B6   | 1 mg (71,4%*)  |
| Vitamin B2   | 1 mg (71,4%*)  |
| Vitamin A (RE)   | 400 µg (50%*)  |
| Vitamin B12  | 1,2 µg (48%*)  |

\*NRV – nutrient reference value

81



- friendly towards children/tasty, water soluble powder
- composition of natural lutein, zeaxanthin, extract of fruit of *vaccinium myrtillus* with anthocyanins, additionally enriched with vitamins: C, B2, B6, B12, E, A and zinc

➤ **Recommended use:** 1 sachet, preferably before or during a meal. The amounts given above correspond to the recommended daily allowance for the listed ingredients for children aged 7 to 9



15 SACHETS

PACKAGE | SIZE



Beauty

# BETA-SOLAR

Food supplement

| Nutritional information   | 1 capsule     |
|---|---------------|
| Beta-carotene   | 15 mg         |
| Astaxanthin   | 2 mg          |
| Lycopene  | 1 mg          |
| Lutein  | 2 mg          |
| L-tyrosine  | 100 mg        |
| Green tea extract (98% polyphenols, 80% catechins, 55% EGCG)      | 50 mg         |
| Patented complex of vitamin C and citrus bioflavonoids PureWay-C® | 88.9 mg       |
| including: vitamin C  | 80 mg (100%*) |
| Vitamin E   | 12 mg (100%*) |
| Selenium  | 27 µg (50%)   |
| Albion® zinc amino acid chelate                                   | 50 mg         |
| including: zinc   | 10 mg (100%*) |
| Albion® manganese amino acid chelate                              | 6.25 mg       |
| including: manganese  | 1 mg (50%*)   |
| Albion® copper amino acid chelate                                 | 10 mg         |
| including: copper   | 1 mg (100%*)  |
| L-cystine   | 10 mg         |
| Hyaluronic acid   | 1 mg          |

\*NRV – nutrient reference value



- complex composition of carotenoids like beta-carotene, astaxanthin, lutein and lycopene with green tea
- enriched with vitamins and minerals

➤ **Recommended use:** 1 capsule a day between meals.



30 CAPSULES

PACKAGE | SIZE

# PERFECT SKIN HYDRO-COMPLEX

Food supplement

| Nutrition information                                 | 1 capsule     |
|---|---------------|
| Collagen  | 300 mg        |
| Hyaluronic acid                                       | 25 mg         |
| Silica  | 10 mg         |
| Biotin  | 25 µg (50%*)  |
| Grape seed extract                                    | 50 mg         |
| including: 95% proanthocyanidin                       | 47.5 mg       |
| Green tea extract                                     | 50 mg         |
| including: 98% polyphenols, 80% catechins, 55% EGCG   |               |
| Patented vitamin C and citrus bioflavonoid PureWay-C® | 44.5 mg       |
| including: vitamin C                                  | 40 mg (50%*)  |
| Vitamin E   | 6 mg (50%*)   |
| Albion® selenium amino acid chelate                   | 2.5 mg        |
| including: selenium                                   | 0.025 mg      |
| Albion® zinc amino acid chelate                       | 37.5 mg       |
| including: zinc                                       | 7,5 mg (75%*) |
| Albion® copper amino acid chelate                     | 5 mg          |
| including: copper                                     | 0.5 mg        |
| Albion® manganese amino acid chelate                  | 6.25 mg       |
| including: manganese                                  | 1 mg          |
| Beta-carotene   | 1 mg          |
| Lycopene  | 1 mg          |
| L-Cistine   | 10 mg         |

\*NRV – nutrient reference value

84



30 CAPSULES

PACKAGE | SIZE

- composition with collagen, grape seed and green tea extracts
- enriched with vitamins and minerals like selenium and zinc

➤ **Recommended use:** 1 capsule a day.

# KOLAGEN ACTIV PLUS

Food supplement

| Nutrition information | 8 tablets       |
|-----------------------|-----------------|
| Collagen              | 7,2 g           |
| Vit. C                | 24 mg (30%*)    |
| Vit. B6               | 0,4 mg (30%*)   |
| Calcium               | 240 mg (30%*)   |
| Magnesium             | 112,5 mg (30%*) |

\*NRV – nutrient reference value



80 TABLETS

PACKAGE | SIZE

- easily assimilable collagen
- enriched with vitamins

👉 **Recommended use:** 4 tablets twice a day between meals.

# BIO-SILICA

Food supplement

| Nutrition information        | 2 capsules |
|------------------------------|------------|
| Horse Tail - Extract         | 400 mg     |
| Silica                       | 75 mg      |
| of which silicon             | 35 mg      |
| Nettle extract               | 200 mg     |
| collagen protein hydrolysate | 100 mg     |
| L-Cistine                    | 100 mg     |
| L-Methionine                 | 200 mg     |



30 CAPSULES

PACKAGE | SIZE

- nettle and horsetail extracts
- enriched with amino acids, complex of 12 vitamins, nettle and horsetail extracts

👉 **Recommended use:** 2 capsules a day.

# GOLD-SILICA 40+

Food supplement



30 TABLETS

PACKAGE | SIZE

## Nutrition information

1 tablet

|                              |         |
|------------------------------|---------|
| Field horsetail extract      | 250 mg  |
| Silica:                      | 35 mg   |
| including: silicon           | 13 mg   |
| Grape seed extract           | 13 mg   |
| including: proanthocyanidins | 14.2 mg |
| Common nettle extract        | 50 mg   |
| L-methionine                 | 50 mg   |
| Cystine                      | 50 mg   |
| Hyaluronic acid              | 5 mg    |
| Coenzyme Q10                 | 5 mg    |

- composition of herbal extracts, sulfur amino acids, vitamins and minerals
- enriched with grape seed extract, hyaluronic acid and coenzyme Q10. composition of herbal extracts, sulfur amino acids, vitamins and minerals

➤ **Recommended use:** 1 tablet daily during a meal.

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# BIO-SILICA MAX

Food supplement



30 TABLETS

PACKAGE | SIZE

## Nutrition information

1 tablet

|                         |         |
|-------------------------|---------|
| Field horsetail extract | 400 mg  |
| Silica:                 | 40 mg   |
| including: silicon      | 18,7 mg |
| Nettle extract          | 100 mg  |
| Cystine                 | 50 mg   |

- high dose of horsetail, standardized for the silica content
- enriched with extract of nettle, cystine, as well as a complex of vitamins and minerals

➤ **Recommended use:** 1 tablet daily during a meal.

# HIALUMAX DUO

Food supplement

|                              |                  |
|------------------------------|------------------|
| <b>Nutrition information</b> | <b>1 capsule</b> |
| Hyaluronic acid              | 40 mg            |



30 CAPSULES

PACKAGE | SIZE

- innovative food supplement providing daily diet with hyaluronic acid

➤ **Recommended use:** 1 capsule once a day.

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# EQUISETUM PLUS

Food supplement

|                              |                  |
|------------------------------|------------------|
| <b>Nutrition information</b> | <b>1 capsule</b> |
| Horsetail extract            | 500 mg           |
| including colloidal silica   | 40 mg            |

| <b>Nutrition information</b> | <b>1 tablet</b> | <b>% NRV*</b> |
|------------------------------|-----------------|---------------|
| Vitamin A                    | 800 µg          | 100 %         |
| Vitamin D                    | 5 µg            | 100 %         |
| Vitamin C                    | 80 mg           | 100 %         |
| Vitamin B1                   | 1,1 mg          | 100 %         |
| Vitamin B2                   | 1,4 mg          | 100 %         |
| Niacin                       | 16 mg           | 100 %         |
| Vitamin B6                   | 1,4 mg          | 100 %         |
| Folic acid                   | 200 µg          | 100 %         |
| Vitamin B12                  | 2,5 µg          | 100 %         |
| Biotin                       | 50 µg           | 100 %         |
| Pantothenic acid             | 6 mg            | 100 %         |

\*NRV – nutrient reference value



60 CAPSULES

PACKAGE | SIZE

- natural field horsetail extract supplemented with a complex of vitamins

➤ **Recommended use:** 2 capsules during meals



Slim figure



# CLA & GREEN TEA PLUS L-CARNITINE

Food supplement

| Nutrition information            | 2 capsules |
|----------------------------------|------------|
| Conjugated linoleic acid CLA 80% | 1000 mg    |
| of which CLA                     | 800 mg     |
| Green tea extract                | 400 mg     |
| of which EGCG                    | 132 mg     |
| L-carnitine                      | 200 mg     |



60 CAPSULES

PACKAGE | SIZE

- provides three active substances: Isomers of conjugated linoleic acid CLA, green tea extract standardized to epigallocatechingallate (EGCG) and L-carnitine
- **Recommended use:** 2 capsules after breakfast and 2 capsules 30 min before some physical effort.

# GREEN TEA

Food supplement

| Nutrition information        | 1 capsule |
|------------------------------|-----------|
| Green tea extract (55% EGCG) | 250 mg    |
| of which: EGCG               | 137,5 mg  |
| Polyphenols                  | 249 mg    |
| Catechins                    | 200 mg    |
| Caffeine                     | 4 mg      |



60 CAPSULES

PACKAGE | SIZE

- highly concentrated extract of green tea
- **Recommended use:** 1 capsule a day.

# THERM LINE FORTE

Food supplement



60 CAPSULES

PACKAGE | SIZE

- contains SINETROL - patented citrus extract with clinically proven effect and multi-ingredient herbal blend, caffeine and chromium

➤ **Recommended use:** 2 capsules twice a day 30 minutes before breakfast and dinner or physical training.

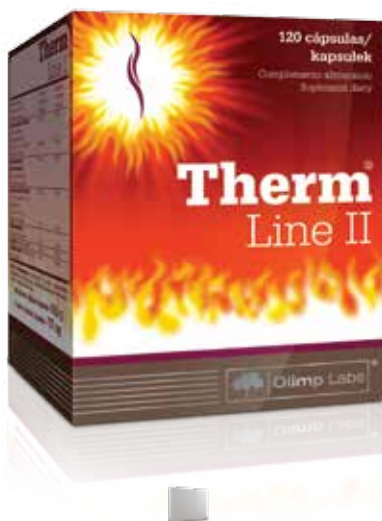
## Nutrition Information

|  | 4 capsules |
|--|------------|
| SINETROL® XPur patented extract,         | 40 mg      |
| 900 mg                                   |            |
| of which:                                |            |
| 90% polyphenols                          | 810 mg     |
| 20% of the flavanones                    | 180 mg     |
| Caffeine                                 | 27 mg      |
| Bitter orange extract                    | 333 mg     |
| of which 6% Synephrin                    | 20 mg      |
| Green tea extract (55% EGCG)             | 281 mg     |
| of which EGCG (Epigallocatechin Gallate) | 155 mg     |
| Guarana extract (22% caffeine)           | 241 mg     |
| of which caffeine                        | 240 mg     |
| Green coffee extract (50% ACG)           | 40 mg      |
| of which ACG (chlorogenic acids)         | 20 mg      |
| Ginger root extract                      | 40 mg      |
| of which 5% gingerols                    | 2 mg       |
| Cayenne pepper extract                   | 4 mg       |
| of which 8% capsaicin                    | 0,32 mg    |
| Black pepper extract                     | 3 mg       |
| of which 95% piperine                    | 2,85 mg    |
| L-tyrosine                               | 470 mg     |
| L-carnitine                              | 7 mg       |
| Chromium                                 | 150 µg     |
| Caffeine                                 | 160 mg     |

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# THERM LINE II

Food supplement



120 CAPSULES

PACKAGE | SIZE

## Nutrition information

|   | 4 capsules |
|---|------------|
| Green tea extract (55%)                     | 600 mg     |
| of which EGCG (Epigallocatechin Gallate)    | 330 mg     |
| Bitter orange extract (Citrus aurantium L.) | 330 mg     |
| Guarana extract (20%)                       | 500 mg     |
| Of which caffeine                           | 100 mg     |
| Caffeine anhydrous                          | 140 mg     |
| L-tyrosine                                  | 200 mg     |
| L-carnitine tartrate                        | 400 mg     |

- strongest food substances having a thermogenic effect

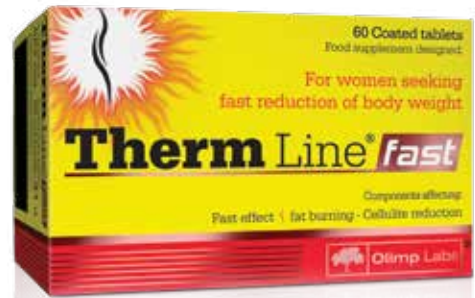
➤ **Recommended use:** 2 capsules twice a day.

# THERM LINE FAST

Food supplement

| Nutritional information                                   | 2 tablets |
|---|-----------|
| Nettle extract  | 500 mg    |
| Green tea extract   | 300 mg    |
| including: EGCG   | 165 mg    |
| Caffeine (anhydrous caffeine, green coffee and Sinetrol®) | 242,6 mg  |
| Cayenne pepper extract                                    | 80 mg     |
| including: capsaicin (8%)                                 | 6,4 mg    |
| Sinetrol®   | 40 mg     |
| Green coffee extract                                      | 20 mg     |
| including: chlorogenic acid (50%)                         | 10 mg     |

- properly balanced composition of ingredients for women seeking fast reduction in body weight
- ④ **Recommended use:** 1 tablet 2 times a day, with plenty of water, approximately 30 minutes before breakfast and lunch or workout.



60 TABLETS

PACKAGE | SIZE

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# THERM LINE HYDROFAST

Food supplement

| Nutrition information                                  | 2 tablets                |
|--|--------------------------|
| Nettle herb extract                                    | 400 mg                   |
| Bladderwrack extract, including: iodine                | 100 mg<br>160 µg (107%*) |
| Caffeine (from anhydrous caffeine and Sinetrol®)       | 202 mg                   |
| Dandelion root extract                                 | 150 mg                   |
| Chicory root extract                                   | 100 mg                   |
| Grape seed extract, including: proanthocyanidins (95%) | 90 mg<br>85,5 mg         |
| Sinetrol®  | 40 mg                    |
| Cayenne pepper extract                                 | 60 mg                    |
| including: capsaicin (8%)                              | 4,8 mg                   |
| Bioperine® black pepper extract                        | 2 mg                     |

\*NRV – nutrient reference value

- composition of plant ingredients with a synergistic effect
- ④ **Recommended use:** 1 tablet 2 times a day, with a large amount of water, approx. 30 minutes before breakfast and lunch or workout.

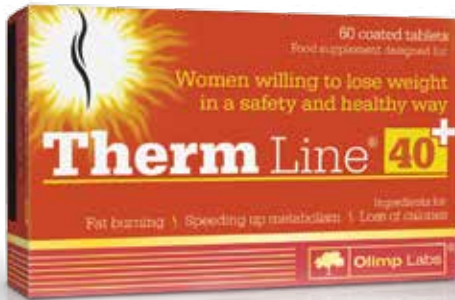


60 TABLETS

PACKAGE | SIZE

# THERM LINE 40+

Food supplement



60 TABLETS

PACKAGE | SIZE

## Nutrition information

1 tablet

|                              |              |
|------------------------------|--------------|
| Green tea extract (55% EGCG) | 105 mg       |
| including EGCG               | 57.5 mg      |
| Ginger extract               | 100 mg       |
| including gingerols          | 5 mg         |
| Cayenne pepper extract       | 70 mg        |
| including capsaicin          | 5,6 mg       |
| Guarana extract              | 15 mg        |
| SINETROL®                    | 10 mg        |
| Green coffee extract         | 5 mg         |
| Cinnamon extract             | 5 mg         |
| Chromium                     | 20 µg (50%*) |
| Caffeine                     | 4,75 mg      |

\*NRV – nutrient reference value

- plant ingredient composition – cayenne pepper extract with capsaicin green tea extract rich in EGCG, ginger and chromium
- **Recommended use:** 1 tablet twice a day with plenty of water about 30 minutes before breakfast, and lunch or workout.

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# THERM LINE ULTRA FAST

Food supplement



20 TABLETS

PACKAGE | SIZE

## Nutritional Information

1 tablet

|  |                |
|--|----------------|
| Extract from bitter orange fruits (Citrus aurantium L.), in which synephrine | 300 mg         |
| Extract from green tea leaves (Camellia sinensis L.)                         | 100 mg         |
| Extracts from guarana seeds (Paullinia cupana L.), in which caffeine (50%)   | 40 mg          |
| Ekstrakt z kłącza imbiru (Zingiber officinale L.)                            | 25 mg          |
| Caffeine (from anhydrous)  | 80 mg          |
| Niacin (mg NE)   | 8 mg (50%*)    |
| Chromium   | 100 µg (250%*) |

\*NRV – nutrient reference value

- Form of effervescent tablets
- composition of plant extracts, which, in combination with chromium and niacin, is ideal for people seeking to lose weight
- **Recommended use:** 1 tablet a day, approx. 30 minutes before breakfast, lunch or workout. 1 tablet should be dissolved in 200 ml of water.

# THERM LINE PRO

Food supplement

| Nutritional Information                        | 2 tablets                        |
|--|----------------------------------|
| Day tablet                                     |                                  |
| Vitacholine®                                   | 412,6 mg                         |
| of which: choline                              | 165 mg                           |
| Bitter orange extract                          | 300 mg                           |
| of which: synephrin                            | 20 mg                            |
| Green tea extract (55% EGCG)                   | 300 mg                           |
| Caffeine (anhydrous)                           | 240 mg                           |
| Ginger extract (5% gingerols)                  | 120 mg                           |
| Cayenne pepper extract (8% capsaicin)          | 60 mg                            |
| Black Pepper extract Bioperine® (95% piperine) | 5 mg                             |
| Chromium                                       | 120 µg (300%**)                  |
| Night capsule                                  | 2 capsules                       |
| Microcapsulated Lactic acid bacteria           |                                  |
| Lactobacillus rhamnosus GG                     | 4 mld (4x10 <sup>9</sup> CFU***) |
| Fruktooligosacharydy (FOS)                     | 60 mg                            |

\*NRV – nutrient reference value

\*\*\*CFU – Colony Forming Unit

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- A unique combination of a probiotic strain in the “night tablet” and a combination of thermogenic ingredients in the “day tablet”.

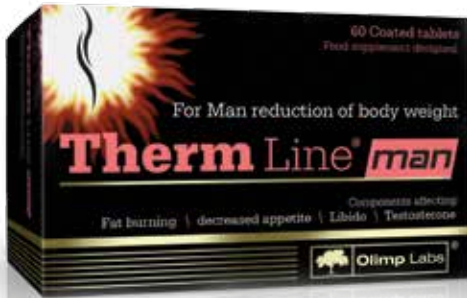
👉 **Recommended use:** Day tablet - 1 tablet two times daily with plenty of water, approximately 30min before a meal or workout.  
Night tablet - 2 capsules daily before a sleep with plenty of water.

30 CAPS & 30 TABS

PACKAGE | SIZE

# THERM LINE MAN

Food supplement



60 TABLETS

PACKAGE | SIZE

## Nutritional information

4 tablets

|   |                |
|---|----------------|
| Garcinia cambogia extract                   | 1250 mg        |
| including: hydroxycitric acid HCA           | 750 mg         |
| Bitter orange extract                       | 316 mg         |
| Caffeine (caffeine anhydrous and Sinetrol®) | 281,6 mg       |
| Gurmar leaf extract                         | 200 mg         |
| including: gymnemic acids (25%)             | 50 mg          |
| Korean ginseng extract                      | 200 mg         |
| including: ginsenosides (7%)                | 14 mg          |
| Cayenne pepper extract                      | 160 mg         |
| including: capsaicin (8%)                   | 12,8 mg        |
| Sinetrol <sup>†</sup>                       | 40 mg          |
| Niacin (mg NE)                              | 40 mg (250% *) |
| Black pepper extract (95% piperine)         | 30 mg          |
| Zinc  | 10 mg (100%*)  |
| Selenium                                    | 110 µg (200%*) |

\*NRV – nutrient reference value

- unique combination of ingredients which contribute to maintaining healthy weight and enhance men's libido

➤ **Recommended use:** 2 tablets 2 times a day, with plenty of water, approximately 30 minutes before breakfast and lunch or workout.

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# CHITOSAN + CHROMIUM

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

3 capsules

|                          |                |
|--------------------------|----------------|
| Chitosan (dietary fiber) | 1200 mg        |
| Chromium                 | 100 µg (250%*) |

\*NRV – nutrient reference value

- Chitosan + chromium isolated from crustacean shells
- enriched with chromium

➤ **Recommended use:** 1 capsule three times a day.

# APECONTROL

Food supplement

| Nutritional information                | 1 capsule        | 2 capsules        |
|--|------------------|-------------------|
| Garcinia cambogia extract              | 100 mg           | 200 mg            |
| of which: HCA hydroxycitric acid (60%) | 60 mg            | 120 mg            |
| Guarana extract                        | 100 mg           | 200 mg            |
| of which: caffeine (50%)               | 50 mg            | 100 mg            |
| White mulberry leaf extract            | 100 mg           | 200 mg            |
| Gurmar leaf extract:                   | 80 mg            | 160 mg            |
| of which: gymnema acids (25%)          | 20 mg            | 40 mg             |
| Chromium                               | 60 µg<br>(150%*) | 120 µg<br>(300%*) |

\*NRV – nutrient reference value

95

- composition of ingredients supporting weight control by eliminating the desire to snack and by regulating the metabolism of macronutrients
- garcinia cambogia extract
- guarana extract
- white mulberry leaf extract
- gurmar leaf extract

👉 **Recommended use:** 1-2 capsules daily with plenty of water, approximately 30 min before a meal



30 CAPS

PACKAGE | SIZE

# CHROMIUM ACTIV 200 µg

Food supplement



60 TABLETS

PACKAGE | SIZE

## Nutrition information

|          | 1 tablet       |
|----------|----------------|
| Chromium | 200 µg (500%*) |

\*NRV – nutrient reference value

- provides high class chromium - as many as 200 µg of ions in 1 tablet

➤ **Recommended use:** 1 tablet daily.

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# L-CARNITINE 500 FORTE PLUS

Food supplement



60 CAPSULES

PACKAGE | SIZE

## Nutrition information

|                        | 2 capsules     |
|------------------------|----------------|
| L-carnitine L-tartrate | 1490 mg        |
| of which: L-carnitine  | 1000 mg        |
| L-ornithine            | 100 mg         |
| L-arginine             | 60 mg          |
| Chromium               | 100 µg (250%*) |

\*NRV – nutrient reference value

- contains L-carnitine
- enriched with L-arginine, L-ornithine and chromium

➤ **Recommended use:** 2 capsules a day.



# GOLD L-CARNITINE 1000 + CHROMIUM *Food supplement*

| Nutrition information | 1 tablet        |
|-----------------------|-----------------|
| L-carnitine           | 1000 mg         |
| Chromium              | 40 µg (100% %*) |

\*NRV – nutrient reference value



- Form of effervescent tablets
- composition of L-Carnitine in combination with chromium is ideal for people seeking to lose weight

👉 **Recommended use:** 1 tablet daily. Dissolve 1 tablet in 200 ml of water.



20 TABS EFFERVESCENT

PACKAGE | SIZE



Joints support

# ARTIKON MSM

Food supplement

|  |                   |
|--|-------------------|
| <b>Methylsulfonylmethane (MSM)</b>                                     | <b>500 mg</b>     |
| <b>of which sulfur</b>   | 170 mg            |
| Collagen hydrolysate   | 50 mg             |
| Turmeric rhizome extract (Curcuma longa L.)<br>of which curcumin (75%) | 21 mg<br>15,75 mg |
| Vitamin C  | 20 mg (25%*)      |
| Native collagen type II  | 10 mg             |
| Manganese (from amino acid chelate, Albion®)                           | 1 mg (50%*)       |
| Vitamin D  | 20 µg (400%*)     |

\*NRVs – nutrient reference values.



30 CAPS

PACKAGE | SIZE

- 500mg MSM / Collagen Hydrolysate / Enriched with Mangan and vitamins C and D

➤ **Recommended use:** 1 capsule daily with plenty of water, after a meal

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# ARTHROBLOCK FORTE

Food supplement

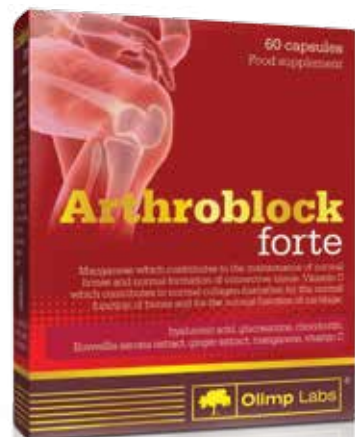
|   |                         |
|---|-------------------------|
| <b>Nutrition information</b>                                | <b>2 capsules</b>       |
| Glucosamine sulphate 2 KCL                                  | 1000 mg                 |
| including glucosamine sulphate                              | 750 mg                  |
| Chondroitin sulfate   | 200 mg                  |
| Hyaluronic acid   | 50 mg                   |
| Boswelia Serrata extract<br>(60% of boswellic acid)         | 100 mg                  |
| Zingiber extract (5% gingerols)                             | 100 mg                  |
| Vitamin C   | 60 mg (100%*)           |
| Albion® manganese amino acid chelate<br>including manganese | 12,5 mg<br>2 mg (100%*) |

\*NRV – nutrient reference value



- PROPER FUNCTIONING OF JOINTS
- contains a complex of ingredients such as ginger, boswellic acid, serrata extract and glucosamine, additionally enriched with vitamin C

➤ **Recommended use:** 1 capsule twice a day.

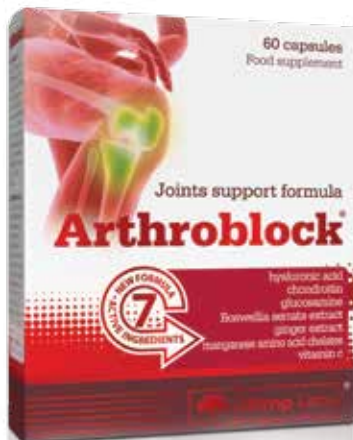


60 CAPSULES

PACKAGE | SIZE

# ARTHROBLOCK

Food supplement



60 CAPSULES

PACKAGE | SIZE

| Nutritional information                                  | 2 capsules              |
|--|-------------------------|
| Glucosamine sulphate 2KCl including glucosamine sulphate | 1000 mg<br>750 mg       |
| Chondroitin sulphate                                     | 100 mg                  |
| Hyaluronic acid  | 10 mg                   |
| Boswellia serrata extract (60% of boswellic acid)        | 50 mg                   |
| Zingiber extract (5% gingerols)                          | 50 mg                   |
| Vitamin C  | 20 mg (25%*)            |
| Albion® manganese amino acid chelate including manganese | 12,5 mg<br>2 mg (100%*) |

\*NRV – nutrient reference value



- innovative food supplement containing as many as 7 most important active components
- includes hyaluronic acid

➤ **Recommended use:** 2 capsules a day after a meal.

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# FLEXAGEN FORTE

Food supplement



60 TABLETS

PACKAGE | SIZE

| Nutrition information                          | 2 tablets       |
|--|-----------------|
| Collagen hydrolyzate, including:               | 900 mg          |
| Collagen type II                               | 450 mg          |
| Chondroitin sulphate                           | 90 mg           |
| Native collagen type II                        | 3 mg            |
| Glucosamine sulphate 2KCl, including:          | 200 mg          |
| Glucosamine sulphate                           | 150 mg          |
| Boswellia serrata extract (60% boswellic acid) | 100 mg          |
| Vitamin C                                      | 80 mg (100%*)   |
| Ginger extract (5% gingerols)                  | 50 mg           |
| Hyaluronic acid                                | 15 mg           |
| Manganese                                      | 2 mg (100%*)    |
| Copper   | 1000 µg (100%*) |

\*NRV – nutrient reference value

- Complex support for joints
- composition of carefully selected ingredients that support the proper joint function

➤ **Recommended use:** 2 tablets, swallowed with plenty of fluid

# FLEXAGEN

Food supplement

| Nutrition information                  | 1 dose (12g + 150ml of water) |
|--|-------------------------------|
| Collagen hydrolysate                   | 10 g                          |
| Native collagen type II                | 5 mg                          |
| <b>Vitamins and minerals:</b>          |                               |
| Vit C                                  | 12 mg (15%*)                  |
| Vit B6                                 | 0,21 mg (15%*)                |
| Calcium (from Calci-K™, Albion®)       | 210 mg (26,25%*)              |
| Phosphorus (from Calci-K™, Albion®)    | 105 mg (15%*)                 |
| Magnesium                              | 56,25 mg (15%*)               |
| Manganese (amino acid chelate Albion®) | 0,3 mg (15%*)                 |
| Copper (amino acid chelate Albion®)    | 150 µg (15%*)                 |

\*NRV – nutrient reference value

101



- innovative composition of two forms of collagen: native, type II
  - enriched with a complex of minerals: calcium and phosphorus, manganese, copper, magnesium and vitamins: C, B6.
- ⊙ **Recommended use:** Once a day, mix 1 sachet (12 g) of powder in 150 ml of fresh water.

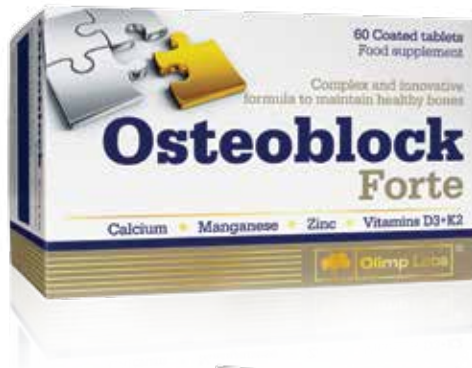


30 SACHETS

PACKAGE | SIZE

# OSTEOBLOCK FORTE

Food supplement



60 TABLETS

PACKAGE | SIZE

## Nutrition information

|   | 2 tablets       |
|---|-----------------|
| Calcium (from calcium carbonate and Albion® calcium amino acid chelate) | 1000 mg (125%*) |
| Zinc (from Albion® amino acid chelate)                                  | 10 mg (100%*)   |
| Manganese (from Albion® amino acid chelate)                             | 2 mg (100%*)    |
| Vitamin D   | 10 µg (200%)    |
| Vitamin K (menaquinone-7)   | 75 µg (100%*)   |

\*NRV – nutrient reference value



- complex of highly bioavailable minerals in the form of amino acid chelates
- enriched with vitamins

➤ **Recommended use:** 1-2 tablets a day, after a meal, or according to a physician's recommendation.

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# GLUCOSAMINE FLEX

Food supplement



60 CAPSULES

PACKAGE | SIZE

## Nutrition information

|                           | 3 capsules   |
|---------------------------|--------------|
| Glucosamine sulphate 2KCL | 2000 mg      |
| of which:                 |              |
| Glucosamine sulphate      | 1500 mg      |
| Potassium chloride        | 500 mg       |
| Vit. C                    | 60 mg (75%*) |

\*NRV – nutrient reference value

- contains glucosamine sulphate
- supports efficient joint functioning

➤ **Recommended daily dose:** 3 capsules during a meal.

# GLUCOSAMINE PLUS

Food supplement

| Nutrition information     | 2 capsules   |
|---------------------------|--------------|
| Glucosamine sulphate 2KCL | 1333,3 mg    |
| of which                  |              |
| Glucosamine sulphate      | 1000 mg      |
| Chondroitin sulphate      | 200 mg       |
| Vitamin C                 | 12 mg (15%*) |

\*NRV – nutrient reference value

- contains glucosamine sulphate, chondroitin sulphate and vitamin C
- enriched with vitamin C

👉 **Recommended use:** Take one capsule two times a day with meals.



60 CAPSULES

PACKAGE | SIZE

103

# GOLD GLUCOSAMINE 1000

Food supplement

| Nutrition information     | 1 capsule      |
|---------------------------|----------------|
| Glucosamine sulphate 2KCl | 950 mg         |
| including                 |                |
| Glucosamine               | 398 mg         |
| Vit. C                    | 30 mg (37,5%*) |

\*NRV – nutrient reference value

- HEALTHY JOINTS
- Glucosamine sulphate with vitamin C

👉 **Recommended daily intake:** 1 capsule once a day with water by the main meal.



60 CAPSULES

PACKAGE | SIZE



Pure herbs line



# ASHWAGANDHA

Food supplement

| Nutrition information | 1 capsule |
|-----------------------|-----------|
| Ashwagandha extract   | 300 mg    |
| of which vitanolides  | 15 mg     |



- contains Ashwagandha root extract (*Withania somnifera* L.)
- **Recommended use:** 1 capsule during a meal, with a sufficient amount of liquid.



30 CAPSULES

PACKAGE | SIZE

# CRANBERRY

Food supplement

| Nutrition information      | 1 capsule     |
|----------------------------|---------------|
| cranberry fruit extract    | 360 mg        |
| of which proanthocyanidins | 36 mg         |
| Vitamin C                  | 80 mg (100%*) |

\*NRV – nutrient reference value

- form of capsules containing high quality cranberry extract (*Vaccinium macrocarpon* Aiton), standardized to a 10% content of proanthocyanidins (PAC); with additional vitamin C.
- **Recommended use:** 1 capsule during a meal, with a sufficient amount of liquid.



30 CAPSULES

PACKAGE | SIZE

# HAWTHORN

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

1 capsule

|                                       |                |
|---------------------------------------|----------------|
| Hawthorn extract (crataegus monogyna) | 145 mg         |
| vitamin B1                            | 1,1 mg (100%*) |

\*NRV – nutrient reference value

- unique composition of ingredients supporting the heart
- high quality common hawthorn extract (Crataegus monogyna) with a standardized 5% content of flavones
- enriched with vitamin B1)

➤ **Recommended use:** 1 capsule during a meal, with a sufficient amount of liquid.

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# ARTICHOKE

Food supplement



30 CAPSULES

PACKAGE | SIZE

## Nutrition information

1 capsule

|                   |        |
|-------------------|--------|
| artichoke extract | 420 mg |
| of which cynarine | 21 mg  |

- high quality artichoke extract with a standardized 5% content of cynarine

➤ **Recommended use:** 1 capsule during a meal, with a sufficient amount of liquid.

# MELISSA

Food supplement

| Nutrition information         | 1 capsule      |
|-------------------------------|----------------|
| Melissa officinalis L extract | 320 mg         |
| pantothenic acid              | 3 mg (50%*)    |
| vitamin B1                    | 1,1 mg (100%*) |

\*NRV – nutrient reference value

- composition of high-quality components that ensure a positive mood during the day, and restful sleep at night
- 320mg of natural lemon balm extract in 1 capsule

👉 **Recommended use:** 1 capsule during a meal, with a sufficient amount of liquid.



30 CAPSULES

PACKAGE | SIZE

107

# WHITE MULBERRY

Food supplement

| Nutrition information                 | 1 capsule      |
|---------------------------------------|----------------|
| white mulberry extract (Morus alba L) | 350 mg         |
| Chromium                              | 40 µg (100 %*) |
| Selenium                              | 55 µg (100 %*) |

\*NRV – nutrient reference value

- composition of components supporting the normalization of blood sugar levels
- contains 350 mg of high quality white mulberry extract in 1 capsule!

👉 **Recommended use:** 1 capsule during a meal, with a sufficient amount of liquid.



30 CAPSULES

PACKAGE | SIZE

# NETTLE

Food supplement



30 CAPSULES

PACKAGE | SIZE

#### Nutrition information

nettle extract (*Urtica dioica* L.)

1 capsule

250 mg

- high quality nettle extract (*Urtica dioica* L.)

➤ **Recommended use:** 1 capsule during a meal, with a sufficient amount of liquid.

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# YOUNG BARLEY

Food supplement



30 CAPSULES

PACKAGE | SIZE

#### Nutrition information

young barley extract (*Hordeum vulgare* L.)

Chromium

1 capsule

500 mg

40 µg (100 %\*)

\*NRV – nutrient reference value

- high quality, natural extract of young shoots of green barley, additionally supplemented with chromium

➤ **Recommended use:** 1 capsule during a meal, with a sufficient amount of liquid.

# GREEN COFFEE

Food supplement

| Dietary information                             | 1 capsule    | 2 capsules    |
|---|--------------|---------------|
| Green coffee seed extract (50%ACG, 5% caffeine) | 600 mg       | 1200 mg       |
| Guarana seed extract (50% caffeine)             | 30 mg        | 60 mg         |
| Chromium  | 20 µg (50%*) | 40 µg (100%*) |

\*NRV – nutrient reference value

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- mixture of plant ingredients - green coffee seed extract, standardized for the 50% content of chlorogenic acid (ACG), and guarana seed extract; additionally fortified with chromium.

👉 **Recommended use:** 1 capsule when your body weight is lower than 70 kg, 2 capsules when your body weight is over 70 kg.



30 CAPSULES

PACKAGE | SIZE

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