



OLIMP PRODUCT CATALOG 2020



STAY STRONG.



**HIGHEST
QUALITY**

About company.

Olimp Laboratories has been created more than 29 years ago with one aim "to assure better comfort of life, strength, health and vitality for our customers". Since then, Olimp has become European leader in providing state-of-the-art sport nutrition formulas with advanced ingredients and unique composition. Unusual atmosphere of cooperation, friendship and mutual support result in modern and complex approach to our customers and market needs. Thanks to the determination and intensive research work, we are able to contribute to the healthy lifestyle, based on both sports activity and healthy and balanced diet. In-depth knowledge, experience and cooperation with professionals from the

field of nutrition and supplementation make our products unique and extremely effective, while maintaining their high quality and reliability.

Olimp Labs has a well-organized unit responsible for product development and research into new ingredients and formulas, provided with state-of-the-art R&D laboratories. We are also known for being one of the few supplements manufacturers, who obtained full GMP certificate, covering manufacturing operations and batch certification.

~30 YEARS
ON THE MARKET

>280
PRODUCTS
OF HIGHEST QUALITY

12.500
PALLET LOCATIONS

9.000 m²
OF WARE-
HOUSE SPACE

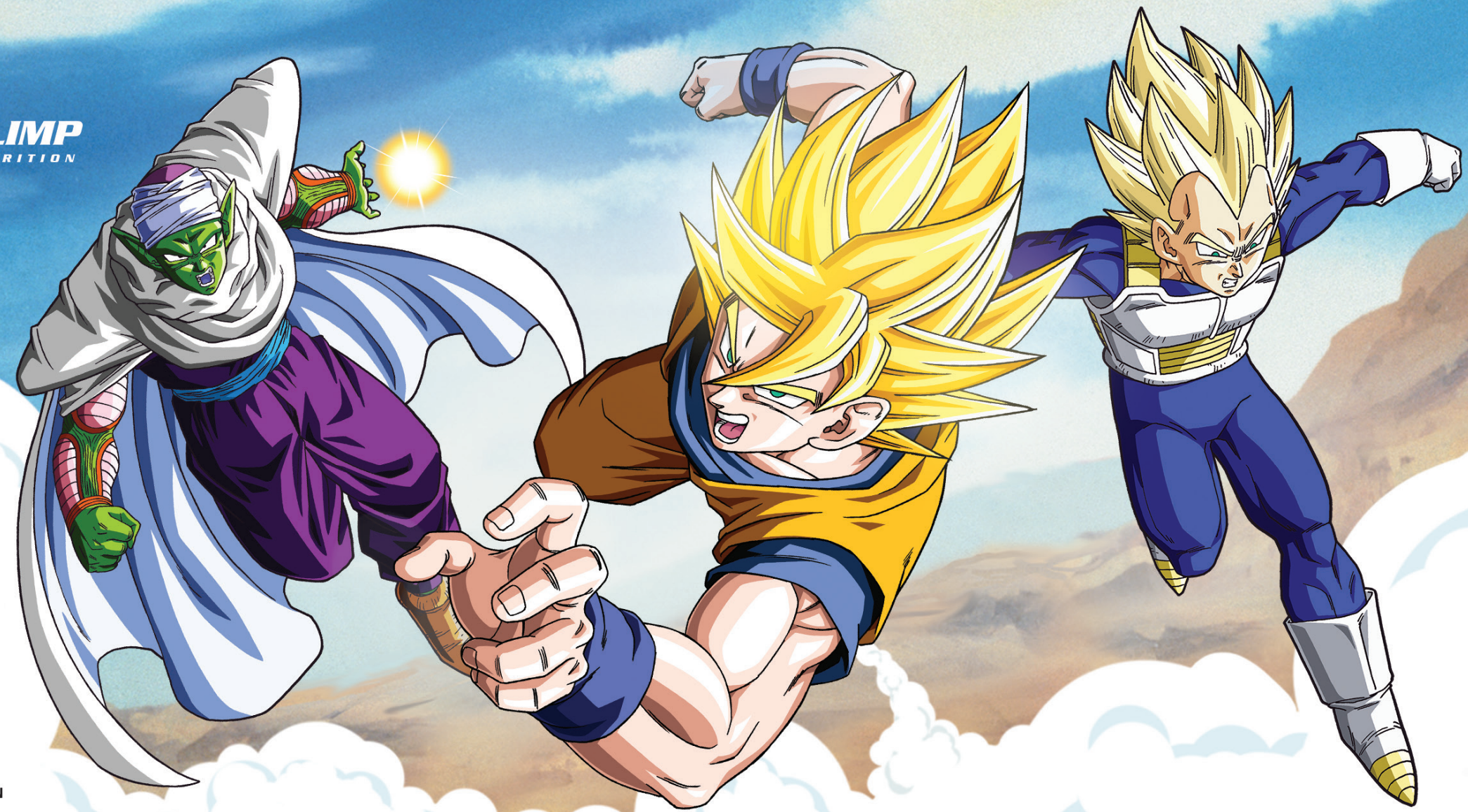


SHIME® Simulator of the Human Intestinal Microbial Ecosystem.



ONE OF THE 9 ARTIFICIAL DIGESTIVE SYSTEMS IN THE WORLD, AND THE ONLY ONE IN POLAND, AT SUCH AN ADVANCED LEVEL, IS LOCATED AT THE OLIMP LABORATORIES RESEARCH AND DEVELOPMENT CENTRE. IT ENABLES THE PERFORMANCE OF GROUND-BREAKING EXPERIMENTS WHICH COMBINE GUT MICROBIOTA DISORDERS WITH THE COURSE OF DIFFERENT DISEASES.

THE RESULTS OF THE STUDIES CONDUCTED AT OLIMP LABORATORIES, AS PART OF THESE ADVANCED EXPERIMENTS, ALSO ALLOW FOR THE ULTIMATE IMPROVEMENT OF THE QUALITY OF THE INTRODUCED PRODUCT INNOVATIONS.



DRAGON BALL Z

© B.S. / S., T.A.



LIMITED EDITION



4702 MG

ARMAGEDDON PUMP
FORMULA

5080 MG

BERSERKER'S
PERFORMANCE BLEND

12g / 1/2 DOSETTE

520 MG

RED FURY MATRIX

REDWEILER

FOOD SUPPLEMENT

RIP YOUR MUSCLES UP

PRODUCT CHARACTERISTICS

- Up to 80 portions per pack!
- A synergic effect of all ingredients;
- Real support in building lean muscle mass;
- Three powerful complexes – pump (AAKG, citrulline), strength (Beta-alanine) and concentration (caffeine).

Show how a real, murderous struggle with weights looks like. Crush others with your determination and astounding size of your hard, blood soaked and veins wired muscles.

PACKAGE/
SIZE/
PORTIONS



480g /
40 PORTIONS

AVAILABLE FLAVORS



BLUEBERRY LEMON



LIMONADE

SUPPLEMENT FACTS

Nutrition declaration	Per portion (12 g)
Armageddon Pump formula	4702 mg
L-arginine alpha-ketoglutarate	2200 mg
Citrulline malate	1500 mg
Sodium citrate of which: sodium	1000 mg (230 mg)
Vitamin B6	1,87 mg (133,4%**)
Berserker's Performance Blend	5080 mg
Beta-Alanine	2200 mg
Creatine monohydrate	1500 mg
Creatine malate (TCM tricarateine malate) of which: creatine	700 mg (1845 mg)
Calcium phosphate of which:	646 mg
calcium	281 mg (35 %*)
phosphorus	72,7 mg (10,4 %*)
Niacin (niacin equivalent)	32 mg (200%*)
Vitamin B1	1,84 mg (167%*)
Red FURY Matrix	520 mg
L-tyrosine	300 mg
Caffein	200 mg
Cayenne pepper extract of which: capsaicin	14 mg (1,1 mg)
Black pepper extract, of which piperine	6 mg (5,7 mg)

*%NRV - nutrient reference values

LIMITED EDITION

WHEY PROTEIN COMPLEX 100% WHEY



26 G

PROTEIN

3.9 G

CARBOHYDRATES

1.5 G

FAT

35 g / 1 SCOOP

WHEY PROTEIN COMPLEX 100%

FOOD SUPPLEMENT

ULTIMATE WHEY PROTEIN FORMULA

PRODUCT CHARACTERISTICS

- High nutritive value;
- CFM® isolate and whey protein concentrate contribute to the gaining or maintenance of muscle mass;
- Sensational and irresistible flavours.

Each serving of Whey Protein Complex 100% is packed with 26 grams of top-quality protein. We use both whey protein concentrate and whey protein isolate because your body digests them at a different rate. The high biological value of whey protein has made it well-known as the most valuable source of food proteins.

PACKAGE/
SIZE/
PORTIONS



700 g/
20 PORTIONS

2270 g/
64 PORTIONS

2270 g/
64 PORTIONS

AVAILABLE FLAVORS



WHITE CHOCOLATE & RASPBERRY



COOKIES CREAM



VANILLA

SUPPLEMENT FACTS

Nutrition declaration	Per portion (35 g)
Energy	566 kJ/ 134 kcal
Fat (of which saturated)	1,5 g (< 0,5 g)
Carbohydrates (of which sugars)	3,9 g (1,4 g)
Protein	26 g
Salt	0,30 g

LIMITED EDITION



6 G

BCAA

1 G

L-GLUTAMINE

2 MG

VIT. B6

10 g / 1 SCOOP

BCAA XPLODE POWDER

FOOD SUPPLEMENT

PERFECT FORMULA, DELICIOUS TASTE!

AVAILABLE FLAVORS



FOREST FRUIT



ICE TEA PEACH

PRODUCT CHARACTERISTICS

- As much as 6 g of the highest-quality BCAA in each portion;
- The formula enriched with L-glutamine;
- A fundamental supplement for every person practising sports;
- Problem-free solubility.

A composition of high quality branched chain amino acids (leucine, valine, isoleucine) in proportion of 2:1:1, enriched with L-glutamine and vitamin B6.

PACKAGE/
SIZE/
PORTIONS



500 g/
50 PORTIONS

SUPPLEMENT FACTS

Nutrition declaration	1 portion (10 g)
Energy	158,4 kJ/20,6 kcal
Fat (of which saturates)	0,02 g (0,02 g)
Carbohydrates (of which sugars)	0 g (0 g)
Protein	5,1 g
Salt	0,45 g
Vitamin B6	2 mg (143%*)
Branched chain amino acids BCAA* of which:	6 g
L-leucine	3 g
L-valine	1,5 g
L-isoleucine	1,5 g
L-glutamine	1 g

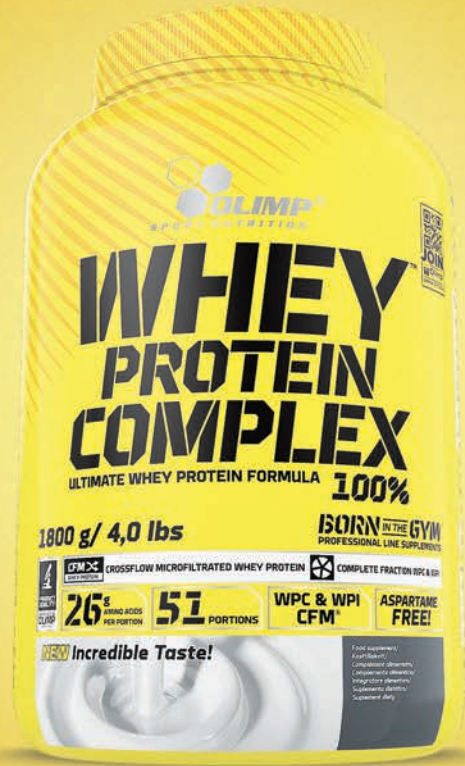
*%NRV - nutrient reference values

A photograph of a man in a gym, shirtless and wearing dark shorts, pulling a thick rope. The image is overlaid with a blue tint. In the center, the number '01.' is displayed in a large, white, sans-serif font.

01.

—PROTEINS.—

PROTEINS



26 G

PROTEIN

3.9 G

CARBOHYDRATES

35 g / 1 SCOOP

1.5 G

FAT

WHEY PROTEIN COMPLEX 100%

FOOD SUPPLEMENT

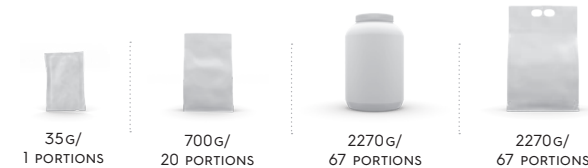
ULTIMATE WHEY PROTEIN FORMULA

PRODUCT CHARACTERISTICS

- High nutritive value;
- CFM® isolate and whey protein concentrate contribute to the gaining or maintenance of muscle mass;
- Sensational and irresistible flavours.

Each serving of Whey Protein Complex 100% is packed with 26 grams of top-quality protein. We use both whey protein concentrate and whey protein isolate because your body digests them at a different rate. The high biological value of whey protein has made it well-known as the most valuable source of food proteins.

PACKAGE/
SIZE/
PORTIONS



AVAILABLE FLAVORS



SUPPLEMENT FACTS

Nutrition declaration	Per portion (35 g)
Energy	566 kJ/ 134 kcal
Fat (of which saturated)	1,5 g (< 0,5 g)
Carbohydrates (of which sugars)	3,9 g (1,4 g)
Protein	26 g
Salt	0,30 g

WHEY

PROTEIN COMPLEX 100% DOUBLE CHOCOLATE

FOOD SUPPLEMENT

ULTIMATE WHEY PROTEIN FORMULA

26 G	3.9 G	1.5 G
PROTEIN	CARBOHYDRATES	FAT
37 G / 1 SCOOP		

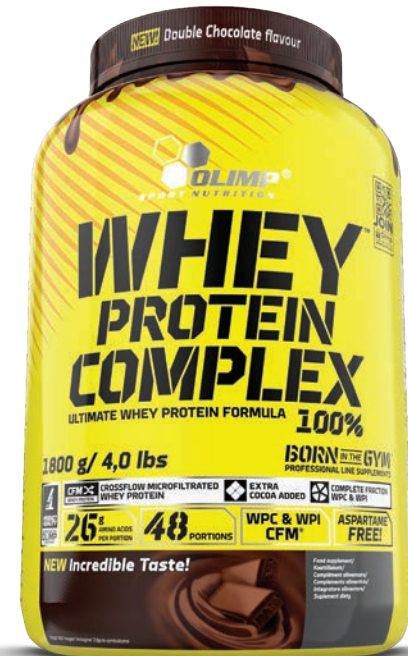
PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

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- Sensational and irresistible flavours.

Each serving of Whey Protein Complex 100% is packed with 26 grams of top-quality protein. We use both whey protein concentrate and whey protein isolate because your body digests them at a different rate. The high biological value of whey protein has made it well-known as the most valuable source of food proteins.



AVAILABLE
FLAVORS



DOUBLE
CHOCOLATE

SUPPLEMENT FACTS

Nutrition declaration	Per portion (37 g)
Energy	612 kJ/ 164 kcal
Fat (of which saturated)	2,3 g (< 0,3 g)
Carbohydrates (of which sugars)	4,4 g (1,9 g)
Protein	26 g
Salt	0,30 g

VEGGIE

PROTEIN COMPLEX

FOOD SUPPLEMENT

100% VEGANPROTEIN BLEND

20 G	1.5 G	1.7 G
PROTEIN	FIBRE (FOR NEUTRAL)	FAT
28 G / 1/2 SCOOP		

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- An ideal alternative to animal proteins;
- Natural additives of xylitol, stevia, or cocoa;
- A product dedicated to vegans and vegetarians;
- A portion contains as much as 20 g of amino acids (including BCAA);
- Three protein sources - peas, pumpkin seeds and brown rice.

NATURAL STRENGTH OF PLANTS -100% Natural Ingredients. Veggie Protein Complex protein combines all natural Pea protein, Rice Protein and Pumpkin Seeds protein. Made for active people, our Vegan Blend is a high protein shake for those who care about where their nutrients come from.



AVAILABLE
FLAVORS



CHOCOLATE



NATURAL

SUPPLEMENT FACTS

Nutrition declaration	Per portion (28 g)
Energy	454 kJ/ 109 kcal
Fat (of which saturated)	1,7 g (< 0,2 g)
Carbohydrates (of which sugars)	3,1 g (0,5 g)
Fibre	0,5 g/ 1,5 g*
Protein	20 g
Salt	0,50 g

* for neutral flavour

PURE WHEY ISOLATE 95

FOOD SUPPLEMENT

WHEY PROTEIN ISOLATE IN PUREST FORM

26 G	3.9 G	1.5 G
PROTEIN	CARBOHYDRATES	FAT
37 G / 1 SCOOP		

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- The protein supplement most often chosen by the Olimp Team athletes;
- High quality, pure whey protein isolate (WPI-CFM®);
- Ideal for people aiming to increase.

The highest quality, pure isolate of whey proteins (WPI). The high biological value of whey protein has made it well-known as the most valuable source of food proteins, especially for bodybuilders and athletes.



AVAILABLE FLAVORS



SUPPLEMENT FACTS

Nutrition declaration	Per portion (35 g)
Calories	516 kJ/ 123 kcal
Protein	30 g
Carbohydrates (of which sugars)	0,5 g (0,5 g)
Fat (of which saturated fatty acids)	0,5 g (0,5 g)
Dietary fibre	0 g
Sodium	0,29 g

100% NATURAL WHEY PROTEIN ISOLATE

FOOD SUPPLEMENT

HIGH QUALITY PURE WPI

26 G	<0.5 G	<0.5 G
PROTEIN	CARBOHYDRATES	FAT
30 G / 1 SCOOP		

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- High quality, pure whey protein isolate;
- 85% to 90% of protein in the product;
- Ideal for people aiming to increase growth and maintenance of muscle mass.

The highest quality, pure isolate of whey proteins (WPI). No aromas, thickeners, sweeteners and colours.



AVAILABLE FLAVORS



SUPPLEMENT FACTS

Nutrition declaration	Per portion (30 g)
Energy	480 kJ/ 115 kcal
Fat (of which saturated fatty acids)	<0,5 g (0,2 g)
Carbohydrates (of which sugars)	<0,5 g (<0,5 g)
Fibre	0 g
Protein	26 g
Salt	0,26 g

SOJAVIT 85

FOOD SUPPLEMENT

100% SOY PROTEIN ISOLATE

30g	0.35g	1g
PROTEIN	CARBOHYDRATES	FAT
35 g / 1 SCOOP		

PACKAGE/
SIZE/
PORTIONS



700 g/
20 PORTIONS

PRODUCT CHARACTERISTICS

- The highest quality pure soybean protein extract, supplemented with lecithin and L-carnitine;
- Has high nutritional value;
- Contributes to muscle mass gain and maintenance.

Pure isolate of soy proteins with lecithin and L-carnitine. Isolates of soy proteins are characterized by a high nutritional value.



AVAILABLE
FLAVORS



NATURAL

SUPPLEMENT FACTS

Nutrition declaration	Per portion (35 g)
Calories	543kJ/ 130 kcal
Protein	30 g
Carbohydrates (of which sugars)	0,35 g (0,1 g)
Fat (of which saturated fatty acids)	1 g (0,1 g)
Fibre	0 g
Sodium	0,5 g
Lecithin	161 mg
Choline	37 mg
Inositol	22 mg
L-carnitine	6 mg

PRO WHEY SHAKE

FOOD SUPPLEMENT

DELICIOUS MULTI PROTEIN FORMULA

21g	9.1g	1.9g
PROTEIN	CARBOHYDRATES	FAT
35 g / 1 SCOOP		

PACKAGE/
SIZE/
PORTIONS



700 g/
20 PORTIONS



2270 g/
65 PORTIONS

PRODUCT CHARACTERISTICS

- Advanced supplementation with the highest quality sources of protein;
- High content of BCAA amino acids;
- Three sources of protein: Isolate (WPI), concentrate (WPC) and hydrolysate (WPH) of milk whey fraction proteins.

The composition of all key peptide fractions of whey proteins comes from three forms: concentrate, isolate and hydrolysate. The product is designed for physically active people and sportsmen.



AVAILABLE
FLAVORS



CHOCOLATE



COOKIES
CREAM



STRAWBERRY



VANILLA

SUPPLEMENT FACTS

Nutrition declaration	Per portion (35 g)
Energy	579 kJ/ 138 kcal
Fat (of which saturated fatty acids)	1,9 g (1,9 g)
Carbohydrates (of which sugars)	9,1 g (4,2 g)
Fibre	0 g
Protein	21 g
Salt	0,22 g
L-glutamine	438 mg
Taurine	175 mg

100% NATURAL WHEY PROTEIN CONCENTRATE

FOOD SUPPLEMENT

100% PURE WPC

27 G	2.1 G	2.4 G
PROTEIN	CARBOHYDRATES	FAT

35 g / 1 SCOOP

PACKAGE/
SIZE/
PORTIONS



700 G/
20 PORTIONS

PRODUCT CHARACTERISTICS

- High quality of the raw material;
- Pure whey protein concentrate (WPC);
- Ideal for building pure muscle mass.

The product is intended for those with increased protein demand, who strive for development of muscular mass, especially physically active people and high-performance athletes.



AVAILABLE
FLAVORS



NATURAL

SUPPLEMENT FACTS

Nutrition declaration	Per portion (35 g)
Calories	577 kJ/ 138 kcal
Protein	27 g
Carbohydrates (of which sugars)	2,1 g (2,1 g)
Fat (of which saturated)	2,4 g (1,5 g)
Fibre	1,5 g
Salt	0 g

SYSTEM PROTEIN 80

FOOD SUPPLEMENT

UNIVERSAL HI-PROTEIN FORMULA

27 G	2 G	2.1 G
PROTEIN	CARBOHYDRATES	FAT

35 g / 1 SCOOP

PACKAGE/
SIZE/
PORTIONS



700 G/
20 PORTIONS



2200 G/
63 PORTIONS

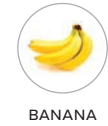
PRODUCT CHARACTERISTICS

- The product has been designed for all people showing an increased demand for protein;
- Generates the most effective shock wave of amino acids;
- Is ideal for the participants of endurance disciplines and martial arts sports, both in the preparatory period and during pre-start body weight reduction.

Source of top-quality, balanced animal protein. The exclusive composition and magical taste offered by System Protein 80® meets the requirements of everyone who exercises recreationally and has an increased demand for protein or just wants to build muscles.



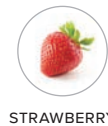
AVAILABLE
FLAVORS



BANANA



CHOCOLATE



STRAWBERRY



VANILLA

SUPPLEMENT FACTS + VITAMINS

Nutrition declaration	Per portion (35 g)
Energy	571 kJ/ 135 kcal
Fat (of which saturated)	2,1 g (0 g)
Carbohydrates (of which sugars)	2 g (1,4 g)
Fibre	0 g
Protein	27 g
Salt	0,26
Niacin	0,8 mg
Panthenotic acid	0,32 mg
Folic acid	11 µg
Biotin	2,6 µg
L-Carnitine	11 mg

Nutrition declaration	Per portion (35 g)
Vitamin A	42 µg
Vitamin B1	0,06 mg
Vitamin B2	0,07 mg
Vitamin B6	0,07 mg
Vitamin B12	0,13 µg
Vitamin C	4 mg
Vitamin D	0,26 µg
Vitamin E	0,6 mg

MICELLAR CASEIN

FOOD SUPPLEMENT

SLOW RELEASE FORMULA

23G	2.1G	1.4G
PROTEIN	CARBOHYDRATES	FAT

30 g / 1 SCOOP

PACKAGE/
SIZE/
PORTIONS



600g/
20 PORTIONS

PRODUCT CHARACTERISTICS

- Delicious protein shake for use after training;
- Prolonged time of absorption of the ingredients;
- Contains 93% micellar casein.

Micellar Casein is a perfect night protein, protecting the body against the destructive effect of hunger during the hours of sleep, ensuring the constant, regenerative supply of amino acids during this time.



AVAILABLE
FLAVORS



PEANUT
BUTTER



VANILLA
& PEAR



STRAWBERRY

SUPPLEMENT FACTS

Nutrition declaration	Per portion (30 g)
Energy	469 kJ/ 112 kcal
Fat (of which saturated)	1,4 g (1,4 g)
Carbohydrates (of which sugars)	2,1 g (2,1 g)
Fibre	0 g
Protein	23 g
Salt	0,33 g

DOMINATOR MEGA STRONG PROTEIN

FOOD SUPPLEMENT

TIME RELEASE HIGH PROTEIN FORMULA

30G	1.8G	1.8G	100MG	160MG
PROTEIN	FAT	CARBOHYDRATES	L-GLUTAMINE	TAURINE

40 g / 1/4 SCOOPS

PACKAGE/
SIZE/
PORTIONS



700g/
18 PORTIONS



2000g/
50 PORTIONS

PRODUCT CHARACTERISTICS

- A global rarity!;
- 5 protein sources;
- Mega Strong Protein™ – PROTEINS FOR PROFESSIONALS!;
- Mega Strong Protein™ sets modern trends for the quality and effectiveness of high-protein supplements.

The highest quality Slow-Mo-Pro® composition including valuable proteins (micellar casein, WPC, WPI - CFM®, ultrafiltrated egg protein, WPH, glutamine peptide) enriched with L-glutamine.



AVAILABLE
FLAVORS



CHOCOLATE



STRAWBERRY



VANILLA

SUPPLEMENT FACTS

Nutrition declaration	Per portion (40 g)
Calories	598 kJ/ 143 kcal
Protein	30 g
Carbohydrates (of which sugars)	1,8 g (1,8 g)
Fat (of which saturated fatty acids)	1,8 g (0,8 g)
Fibre	0 g
Sodium	0,1 g
Taurine	160 mg
L-glutamine	100 mg

PROVIT 80

FOOD SUPPLEMENT

ULTIMATE FORMULA OF WHEY PROTEIN

26G	3.9G	1.5G
PROTEIN	CARBOHYDRATES	FAT

35 g / 1 SCOOP

PACKAGE/
SIZE/
PORTIONS



700 g/
20 PORTIONS

PRODUCT CHARACTERISTICS

- A 96% protein complex;
- Excellent solubility;
- WPC + soy protein isolate;
- Exceptional flavour.

A nutrient that helps complete the diet with a powerful blend of whey protein. The high bioavailability of whey protein has made it very popular among bodybuilders and athletes as a primary source of protein.



AVAILABLE FLAVORS



CHOCOLATE



TIRAMISU



VANILLA

SUPPLEMENT FACTS

Nutrition declaration	Per portion (35 g)
Calories	518 kJ / 124 kcal
Protein	28 g
Carbohydrates (of which sugars)	0,8 g (0,8 g)
Fat (of which saturated)	1 g (<0,1 g)
Fibre	0 g
Sodium	0,5 g
Lecithin (of which: choline)	175 mg (40 mg)
Inositol	24 mg
L-carnitine	7 mg

GOLD BEEF PRO-TEIN

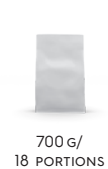
FOOD SUPPLEMENT

PREMIUM BEEF HYDRO PEPT FORMULA

31G	0.5G	<0.6G
PROTEIN FROM BEEF HYDROLYSATE	CARBOHYDRATES	FAT

35 g / 1 SCOOP

PACKAGE/
SIZE/
PORTIONS



700 g/
18 PORTIONS



1800g/
51 PORTIONS

PRODUCT CHARACTERISTICS

- Effectively affects the development of muscle mass and strength;
- Accelerates the rate of post-workout regeneration;
- Contains the highest quality protein concentrates of bovine origin and a full profile of proteinogenic amino acids.

A perfect combination of amino acids derived from high quality beef plasma proteins and beef protein hydrolysate.



AVAILABLE FLAVORS



COOKIES CREAM



STRAWBERRY



BLUEBERRY

SUPPLEMENT FACTS

Nutrition declaration	Per portion (35 g)
Energy	551 kJ/ 130 kcal
Fat (of which saturated fatty acids)	0,6 g (0,6 g)
Carbohydrates (of which sugars)	< 0,5 g (< 0,5 g)
Protein	31 g
Salt	0,8 g



02.

—GAINERS.—

GAINERS



15 G

PROTEIN

75 G

CARBOHYDRATES

1.5 G

CREATINE MONOHYDRATE

1.8 G

FAT

0.5 G

TAURINE

100 g / 2 SCOOPS

GAIN BOLIC 6000

FOOD SUPPLEMENT

GAIN YOUR MASS

PRODUCT CHARACTERISTICS

- Three completely different protein sources;
- Intensive build-up and real increase in muscle mass;
- Valuable additives in the form of creatine monohydrate and taurine;
- Carbohydrates in the form of dextrose and maltodextrin at varying rates of release.

Complex composition of properly compiled carbohydrates with differentiated glycemic index ratings and protein-mix, enriched with creatine monohydrate and taurine.

PACKAGE/
SIZE/
PORTIONS



AVAILABLE FLAVORS



CHOCOLATE



STRAWBERRY



VANILLA

SUPPLEMENT FACTS

Nutrition declaration	Per portion (100 g)
Energy	1597 kJ/ 376 kcal
Fat (of which saturated)	1,8 g (1,0 g)
Carbohydrates (of which sugars)	75 g (32 g)
Fibre	0 g
Protein	15 g
Salt	0,43 g
Creatine monohydrate	1500 mg
Taurine	500 mg

MAXMASS 3XL

FOOD SUPPLEMENT

ULTRA STRONG HARDGAINER FORMULA

12G	0.5G	2.27G	85G	2.5G
PROTEIN	FAT	CREATINE MONOHYDRATE	CARBOHYDRATES	TAURINE

100 g / 2 DOSETTES

PACKAGE/
SIZE/
PORTIONS



6000G/
60 PORTIONS

PRODUCT CHARACTERISTICS

- A unique composition of carbohydrates and complete proteins;
- A source of concentrated energy;
- The composition is supplemented with creatine monohydrate and taurine.

Product contains a set of suitably matched carbohydrates and full value proteins. The composition of all key peptide fractions of whey proteins comes from three forms: concentrate, isolate and hydrolysate. The product is completed with creatine monohydrate and taurine.



AVAILABLE FLAVORS



CHOCOLATE



STRAWBERRY



VANILLA

SUPPLEMENT FACTS

Nutrition declaration	Per portion (100 g)
Energy	1594 kJ / 379 kcal
Fat (of which saturated)	0,5 g (0,5 g)
Carbohydrates (of which sugars)	85 g (49 g)
Fibre	0 g
Protein	12 g
Salt	0,25 g
Creatine monohydrate	2270 mg
Taurine	2500 mg

PROFI MASS

FOOD SUPPLEMENT

LEAN MASS FORMULA

22.5G	20G	2.3G
PROTEIN	CARBOHYDRATES	FAT

50 g / 1,5 SCOOP

PACKAGE/
SIZE/
PORTIONS



1000G/
20 PORTIONS

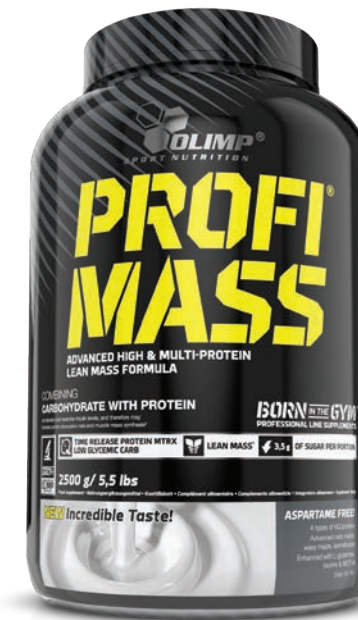


2500G/
50 PORTIONS

PRODUCT CHARACTERISTICS

- A supplement whose composition supports the gain of fat-free muscle mass;
- Contains a set of advanced complex carbohydrates;
- Protein formula based on concentrate (WPC), hydrolysate (WPH) and isolate (WPI).

A professional blend that intensifies the growth of lean muscle mass. Its foundation is a complex of advanced complex carbohydrates based on long-chain maltodextrins and an excellent multi-particle wax maize starch – Waxy Maize characterized by their low glycemic indexes. The carbohydrate base has additionally been supplemented with an advanced protein formula containing a matrix of easily assimilable concentrate, isolate, and hydrolysate of whey protein combined with the slowly-digested, exclusive micellar casein.



AVAILABLE FLAVORS



CHOCOLATE



STRAWBERRY



VANILLA



TIRAMISU



BANANA

SUPPLEMENT FACTS

Nutrition declaration	Per portion (50 g)
Energy	809 kJ/ 191 kcal
Fat (of which saturated)	2,3 g (1,9 g)
Carbohydrates (of which sugars)	20 g (3,5 g)
Fibre	0 g
Protein	22,5 g
Salt	0,125 g
Taurine	250 mg
L-glutamine	125 mg
MCT oil	350 mg

GAINERATOR

FOOD SUPPLEMENT

LOW GI ULTRA MASS FORMULA

16 G	56 G	572 MG	3904 MG	800 MG	1.6 G
PROTEIN	CARBOHYDRATES	FAT	BCAA'S	MCT OIL	CREATINE MONOHYDRATE

80 g / 2 SCOOPS

PACKAGE/
SIZE/
PORTIONS



1000 G/
12 PORTIONS



2700 G/
33 PORTIONS

PRODUCT CHARACTERISTICS

- Advanced formula out of concern for the desired body shape;
- A mixture of carbohydrates and complete animal proteins enriched with BCAA, creatine, MCT oil and vitamins;
- Ensures optimal absorption of sugars and amino acids in muscle cells.

Complex composition of properly compiled carbohydrates and valuable proteins (micellar casein, WPC, WPI, ultrafiltrated egg protein, WPH), enriched with amino acids: BCAA (L-leucine, L-valine, L-isoleucine) and L-glutamine, as well as with MCT oil and creatine Kre-Alkalyn®.



AVAILABLE FLAVORS



CHOCOLATE



STRAWBERRY



VANILLA

SUPPLEMENT FACTS

Nutrition declaration	Per portion (80 g)
Calories	1264 kJ / 302,4 kcal
Protein	16 g
Carbohydrates (of which sugars)	56 g (10 g)
Fat (of which saturated fatty acids)	1,6 g (0,4 g)
Fibre	0 g
Sodium	0 g
Branched chain amino acids BCAA of which:	3904 mg
L-leucine	1808 mg
L-isoleucine	1000 mg
L-valine	1096 mg
L-glutamine	3573 mg
MCT oil	800 mg
Buffered creatine monohydrate Kre-Alkalyn®	572 mg





03.

CARBOHYDRATES.

CARBOHYDRATES



47.5 G CARBOHYDRATES | 500 MG L-ARGININE

50 g / 1 SCOOP

CARBONOX

FOOD SUPPLEMENT

GLYCOGEN RECOVERY FORMULA

AVAILABLE FLAVORS



PINEAPPLE



LEMON



GRAPEFRUIT



ORANGE



STRAWBERRY

PRODUCT CHARACTERISTICS

- The best carbohydrate preparation on the market for over a decade;
- A unique composition based on the most effective sources of carbohydrate.

A composition of properly selected carbohydrates with differentiated particle size: maltodextrins, glucose and isomaltulose**, enriched with a complex of minerals, vitamins and L-arginine.

PACKAGE/ SIZE/ PORTIONS



1000 g/
20 PORTIONS



3500 g/
70 PORTIONS

SUPPLEMENT FACTS

Nutrition declaration	Per portion (50 g)
Energy	816 kJ / 192 kcal
Fat (of which saturated)	0 g (0 g)
Carbohydrates (of which sugars)	47,5 g (12,5 g)
Fibre	0 g
Protein	0,5 g
Salt	0,03 g
L-arginine HCl	500 mg

DEXTREX JUICE

FOOD SUPPLEMENT

DEXTROSE AND TAURINE MATRIX

19g	1g	37.4mg
CARBOHYDRATES	TAURINE	MAGNESIUM

40g / ½ SCOOP

PACKAGE/
SIZE/
PORTIONS

1000g/
25 PORTIONS

PRODUCT CHARACTERISTICS

- The entire formula facilitates the optimisation of creatine activity;
- A NEW, ENHANCED formula of the well-known Dextro Juice.

Dextrex Juice® is a well-conceived complex of pharmaceutical-grade dextrose, micronised taurine and a considerable amount of magnesium. The entire formula facilitates the optimisation of creatine activity, as well as bringing other benefits.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (40 g + 250 ml water)
Calories	622 kJ / 148,8 kcal
Protein	0 g
Carbohydrates (of which sugars)	37,2 g (37,2 g)
Fat (of which saturated)	0 g (0 g)
Fibre	0 g
Sodium	0 g
Taurine	2 g
Magnesium	75 mg (20%NRV*)

*%NRV - nutrient reference values

AVAILABLE FLAVORS



ORANGE



APPLE



LEMON

ISO PLUS POWDER

FOOD SUPPLEMENT

ISOTONIC SPORT DRINK

15g	50mg	192.5mg	85.7mg	25mg	12.6mg
CARBOHYDRATES	L-CARNITINE	L-GLUTAMINE	POTASSIUM	CALCIUM	MAGNESIUM

17,5g / 1,5 SCOOP

PACKAGE/
SIZE/
PORTIONS

1505g/
86 PORTIONS

700g/
40 PORTIONS

PRODUCT CHARACTERISTICS

- A precisely composed powdered concentrate for the preparation of isotonic drinks;
- Maximally hydrates the organism, restoring and maintaining the water and electrolyte balance during and after workout;
- The formula is enriched with L-carnitine, L-glutamine and vitamins that additionally support the organism during periods of prolonged effort.

Carbohydrate-electrolyte concentrate in powder with composition of important vitamins and minerals. It enhances the absorption of water during physical exercise and can contribute to the maintenance of endurance performance during prolonged endurance exercise.



AVAILABLE FLAVORS



ORANGE



TROPIC
BLUE



LEMON

SUPPLEMENT FACTS

Nutrition declaration	Per portion (17,5 g + 250 ml water)
Energy	255 kJ/ 60 kcal
Fat (of which saturates)	0 g (0 g)
Carbohydrates (of which sugars)	15 g (12 g)
Fibre	0 g
Protein	0 g
Salt	0,29 g

*%NRV - nutrient reference values

A muscular man is shown in a gym setting, performing a cable exercise. He is shirtless and wearing dark athletic pants and sneakers. The background is a blue-tinted image of a gym with various pieces of equipment. Overlaid on the image is a large, semi-transparent number '04.' in a light beige color.

04.

—AMINO ACIDS.—

AMINO ACID



9000 MG

AMINO ACIDS

1 PORTION / 6 TABS.

ANABOLIC AMINO 9000

FOOD SUPPLEMENT

WHEY AND CHICKEN AMINO PEPTIDES

PRODUCT CHARACTERISTICS

- A comprehensive protein product;
- 80% protein in each tablet;
- Animal proteins – whey and chicken proteins.

The product contains peptides, free amino acids complex from two excellent sources of animal proteins – whey and chicken proteins. The product is designed for sportsmen, who strive for development of muscular mass.

PACKAGE/
SIZE/
PORTIONS



300 TABS./
50 PORTIONS

SUPPLEMENT FACTS

Nutrition declaration	Per portion (6 tabs.)
Energy	206 kJ/ 49 kcal
Fat (of which saturated)	<0,5 g (0,3 g)
Carbohydrates (of which sugars)	0,5 g (<0,5 g)
Protein	11 g
Salt	0,27 g

MODEL AMINO ACIDS PROFILE:

Nutrition declaration	Per portion (6 tabs.)
Total amino acids of which:	10680 mg
L-Glutamic acid	1596 mg
* L-Leucine	749 mg
L- Aspartic acid	928 mg
* L-Lysine	735 mg
L-Proline	1026 mg
* L-Valine	455 mg
* L-Isoleucine	388 mg
* L-Threonine	491 mg
L-Alanine	821 mg
L-Serine	463 mg
* L-Phenylalanine	299 mg
L-Thyrosine	197 mg
L-Arginine	607 mg
L-Glycine	1410 mg
* L-Methionine	163 mg
* L-Histidine	150 mg
* L-Cysteine	121 mg
*L-Tryptophan	81 mg

* essential amino acids
*%NRV - nutrient reference values

ANABOLIC AMINO 5500

FOOD SUPPLEMENT

AMINO SYSTEM FORMULA

5500 MG	154 MG	0.7 MG
AMINO ACIDS	TAURINE	VIT. B6

1 PORTION / 6 CAPS.

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- A complex of peptides and free amino acids;
- Recommended for strength sport athletes and athletes in all disciplines requiring increased doses of energy, as well as for people recovering from injury and illness.

The product contains peptides, free amino acids complex (incl. an additional amount of BCAA - branched chain amino acids (L-leucine, L-valine, L-isoleucine), taurine and vit. B6. Protein contributes to the growth or maintenance of muscle mass.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (6 caps.)	Nutrition declaration	Per portion (6 caps.)
Calories	90 kJ / 22 kcal	L-Alanine	238 mg
Protein	5,3 g	L-Serine	184 mg
Carbohydrates	0 g	*L-Phenylalanine	160 mg
Fat	0,01 g	L-Thyrosine	160 mg
Model of amino acid profile	5500 mg	L-Arginine	136 mg
Total amino acids of which:		L-Glycine	88 mg
L-Glutamic acid	694 mg	L-Methionine	124 mg
*L-Leucine	946 mg	*L-Histidine	88 mg
L-Aspartic acid	484 mg	L-Cysteine	142 mg
*L-Lysine	424 mg	*L-Tryptophane	88 mg
L-Proline	232 mg	Taurine	154 mg
*L-Valine	460 mg	Vit. B6	0,7 mg (50%**)
*L-Isoleucine	454 mg		
*L-Threonine	244 mg		

* Exogenic amino acids
**%NRV - nutrient reference values

AMINO EAA XPLODE POWDER

FOOD SUPPLEMENT

UNIQUE COMPOSITION OF AMINO ACIDS

8430 MG	4663 MG
AMINO ACIDS	BCAA

12 g / 1 1/2 SCOOP

PACKAGE/
SIZE/
PORTIONS



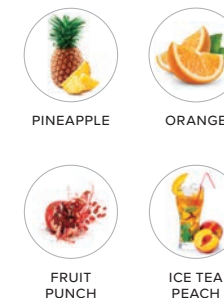
PRODUCT CHARACTERISTICS

- Only free, pharmaceutically pure forms of amino acids;
- Excellent solubility.

A composition of high quality, pharmaceutical pure amino acids. The product contains 8 essential amino acids (EAA) supported by another 5 amino acids (EAA Support) and enriched with additional portion of branched chain amino acids BCAA as well as with B group vitamins.



AVAILABLE
FLAVORS



SUPPLEMENT FACTS

Nutrition declaration	Per portion (12 g)	Nutrition declaration	Per portion (12 g)
Energy	188 kJ/ 44 kcal	1,3 L-tryptophan	16 mg
Fat (of which saturates)	< 0,5 g (< 0,1 g)	L-glutamic acid	227 mg
Carbohydrate (of which sugars)	< 0,5 g (< 0,5 g)	L-aspartic acid	132 mg
Protein	6,1 g	L-proline	76 mg
Salt	0,40 g	L-alanine	62 mg
Model Amino Acids Profile:		L-serine	62 mg
Total amino acids:	8 430 mg	L-arginine	30 mg
1,2 L-leucine	2 125 mg	3 L-tyrosine	30 mg
1,2 L-isoleucine	1 120 mg	L-cysteine	24 mg
1,2 L-valine	1 418 mg	Glycine	23 mg
1 L-lysine	1 325 mg		
1 L-threonine	683 mg		
1,3 L-phenylalanine	630 mg		
1 L-methionine	426 mg		
L-histidine	22 mg		

1 essential amino acids
2 branched chain amino acids
3 aromatic amino acids
#The variations of amino acid profile's values may occur.
This is typical for natural based products.

AAKG

XPLODE POWDER

FOOD SUPPLEMENT

ARGININE ALPHA KETOGLUTARATE IN POWDER

3750 MG

AAKG

5 G / 1 + 1/2 TBL. SPOON

PACKAGE/
SIZE/
PORTIONS

150 g/
30 PORTIONS

300 g/
60 PORTIONS

PRODUCT CHARACTERISTICS

The product delivers L-arginine in the well-available L-arginine alpha-ketoglutarate (AAKG) form to the common food pattern.



AVAILABLE
FLAVORS



ORANGE

SUPPLEMENT FACTS

Nutrition declaration	Per portion (5 g)
L-arginine alpha-ketoglutarate (AAKG)	3750 mg

AAKG EXTREME

MEGA CAPS

FOOD SUPPLEMENT

AAKG IN MEGA DOSAGE

1250 MG

AAKG

1 PORTION / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS

120 CAPS./
120 PORTIONS

300 CAPS./
300 PORTIONS

PRODUCT CHARACTERISTICS

- Reducing perceived fatigue;
- One capsule is 1250 mg of pure AAKG;
- Strengthening the natural regeneration and purification of the body;
- Improved muscle nutrition through increased NO* production.

Arginine is essential nutrient, which plays important role in creating active biological nutrients such as nitric oxide (NO). This supplement contains Arginine in the form of AAKG in mega dosage.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps.)
Arginine alpha ketoglutarate (AAKG)	1250 mg

AAKG 7500

EXTREME SHOT

FOOD SUPPLEMENT

MASSIVE DOSAGE PER AMPOULE

3750 MG

AAKG

12.5 ML / 1/2 AMPOULE

PACKAGE/
SIZE/
PORTIONS

1 AMPOULE/
2 PORTIONS

DISPLAY 20 AMPOULES/
40 PORTIONS

PRODUCT CHARACTERISTICS

- A huge dose of L-arginine;
- Perfect assimilability;
- Comfort of use.

The product delivers L-arginine in the well-available L-arginine alpha-ketoglutarate (AAKG) form. L-arginine is an essential amino acid, which plays important role in creating active biological nutrients such as nitric oxide (NO).



AVAILABLE
FLAVORS



GRAPEFRUIT



CHERRY

SUPPLEMENT FACTS

Nutrition declaration	Per portion (1/2 of ampule 12,5 ml)
L-arginine alpha-ketoglutarate (AAKG)	3750 mg

ARGI POWER

MEGA CAPS

FOOD SUPPLEMENT

ARGININE IN MEGA CAPS

1500 MG

L-ARGININE

1 PORTION / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS



120 CAPS./
120 PORTIONS

PRODUCT CHARACTERISTICS

- 1500 mg of the highest-quality pharmaceutically pure L-arginine HCl;
- A valuable additive to creatine stacks, creatine and its advanced forms One cap contains: L-arginine HCL 1500 mg.

The product delivers L-arginine to the common food pattern. The product is designed for physically active persons and high-performance athletes. It is also intended for sexually active men.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps.)
L-arginine HCl	1500 mg

L-GLUTAMINE POWDER

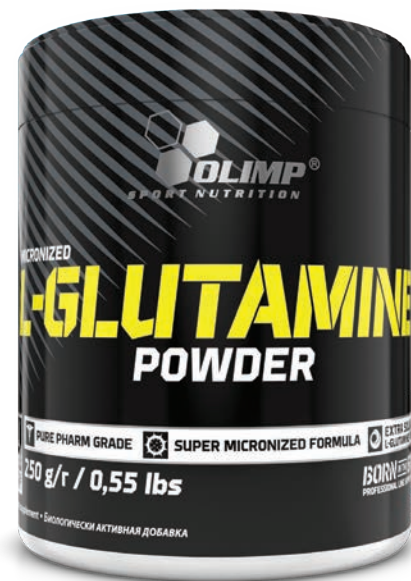
FOOD SUPPLEMENT

ULTIMATE GLUTAMINE STACK

4000 MG

L-GLUTAMINE

4g / 1 SCOOP



PACKAGE/
SIZE/
PORTIONS



250 g/
62 PORTIONS

PRODUCT CHARACTERISTICS

The product contains excellent quality, highly micronized L-glutamine.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (4 g)
Energy	68 kJ / 16 kcal
Fat (of which saturates)	0 g (0 g)
Carbohydrate (of which sugars)	0 g (0 g)
Protein	0 g
Salt	0,01 g
L-glutamine	4 g

BETA ALANINE CARNO RUSH

FOOD SUPPLEMENT

FEEL THE SHIVER OF REAL WORKOUT

2000 MG

BETA-ALANINE

100 MG

L-HISTIDINE HCL

0.7 MG

VIT. B6

1 PORTION / 2 CAPS.

PACKAGE/
SIZE/
PORTIONS



80 TABS./
20 PORTIONS

PRODUCT CHARACTERISTICS

- Recommended during the most exhausting trainings;
- Beta-alanine and L-histidine content delays the degenerative processes occurring during intense workouts;
- Prolongs the amount of time it takes for tiredness to kick in.

Smashing composition containing massive dosage of beta-alanine – up to 4000 mg in daily dosage. Besides this, you'll find L-histidine in this formula, which aids in carnosine synthesis.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 tabs.)
Beta-alanine	2000 mg
Sodium citrate	300 mg
of which sodium:	70,4 mg
L-histidine HCl	100 mg
Vitamin B6	0,7 mg (50%*)

*%NRV - nutrient reference values

BETA ALANINE XPLODE

FOOD SUPPLEMENT

CONQUER YOUR LIMITATIONS!

1300 G	220 MG	0.47 MG	40 MG	350 MG
BETA-ALANINE	CREATINE MONOHYDRATE	VIT. B6	HISTIDINE	SODIUM BICARBONATE

3 G / 1 SCOOPS

PACKAGE/
SIZE/
PORTIONS



420g/
46 PORTIONS

PRODUCT CHARACTERISTICS

- Recommended during the most exhausting trainings;
- Contributes to the reduction of the feeling of tiredness and fatigue;
- Intense fruit flavours.

This formula merges beta-alanine, creatine and vit. B6 in the Beta-Rush Formula. Moreover Intracellular acid transport system provides potassium salts of orthophosphoric acid and L-histidine. Extracellular acid transport system gives you confidence that main ingredients will be delivered exactly where they are needed, making this formula perfect pre-workout supplement.



AVAILABLE
FLAVORS



ORANGE

SUPPLEMENT FACTS

Nutrition declaration	Per portion (3 g)
Beta-RUSH workout formula:	1520mg
Beta-alanine	1300 mg
Creatine monohydrate (of which Creatine)	220 mg (193 mg)
Vitamin B6	0,47 mg (33%*)
Intracellular acid transport system:	300 mg
Potassium salts of orthophosphoric acid	260 mg
L-histidine HCl	40 mg
Extracellular acid transport system:	350 mg
Sodium bicarbonate (of which Sodium)	350 mg (95,8 mg)

*%NRV - nutrient reference values

INTRA XPLODE

FOOD SUPPLEMENT

AMINO INTRA WORKOUT FORMULA

300 MG	580 MG	4000 MG
BEEETROOT EXTRACT	ACETYL-L-CARNITINE HCL	BCAA

1 PORTION / 6 G

PACKAGE/
SIZE/
PORTIONS



500g/
55 PORTIONS

PRODUCT CHARACTERISTICS

INTRA X-plode is an innovative amino acid product with red beet extract, designed to boost endurance. Specially formulated ratio of 5:3:2 (L-valine, L-leucine, L-isoleucine).



AVAILABLE
FLAVORS



FRUIT PUNCH



GRAPEFRUIT

SUPPLEMENT FACTS

Nutrition declaration	Per portion (6 g)
Branched-chain amino acids BCAA of which:	4,0 g
L-valine	2,0 g
L-leucine	1,2 g
L-isoleucine	0,8 g
Acetyl-L-carnitine HCl of which:	0,58 g
l-carnitine	0,47 g
L-tyrosine	0,5 g
L-ornithine-L-aspartate of which:	0,5 g
L-ornithine	0,25 g
Phosphorus	130 mg (19%*)
Calcium	160 mg (20%*)
Sodium bicarbonate of which:	700 mg
Sodium	190 mg
Beetroot extract	0,3 g

*%NRV - nutrient reference values

GOLD SALMON

12000 AMINO

FOOD SUPPLEMENT

UNIQUE NORTH ATLANTIC SALMON PEPTIDES

5361 MG

AMINO ACIDS FROM SPH

1 PORTION / 4 TABS..

PACKAGE/
SIZE/
PORTIONS



300 TABS./
75 PORTIONS

PRODUCT CHARACTERISTICS

- Hypoallergenic salmon hydrolysate providing instantly assimilable amino acids;
- High exogenous amino acid content (EAA) including BCAA;
- Trace fat content, without a fishy smell.

Highest quality North Atlantic salmon protein hydrolysate (SPH, ProGo™), providing instantly absorbable amino acids with the optimum profile.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (4 tabs.)
Energy value	104 kJ/25 kcal
Fat (including saturated fatty acids)	< 0,1 g (< 0,1 g)
Carbohydrates (including: sugars)	< 0,5 g (< 0,5 g)
Fibre	0 g
Protein	6 g
Salt	0,3 g

GOLD CHICKEN-PRO

AMINO 9000

FOOD SUPPLEMENT

EXCLUSIVE PURE CHICKEN AMINO ACIDS

9403 MG

CHICKEN AMINO ACIDS

2766 MG

EAA

759 MG

L-PROLINE

1 PORTION / 6 TABS.

PACKAGE/
SIZE/
PORTIONS



300 TABS./
50 PORTIONS

PRODUCT CHARACTERISTICS

- Recommended for people leading an active lifestyle – as an additional source of protein;
- A big dose of EAA and BCAA amino acids – more than 9000 mg portions;
- Easily digestible, is absorbed quickly.

380% more concentrated than chicken breast, ultra digestible hydrolyzed for easy absorption. Contains L-proline an important compound responsible for tissue repair especially collagen involved for joint formation.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (6 tabs.)
Energy	177 kJ/42 kcal
Fat (of which saturates)	< 0,5 g (0,3 g)
Carbohydrates (of which sugars)	< 0,5 g (< 0,5 g)
Fibre	0 g
Protein	8,1 g

GOLD BEEF-PRO AMINO

FOOD SUPPLEMENT

SUPERIOR BEEF AMINOS COMPLEX

11744 MG

AMINO ACIDS

1 PORTIONS / 6 TABS.



PACKAGE/
SIZE/
PORTIONS

300 TABS./
50 PORTIONS

PRODUCT CHARACTERISTICS

- Recommended for strength discipline athletes building their muscle mass and endurance sports competitors;
- Contains the highest quality, contamination-free protein concentrates of bovine origin;
- Contains a full profile of proteinogenic amino acids with strong anabolic and anticatabolic action.

An essentially and functionally groundbreaking product, a source of beef amino acids from the highest quality beef protein hydrolysate.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (6 tabs.)
Energy	207 kJ/49 kcal
Fat	< 0,5 g
including saturated fatty acids	< 0,1 g
Carbohydrates	< 0,5 g
including sugars	< 0,5 g
Fiber	0 g
Protein	12 g
Salt	0,07 g

GOLD BEEF-PRO PLASMA

FOOD SUPPLEMENT

BEEF PLASMA AMINO ACIDS

6444 MG

BEEF PLASMA AMINO ACIDS

1 PORTIONS / 6 TABS.



PACKAGE/
SIZE/
PORTIONS

300 TABS./
50 PORTIONS

PRODUCT CHARACTERISTICS

- Recommended for people subjected to extremely exhausting physical training;
- Accelerates the rate and efficiency of post-workout regeneration;
- Fulfills the highest standards for high-protein products.

The latest generation of serum as a source of amino acids from beef plasma proteins.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (6 tabs.)
Energy	213 kJ/51 kcal
Fat	< 0,5 g
including saturated fatty acids	< 0,1 g
Carbohydrates	< 0,5 g
including sugars	< 0,5 g
Fiber	0 g
Protein	10,5 g
Salt	1,2 g

*%NRV - nutrient reference values

A person in a dark long-sleeved shirt and dark pants is crouching in a gym, holding a thick, braided rope. The background shows a gym with large windows and metal frames. A large, semi-transparent white '05.' is overlaid on the center of the image.

05.

PRE WORKOUTS.

PRE WORKOUTS



2400 MG

L-CITRULLINE

200 MG

GRAPE SEED EXTRACT

200 MG

ACETYL-L-CARNITINE HCL

1000 MG

N-ACETYL-L-TYROSINE

300 MG

SAGE EXTRACT

60 ML / 1 AMPOULE

R-WEILER

FOCUS SHOT

FOOD SUPPLEMENT

IMPROVE YOUR CONCENTRATION AND FOCUS
DEFEAT TIREDNESS AND PERFORM UP TO THE NINES!

PRODUCT CHARACTERISTICS

- Innovative formula of high-quality active ingredients
- Support for physical and cognitive functions - caffeine and theanine
- Fast and effective action
- Stimulation, concentration, alertness (caffeine)

Discover R-weiler Focus Shot by Olimp Sport Nutrition – one-time pre-workout shot which will help you reach the top of your abilities! Feel the maximum stimulation! Concentrate and sharpen your senses during and after the workout!

PACKAGE/
SIZE/
PORTIONS



60 ML /
1 PORTIONS



DISPLAY 20 AMPOULES /
20 PORTIONS

AVAILABLE FLAVORS



FRUIT & MINT

SUPPLEMENT FACTS

Nutrition declaration	Per portion (60 ml.)
L-citrulline	2400 mg
Acetyl-L-carnitine	200 mg
of which L-carnitine	159 mg
Grape seed extract	200 mg
N-acetyl-L-tyrosine	1000 mg
of which L-tyrosine	812 mg
L-theanine	400 mg
Caffeine	200 mg
Sage extract	300 mg
Peppermint oil	2,5 mg

*%NRV - nutrient reference values

R-WEILER FOCUS

FOOD SUPPLEMENT

IMPROVE YOUR CONCENTRATION AND FOCUS.
DEFEAT TIREDNESS AND PERFORM
UP TO THE NINES!

250 MG	150 MG	150 MG	75 MG
N-ACETYL-L-TYROSINE	RHODIOLA ROSEA EXTRACT	BACOPA MONNIERI EXTRACT	SCHISANDRA CHINENSIS EXTRACT

12g / 1 SCOOP

PACKAGE/
SIZE/
PORTIONS

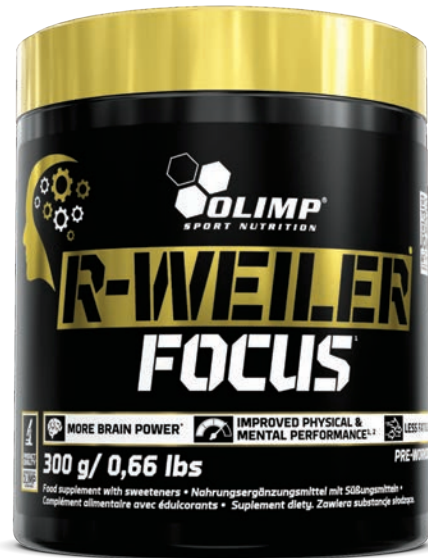


300 g/
25 PORTIONS

PRODUCT CHARACTERISTICS

- An innovative formula which combines pre-workout supplement and nootropics!
- Increase in physical performance during workouts (creatine)
- Support of cognitive functions (Bacopa monnieri and Rhodiola rosea extracts)
- Concentration and increase of alertness (caffeine)

Support your focus, concentration, cognitive and exercise skills. Choose R-weiler Focus - a new dietary supplement by Olimp Sport Nutrition This is an innovative combination of a pre-workout supplement and nootropics, a part of the unique "Health Brain" product line!



AVAILABLE
FLAVORS



CRANBERRY JUICE



COLA

SUPPLEMENT FACTS

Nutrition declaration	Per portion (12g)
Creatine monohydrate 3400 mg	3400 mg
of which creatine	3000 mg
L-citrulline 2400 mg	2400 mg
L-arginine	620 mg
N-acetyl-L-tyrosine	250 mg
of which L-tyrosine	203 mg
Rhodiola rosea extract	150 mg
of which salidroside	6 mg
Bacopa monnieri extract	150 mg
of which bacosides	30 mg
Caffeine	150 mg
Schisandra chinensis extract	75 mg
of which schizandrins	6,75 mg
Taurine	1000 mg
Beta-alanine 500 mg	500 mg

CITRULLINE MALATE

FOOD SUPPLEMENT

AN EXTREMELY BULKY PORTION
OF CITRULLINE MALATE!

8 G	2,46 MG
CYTRULLINE MALATE	VITAMINE B6

9g / 3 SCOOPS

PACKAGE/
SIZE/
PORTIONS



200 g/
22 PORTIONS

PRODUCT CHARACTERISTICS

- Your diet supplemented with a massive portion of citrulline malate - as much as 8.1g, including 4.6g of pure citrulline.
- Help in reducing fatigue and tiredness (vitamin B6)
- Positive influence on proper nervous system functioning (vitamin B6)
- Maintaining of a proper energy-yielding metabolism (vitamin B6)
- A pre-workout supplement of an amazing taste

Citrulline Malate – a novelty in the Olimp Sport Nutrition offer! This dietary supplement contains a high but safe portion of citrulline malate additionally supplemented with vitamin B6.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (6 g)
Citrulline malate	8,1 g
of which L-citrulline	4,6 g
Vitamin B6	2,46 mg

PUMP SHOT

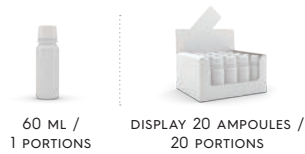
FOOD SUPPLEMENT

LIQUID PUMP DETONATE FORMULA

5000 MG	1000 MG	400 MG	50 MG
L-L-CITRULLINE	L-ARGININE	SAGE EXTRACT	BACOPA MONNIERI EXTRACT

60 ML / 1 AMPOULE

PACKAGE/
SIZE/
PORTIONS



60 ML / 1 PORTIONS
DISPLAY 20 AMPOULES / 20 PORTIONS

PRODUCT CHARACTERISTICS

- Pre-workout in a shot with no caffeine added!
- Increases concentration and supports memory (Bacopa monnieri);
- Super muscle pump effect (L-arginine, L-citrulline).

Olimp presents Pump Xplode Shot, a dietary supplement in the form of a tasty liquid in a small ampoule to make it even easier to take. It is an ideal support for intensive physical exercise and daily diet!



AVAILABLE
FLAVORS



FRUIT PUNCH



ORANGE

SUPPLEMENT FACTS

Nutrition declaration	Per portion (60 ml.)
L-citrulline	5000 mg
L-arginine	1000 mg
Sage extract	400 mg
Bacopa monnieri extract of which:	50 mg
Bacosides 20%	10 mg
Vitamin B6	0,21 mg (15%*)

*%NRV - nutrient reference values

PUMP XPLODE

FOOD SUPPLEMENT

PUMP DETONATE FORMULA

3000 MG	2000 MG	1000 MG
L-CITRULLINE	AAKG	BETA ALANINE

9 g / 1 SCOOP

PACKAGE/
SIZE/
PORTIONS

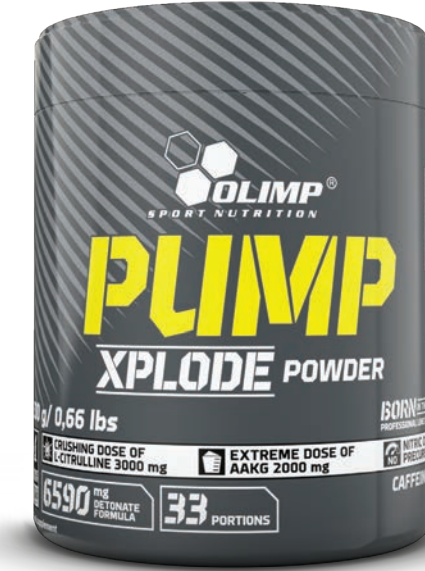


300 G/
33 PORTIONS

PRODUCT CHARACTERISTICS

- No risk of sleep problems;
- A pre-workout supplement without caffeine addition;
- Black-pepper extract supports the absorption of ingredients;
- High doses of popular NO boosters (AAKG1, citrulline2).

High portion of L-citrulline, L-arginine and beta-alanine, with black pepper extract (Piper nigrum L.) and B vitamins.



AVAILABLE
FLAVORS



FRUIT PUNCH



COLA

SUPPLEMENT FACTS

Nutrition declaration	Per portion (9 g)
L-citrulline	3000 mg
L-arginine alpha-ketoglutarate (of which L-arginine)	2000 mg (1345 mg)
Beta-alanine	1000 mg
Sodium citrate (of which sodium)	566 mg (133 mg)
Niacin (mg NE)	16 mg (100%*)
Black pepper extract (Piper nigrum L.) (of which piperine 95%)	5 mg (4,75 mg)
Vitamin B6	1,7 mg (121%*)
Thiamin (wit. B1)	1,2 mg (109%*)
Vitamin B12	2,5 µg (100%*)

*%NRV - nutrient reference values

BLACKWEILER SHRED

FOOD SUPPLEMENT

ULTIMATE BLAZE PUMP 1'STPRE-SHREDING FORMULA

2101 MG	1283 MG	485 MG
FORMULE ARMAGEDDON PUMP	FORMULE ENERGY STORM*	MATRICE INFERNO SHREDDING
6g / 1/2 SCOOP		

PACKAGE/ SIZE/ PORTIONS



480 g / 80 PORTIONS

PRODUCT CHARACTERISTICS

- Armageddon Pump formula 2101 mg.
- Energy Storm Formula* 1283 mg.
- Inferno Shredding Matrix 485 mg.

You will feel the "dark" power of BLACKWEILER SHRED, which will light you up from the inside. Nothing can stop you now before undergoing the best training in your life! You stay together, you and your new ally in the struggle for the building of your dreams.



AVAILABLE FLAVORS



EXOTIC ORANGE

SUPPLEMENT FACTS

Nutrition declaration	Per portion (6 g)	Nutrition declaration	Per portion (6 g)
Armageddon Pump formula	2101 mg	Caffeine	100 mg
L-arginine alpha-ketoglutarate	1100 mg	Cacao extract (Theobroma cacao L.)	70 mg
of which: L-arginine	721 mg	of which: theobromine (20%)	14 mg
Sodium citrate (of which sodium)	500 mg (115 mg)	Ginger extract (Zingiber officinale Rosc.)	50 mg
Vitamin B6	0,93 mg (66%*)	of which: gingerols (5%)	2,5 mg
Energy Storm Formula*	1283 mg	Green tea extract	50 mg
Beta-alanine	1100 mg	of which: EGCG (55%)	27,5 mg
Calcium	93,7 mg	Black pepper extract	10 mg
Phosphorus	72,7 mg	of which: piperine (95%)	9,5 mg
Niacin (mg NE)	16 mg (100%*)	Cayenne pepper extract	5 mg
Thiamin (vit. B1)	0,92 mg (84%*)	of which: capsaicin (8%)	0,4 mg
Inferno Shredding Matrix	485 mg		
Wasabi extract	200 mg		

*%NRV - nutrient reference values

BLACKWEILER SHRED SHOT

FOOD SUPPLEMENT

INFERNO SHIVER RUSH 1ST PRE-SHRED SHOT!

100 MG	193 MG	2000 MG
WASABI	COFFEIN	BETA ALANINE
20 ML / 1/2 AMPOULE		

PACKAGE/ SIZE/ PORTIONS



60 ML / 1 PORTIONS



24 AMPOULE / 24 PORTIONS

PRODUCT CHARACTERISTICS

- Armageddon formula;
- Energy storm* formula;
- Inferno shredding matrix.

Composition of caffeine, beta-alanine and niacin with plant extracts: wasabi extract, ginger extract, black pepper extract and cayenne pepper extract.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (1/3 of ampoule)
Beta-alanin	2000 mg
Coffein	193 mg
Wasabi Extract	100 mg
Ginger Extract	16,6 mg

AVAILABLE FLAVORS



LEMON APPLE



CITRUS PUNCH



R-WEILER SHOT

FOOD SUPPLEMENT

RIP YOUR MUSCLES UP

3000 MG	1000 MG	290 MG	125 MG	4.2 MG
BETA-ALANINE	TAURINE	CAFFEINE	L-TYROSINE	CAYENNE PEPPER

30 ML / ½ AMPOULE

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- Legendary pre-workout supplement in the form of a shot!
- Synergy of ingredients;
- Solid support while building muscle mass;
- Relieves fatigue and boosts energy (caffeine).

Liquid version of Olimp's one of the most popular PWO's - the Redweiler. Specially redesigned formula which aims to give you more stimulation and energy during even most demanding workout.



AVAILABLE
FLAVORS



RAGING
COLA



ORANGE
JUICE

SUPPLEMENT FACTS

Nutrition declaration	Per portion (½ of the ampoule (30 ml))
Beta-alanine	3000 mg
Taurine	1000 mg
Caffeine	290 mg
L-tyrosine	125 mg
Cayenne pepper extract: (Capsicum annum L.)	4,2 mg

REDWEILER

FOOD SUPPLEMENT

RIP YOUR MUSCLES UP

4702 MG	5080 MG	520 MG
FORMULE ARMAGEDDON PUMP	BERSERKER'S PERFORMANCE BLEND	RED FURY MATRIX

12 G / ¾ SCOOP

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- Up to 80 portions per pack!;
- A synergic effect of all ingredients;
- Real support in building lean muscle mass;
- Three powerful complexes – pump (AAKG, citrulline), strength (Beta-alanine) and concentration (caffeine).

Show how a real, murderous struggle with weights looks like. Crush others with your determination and astounding size of your hard, blood soaked and veins wired muscles.



AVAILABLE
FLAVORS



BLUEBERRY
MADNESS



LIME CRIME
MINT



COLA



ORANGE



RED PUNCH



STRAWBERRY

SUPPLEMENT FACTS

Nutrition declaration	Per portion (12 g)	Nutrition declaration	Per portion (12 g)
Armageddon Pump formula	4702 mg	of which calcium	281 mg (35%*)
L-arginine alpha-ketoglutarate	2200 mg	of which phosphorus	72,7 mg (10,4%*)
Citrulline malate	1500 mg	Niacin (niacin equivalent)	32 mg (200%*)
Sodium citrate	1000 mg	Vitamin B1	1,84 mg (167%*)
of which: sodium	230 mg	Red FURY Matrix	520 mg
Vitamin B6	1,87 mg (133,4%*)	L-tyrosine	300 mg
Berserker's Performance Blend	5080 mg	Caffeine	200 mg
Beta-Alanine	2200 mg	Cayenne pepper extract	14 mg
Creatine monohydrate	1500 mg	of which capsaicin	(1,1 mg)
Creatine malate (TCM tricateine malate)	700 mg	Black pepper extract which piperine	6 mg 5,7 mg
of which creatine	(1845 mg)		
Calcium phosphate	646 mg		

*%NRV - nutrient reference values

KNOCKOUT 2.0

FOOD SUPPLEMENT

MIND BLOWING PRE-WORKOUT

2100 MG	1100 MG	600 MG	600 MG	200 MG
BETA-ALANINE	L-ARGININE	L-CITRULLINE	TAURINE	CAFFEINE
6,1g / 1 SCOOP				

PACKAGE/
SIZE/
PORTIONS

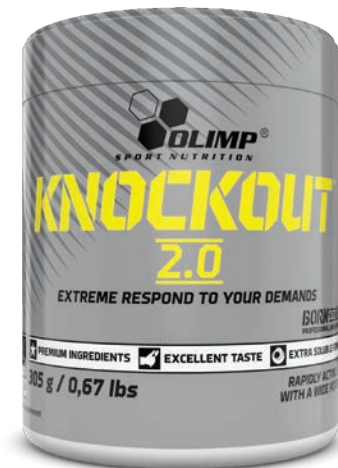


305 G /
50 PORTIONS

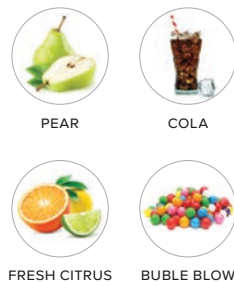
PRODUCT CHARACTERISTICS

- Increases energy production in a muscle cell, improving endurance;
- Improves concentration and eliminates tiredness and promotes regeneration processes;
- Contains a high portion of L-citrulline and beta-alanine as well as L-arginine, L-tyrosine, taurine and caffeine supplemented with plant extracts.

Knock Down all your training goals! Specially designed to hit you fast and power up your motivation and strength. Prepare for your best workout. One of the strongest pre workout's ever made.



AVAILABLE FLAVORS



PEAR

COLA

FRESH CITRUS

BUBLE BLOW

SUPPLEMENT FACTS

Nutrition declaration	Per portion (6,1 g of powder)
Beta-alanine	2100 mg
L-arginine	1100 mg
L-citrulline	600 mg
Taurine	600 mg
Caffeine	200 mg
Cayenne pepper extract (Capsicum annuum L.)	25 mg
of which capsaicin 8%	(2,0 mg)
Black pepper extract (Piper nigrum L.)	7,5 mg
of which piperine 95%	(7,1 mg)

*%NRV - nutrient reference values

PUMP EXPRESS 2.0

FOOD SUPPLEMENT

DESIGNED TO FEED YOUR MURDEROUSLY WORKING MUSCLES

19.7G	5825 MG	875.1 MG
PUMP EXPRESS NITRO CARB	PUMP EXPRESS SHOCK SYSTEM	VITA-MIN STACK
30 G / 3 SCOOPS		

PACKAGE/
SIZE/
PORTIONS



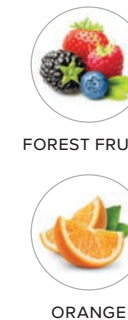
660 G /
22 PORTIONS

PRODUCT CHARACTERISTICS

Unique composition of three perfect formulas: PUMP EXPRESS® NITRO CARB – a combination of the basic for effort pure amino acids and carbohydrates with differentiated blood sugar values, PUMP EXPRESS® SHOCK System – significant for effort quantities of micronised creatine and pharmaceutical caffeine and Vita-MIN STACK- a complex of indispensable for effective effort vitamins and minerals.



AVAILABLE FLAVORS



FOREST FRUITS

ORANGE

SUPPLEMENT FACTS

Nutrition declaration	Per portion (30 g)	Nutrition declaration	Per portion (30 g)
PUMP EXPRESS® NITRO CARB	19700 mg	Caffeine	100 mg
L-leucine (BCAA)	2400 mg	VITA-MIN stack	875,1 mg
Total: BCAA	4800 mg	Vitamin B1	0,44 mg (40%**)
L-isoleucine (BCAA)	1200 mg	Vitamin B2	0,56 mg (40%**)
L-valine (BCAA)	1200 mg	Niacin (mg NE)	48 mg (300%**)
L-arginine	2000 mg	Vitamin B6	3,5 mg (250%**)
L-glutamine	1500 mg	Pantothenic acid	2,4 mg (40%**)
L-cytrulline	1000 mg	Biotin	20 µg (40%**)
L-cystein	1000 mg	Folic acid	80 µg (40%**)
Complex of carbohydrates (Waxy maize starch, Isomaltulose*, Maltodextrin, Dextrose)	8900 mg	Vitamin B12	1 µg (40%**)
PUMP EXPRESS® SHOCK System	5825 mg	Vitamin A	320 µg (40%**)
Creatine monohydrate (of which creatine)	3400 mg (3000 mg)	Vitamin C	80 mg (100%**)
L-tyrosine	1200 mg	Vitamin E	4,8 mg (40%**)
Taurine	1000 mg	Vitamin D3	2 µg (40%**)
Green tea extract (of which EGCG)	125 mg (68,8 mg)	Magnesium	375 mg (100%**)
Taurine	1000 mg	Calcium	197,6 mg (24,7%**)
Green tea extract (of which EGCG)	125 mg (68,8 mg)	Phosphorus	162,4 mg (23,2%**)

* Isomaltulose is a source of glucose and fructose
**%NRV - nutrient reference values

CAFFEINE KICK

FOOD SUPPLEMENT

EXTRA KICK THAT ATHLETES WANT

300 MG

CAFFEINE

1 PORTIONS / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS

60 CAPS./
60 PORTIONS

PRODUCT CHARACTERISTICS

- A solid energy kick, when you are out of it !;
- The largest available dose on the market of 300mg of pure anhydrous caffeine in one capsule.

Pure caffeine in the extreme dose.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps.)
Caffeine	300 mg

AMOK

FOOD SUPPLEMENT

IRRESISTIBLE CRAVING FOR FIGHT

250 MG	150 MG	100 MG	600 MG	3.5 MG
CAFFEINE ANHYDROUS	KOREAN PANAX GINSENG EXTRACT	GUARANA EXTRACT	BETA-ALANINE	VIT. B6
1 PORTION / 2 CAPS.				

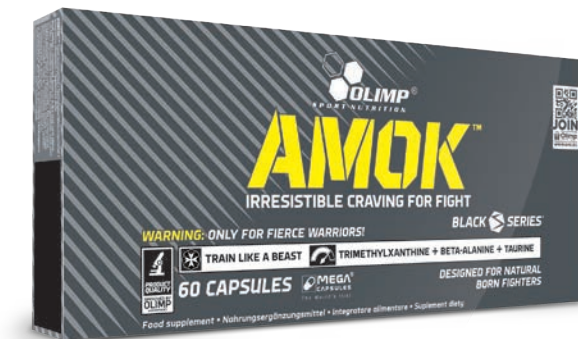
PACKAGE/
SIZE/
PORTIONS

60 CAPS./
30 PORTIONS

PRODUCT CHARACTERISTICS

- Only standardized plant extracts;
- Amino acids of pharmaceutical purity;
- Precisely selected amounts of beta-alanine and taurine.

This unique and precisely selected quantities of beta-alanine, taurine and L-tyrosine enriched with tearing portion of 1,3,7-Trimethylxanthine. Vitamin-mineral components added in this product contribute to many normal processes in organism, such as vitamin B6 and magnesium that contribute to normal energy-yielding metabolism.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps.)
Energy	38 kJ /9 kcal
Fat (of which saturates)	<0,5 g (0 g)
Carbohydrate (of which sugars)	0 g (0 g)
Fibre	0 g
Protein	2,2 g
Salt	0 g
Vitamin B6	3,5 mg (250%*)
Magnesium	250 mg (66%*)
Taurine	800 mg
Beta-alanine	600 mg
1,3,7-trimethylxanthine (Caffeine anhydrous)	250 mg
Guarana extract (of which caffeine)	100 mg (50 mg)
Korean Panax Ginseng extract (of which ginsenosides)	150 mg (10,5 mg)

EXTREME EXTREME SHOT

FOOD SUPPLEMENT

SPEED AND ENERGY BOOSTER

200 MG	1750 MG	1000 MG	100 MG
CAFFEINE	GUARANA EXTRACT	TAURINE	L-TYROSINE

25 ML / 1 AMPOULE

PACKAGE/
SIZE/
PORTIONS



1 AMPOULE/
1 PORTIONS

DISPLAY 20 AMPOULES/
20 PORTIONS



PRODUCT CHARACTERISTICS

- The innovative energy preparation.
- Formula Liquid Technology.
- The unique composition of Extreme Speed.

All ingredients of Extreme Speed® Shot were selected to mutually supplement and intensify their effect (absolute synergy). This unique composition is supposed to intensify to the maximum the processes of production and controlled release of energy in the body at times of its deficiency.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 amp.)	Nutrition declaration	Per portion (1 amp.)
Calories	179 kJ / 43 kcal	Taurine	1000 mg
Protein	0 g	L-tyrosine	100 mg
Carbohydrates (of which sugars)	10,7 g (10,7 g)	Glucuro lactone	100 mg
Fat (of which saturated fatty acids)	0 g (0g)	Vit. C	80 (100%*) mg
Fibre	0 g	Niacin	16 (100%*) mg
Sodium	0 g	Pantothenic acid	2 (33%*) mg
Caffeine from:	200 mg	Vit. B6	1,4 (100%*) mg
Guarana extract (10%)	1750 mg	Vit. B12	5 (200%*) µg
Eine anhydrous	25 mg		

*%NRV - nutrient reference values





—CREATINE.—

CREATINES



3670 MG

BLEND OF 6 TYPES OF CREATINE

500 MG

TAURINE

5 g / 1 scoop

CREATINE XPLODE

FOOD SUPPLEMENT

XTREME 6 CREATINES DOSAGE

PRODUCT CHARACTERISTICS

- A source of 6 different forms of creatine;
- Problem-free solubility and absorption;
- Carbohydrate free, does not contain sugars;
- Reduces fatigue (evidence of meta-analyses from numerous intervention studies).

Advanced composition of different absorption rates forms of creatine. Consumption of creatine increases physical performance during short-term, high intensity, repeated exercise bouts (refers to the daily intake of 3 g creatine).

PACKAGE/
SIZE/
PORTIONS



500 g /
86 PORTIONS

AVAILABLE FLAVORS



PINEAPPLE



GRAPEFRUIT



ORANGE

SUPPLEMENT FACTS

Nutrition declaration	Per portion (5 g)
Calories	76,7 kJ / 18,3 kcal
Fat (of which saturates fatty acids)	< 0,1 g (< 0,1 g)
Carbohydrate (of which sugars)	0 g (0 g)
Protein	0 g
Salt	0,01 g
MATRIX 6 STRONG BLEND of which:	3670 mg
Magnesium creatine chelate CREATINE MAGNA POWER®	
Creatine malate	
Creatine ethyl ester HCl	
Creatine alpha ketoglutarate	
Creatine pyruvate	
Creatine citrate	
Taurine	500 mg

CREATINE MAGNA POWER

MEGA CAPS

FOOD SUPPLEMENT

MAGNETIZE YOUR MUSCLES

4400 MG	352 MG
CREATINE MAGNA POWER	MAGNESIUM
1 PORTIONS / 4 CAPS.	



PACKAGE/
SIZE/
PORTIONS

30 CAPS. /
7 PORTIONS

120 CAPS. /
30 PORTIONS

300 CAPS. /
75 PORTIONS

PRODUCT CHARACTERISTICS

Magnesium creatine chelate is a perfect solution to the problem of the simultaneous availability of creatine and magnesium for the purposes of ATP production. Creatine increases strength and develops mass through a specific anabolic substance – adenosine triphosphate (ATP). Supplementing the diet with creatine increases the level of ATP in muscle cells.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (4 caps.)
Energy	16 kcal/ 69 kJ
Fat (of which saturates)	<0,5 g (< 0,1 g)
Carbohydrate (of which sugars)	0 g (0 g)
Protein	0 g
Salt	0,01 g
CREATINE MAGNA POWER™ magnesium creatine chelate, incl.:	4400 mg
Magnesium	352 mg (94%*)

*%NRV - nutrient reference values

CREATINE 1250

MEGA CAPS

FOOD SUPPLEMENT

1250 MG OF CREATINE MONO IN MEGA CAPSULE

3750 MG
CREATINE MONOHDRATE
1 PORTIONS / 3 CAPS.



PACKAGE/
SIZE/
PORTIONS

30 CAPS. /
10 PORTIONS

120 CAPS. /
40 PORTIONS

400 CAPS. /
133 PORTIONS

900 CAPS. /
300 PORTIONS

PRODUCT CHARACTERISTICS

The product delivers creatine monohydrate, a molecule that can be found in the human body by nature. Consumption of creatine increases physical performance during short-term, high intensity, repeated exercise bouts (refers to the daily intake of 3 g creatine).

SUPPLEMENT FACTS

Nutrition declaration	Per portion (3 caps.)
Energy	63 kJ/ 15 kcal
Fat (of which saturates)	0 g (0 g)
Carbohydrate (of which sugars)	0 g (0 g)
Protein	0 g
Salt	0 g
Creatine monohydrat	3750 mg

CREATINE

MONOHYDRATE CREAPURE

FOOD SUPPLEMENT

PURE CREATINE MONOHYDRATE

3G

CREATINE MONOHYDRATE

3G / 1 SCOOP

PACKAGE/
SIZE/
PORTIONS



500 G /
166 PORTIONS

PRODUCT CHARACTERISTICS

The product delivers creatine monohydrate, a molecule that can be found in the human body by nature. Consumption of creatine increases physical performance during short-term, high intensity, repeated exercise bouts (refers to the daily intake of 3 g creatine).



SUPPLEMENT FACTS

Nutrition declaration	Per portion (3 g)
Calories	0 kJ / 0 kcal
Protein	0 g
Carbohydrates	0 g
Fat	0 g
Creatine monohydrate	3 g

1 teaspoon = 3g of creatine monohydrate

CREATINE 1000

CREAPURE

FOOD SUPPLEMENT

PURE CREATINE MONO IN TABLETS

3G

CREATINE MONOHYDRATE

1 PORTION / 3 CAPS.

PACKAGE/
SIZE/
PORTIONS



300 TABS. /
100 PORTIONS

PRODUCT CHARACTERISTICS

The product delivers creatine monohydrate, a molecule, that can be found in the human body by nature. Consumption of creatine increases physical performance during short-term, high intensity, repeated exercise bouts (refers to the daily intake of 3 g creatine).



SUPPLEMENT FACTS

Nutrition declaration	Per portion (3 tabs.)
Calories	91 kJ / 22 kcal
Protein	0 g
Carbohydrates (of which of sugars)	2,6 g (< 0,5 g)
Fat (of which saturates)	< 0,5 g (0,1 g)
Salt	< 0,01 g
Creatine monohydrate	3000 mg

CREATINE MONOHYDRATE POWDER

FOOD SUPPLEMENT

MONOHYDRATE OF CREATINE

3g

CREATINE MONOHYDRATE

3g / 1 SCOOP

PACKAGE/
SIZE/
PORTIONS



250 g /
83 PORTIONS



550 g /
183 PORTIONS

PRODUCT CHARACTERISTICS

The product delivers creatine monohydrate, a molecule that can be found in the human body by nature.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (3 g)
Calories	0 kJ / 0 kcal
Protein	0 g
Carbohydrates	0 g
Fat	0 g
Creatine monohydrate	3 g

ROCKY ATHLETES CREATINE

FOOD SUPPLEMENT

EXCELLENT CREATINE MONOHYDRATE

3.4g

CREATINE MONOHYDRATE

0.21mg

VIT. B6

57.8mg

MAGNESIUM

3,5g / 1 + 1/2 SCOOP

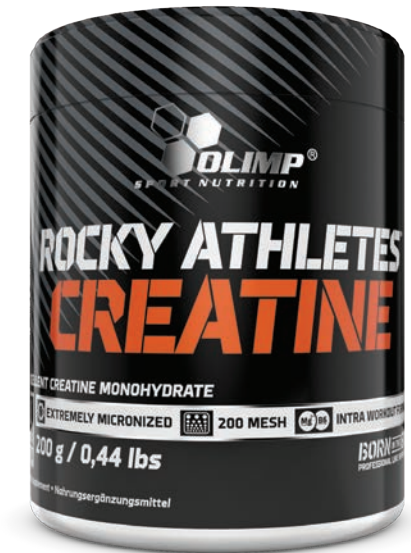
PACKAGE/
SIZE/
PORTIONS



200 g /
57 PORTIONS

PRODUCT CHARACTERISTICS

Consumption of creatine increases physical performance during short-term, high intensity, repeated exercise bouts (refers to the daily intake of 3 g creatine).



SUPPLEMENT FACTS

Nutrition declaration	Per portion (3,5 g)
Energy	53 kJ/ 13 kcal
Fat (of which saturates)	0 g (0 g)
Carbohydrate (of which sugars)	0 g (0 g)
Protein	0 g
Salt	0 g
Vitamin B6	0,21 mg (15%*)
Magnesium	57,8 mg (15%*)
Creatine monohydrate (of which creatine)	3,4 g (3 g)

TCM 1100

MEGA CAPS

FOOD SUPPLEMENT

TRI-CREATINE MALATE IN MEGA CAPS

3300 MG

TRI-CREATINE MALATE

1 PORTION / 3 CAPS.

PACKAGE/
SIZE/
PORTIONS

30 CAPS. /
10 PORTIONS

120 CAPS. /
40 PORTIONS

400 CAPS. /
133 PORTIONS

900 CAPS. /
300 PORTIONS

PRODUCT CHARACTERISTICS

- Produced using the highest standards;
- The most advanced product based on creatine malate.

TCM Mega Caps® contains 100% creatine malate (Tricreatine malate), a molecule that binds creatine particles with malate particles.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (3 caps.)
Tri-creatine malate	3300 mg

TCM 1100

XPLODE

FOOD SUPPLEMENT

TCM WITH ULTRA-LOADING SYSTEM

4000 MG

195.8 MG

TCM

CREA LOADING-SAFE DB-6 SYSTEM

4,7 G / 1 TBL. SPOON

PACKAGE/
SIZE/
PORTIONS



220 G /
46 PORTIONS

PRODUCT CHARACTERISTICS

- The most advanced product based on creatine malate.
- Based on a concept that changes the effectiveness of creatine absorption – ULTRA DB-6 CONCEPTUAL SYSTEM.
- Produced using the highest standards.

Creatine Malate (TCM) is an advanced form of creatine, which by coupling with the molecule of malate achieves outstanding unprecedented bioavailability. TCM DB-6 Xplode™ is the product based on concept where conditions of creatine absorption have been changed.



AVAILABLE
FLAVORS



ORANGE

SUPPLEMENT FACTS

Nutrition declaration	Per portion (4,7 g)
TCM Ultra Pure:	4000 mg
Tricreatine malate (TCM) (of which: creatine)	4000 mg (3000 mg)
CREA Loading-Safe System:	42,6 mg
Vitamin D	3 µg (60%*)
Vitamin B6	0,42 mg (30%*)
Sodium bicarbonate	17,1 mg
Sodium citrate (of which: sodium)	25,1 mg (11,4 mg)

KRE-ALKALYN

2500 MEGA CAPS

FOOD SUPPLEMENT

NO LOADING PHASE – NO ACID CYCLIZATION

5000 MG

KRE-ALKALYN

1 PORTION / 4 CAPS.

PACKAGE/
SIZE/
PORTIONS



30 CAPS. /
7 PORTIONS



120 CAPS. /
30 PORTIONS



900 CAPS. /
225 PORTIONS

PRODUCT CHARACTERISTICS

- No side effects – does not accumulate water under the skin;
- Contains a patented form of creatine monohydrate of high bioavailability.

The product contains patented type of creatine, characterized by its high bioavailability. In muscle tissues creatine is bound with phosphate to phospho-creatine. Consumption of creatine increases physical performance during short-term, high intensity, repeated exercise bouts (refers to the daily intake of 3 g creatine).



SUPPLEMENT FACTS

Nutrition declaration	Per portion (4 caps.)
Energy	13,3 kJ/ 3,2 kcal
Protein	0,8 g
Carbohydrates	0 g
Fat/ Fett/ Tłuszcz	0 g
Buffered creatine monohydrate KRE-ALKALYN®	5000 mg

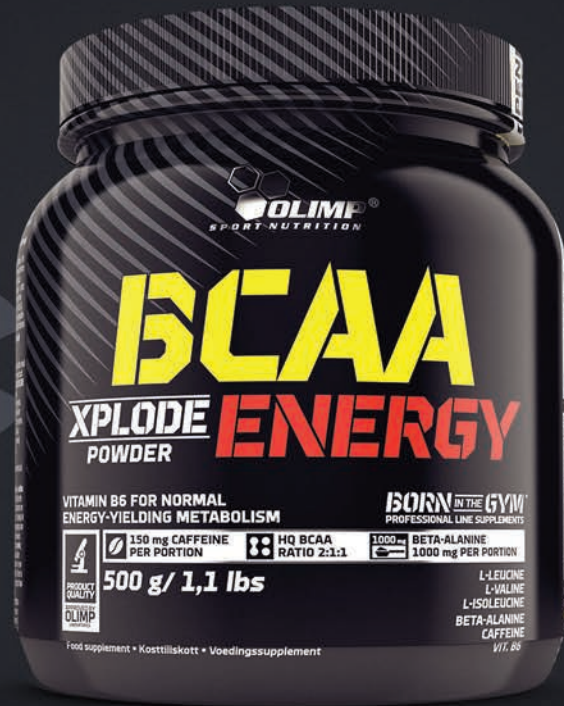


A muscular man is shown climbing a dark, textured rock face. He is wearing a dark tank top and shorts, and is looking upwards with a focused expression. A large, stylized graphic of '07%' is overlaid on the image, with the numbers and percentage sign in a light, textured font. The background is a clear blue sky.

07%

BCAA.

ENERGY



4G

BCAA

1G

BETA ALANINE

6,6 g / 1 SCOOP

150MG

CAFFEINE

BCAA ENERGY

XPLODE POWDER

FOOD SUPPLEMENT

ESSENTIAL INTRA WOKOUT FUEL

PRODUCT CHARACTERISTICS

- 4000mg of the BCAA and 150mg caffeine in each portion;
- Excellent solubility, speed of absorption and great flavour;
- reduces the feeling of tiredness and fatigue.

BCAA Xplode Energy is an amino-acid product created with endurance athletes in mind. The caffeine and beta-alanine contained in the product make it a perfect supplement to take before or during physical activity. Maintaining proper endurance parameters delays the moment of the athlete's physical and psychological fatigue.

PACKAGE/
SIZE/
PORTIONS



500 g/
75 PORTIONS

AVAILABLE FLAVORS



COLA



FRUIT PUNCH

SUPPLEMENT FACTS

Nutrition declaration	1 portion (6,6 g)
Energy	109 kJ / 26 kcal
Fat (of which saturates)	< 0,5 g (< 0,1 g)
Carbohydrate (of which sugars)	< 0,5 g (< 0,5 g)
Protein	4,2 g
Salt	0,04 g
Vit. B6	1,4 mg (100%*)
Branched chain amino acids BCAA*	4 g
of which: L-leucine	2 g
of which: L-valine	1 g
of which: L-isoleucine	1 g
Beta-alanine	1 g
Caffeine	150 mg

*%NRV - nutrient reference values

BCAA

XPLODE POWDER

FOOD SUPPLEMENT

PERFECT FORMULA, DELICIOUS TASTE!

6G	1G	2MG
BCAA	L-GLUTAMINE	VIT.B6
10 g / 1 SCOOP		

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- As much as 6 g of the highest-quality BCAA in each portion;
- The formula enriched with L-glutamine;
- A fundamental supplement for every person practising sports;
- Problem-free solubility.

A composition of high quality branched chain amino acids (leucine, valine, isoleucine) in proportion of 2:1:1, enriched with L-glutamine and vitamin B6.



AVAILABLE
FLAVORS



SUPPLEMENT FACTS

Nutrition declaration	1 portion (10 g)
Energy	158,4 kJ/20,6 kcal
Fat (of which saturates)	0,02 g (0,02 g)
Carbohydrates (of which sugars)	0 g (0 g)
Protein	5,1 g
Salt	0,45 g
Vitamin B6	2 mg (143%*)
Branched chain amino acids BCAA*	6 g
of which: L-leucine	3 g
of which: L-valine	1,5 g
of which: L-isoleucine	1,5 g
L-glutamine	1 g

BCAA 4:1:1

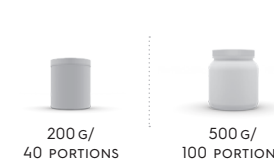
XPLODE POWDER

FOOD SUPPLEMENT

NEW ENRICHED FORMULA

4.5G	3G	0.75G	0.75G
BCAA	L-LEUCINE	L-VALINE	L-ISOLEUCINE
5 g / 1 SCOOP			

PACKAGE/
SIZE/
PORTIONS



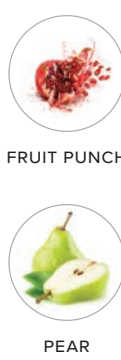
PRODUCT CHARACTERISTICS

- 4500 mg of amino acids in a portion;
- The most frequently chosen amino acids among athletes;
- EXTRA solubility and amazing flavours.

Still the same perfect formula and delicious taste. As much as 4,5 g of the highest quality and pure BCAA per 5 g portion!



AVAILABLE
FLAVORS



SUPPLEMENT FACTS

Nutrition declaration	1 portion (5 g)
Energy	84 kJ / 20 kcal
Fat (of which saturates)	< 0,5 g (< 0,1 g)
Carbohydrates (of which sugars)	< 0,5 g (< 0,5 g)
Protein	3,1 g
Salt	< 0,01 g
Branched chain amino acids BCAA*	4,5 g
of which: L-leucine	3 g
of which: L-valine	0,75 g
of which: L-isoleucine	0,75 g

* branched chain amino acids

BCAA 20:1:1

XPLODE POWDER

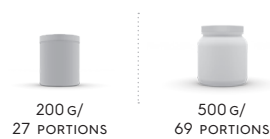
FOOD SUPPLEMENT

L-LEUCINE RICH RATIO 20:1:1

5 MG	4.55 MG	0.23 MG	0.23 MG	1 MG
BCAA	L-LEUCINE	L-VALINE	L-ISOLEUCINE	L-CITRULLINE

7,2 G / 1 SCOOP

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- High-quality branched-chain amino acids BCAA for active people;
- Contains Mineral & Vitamin Pack that ensures the proper functioning of the nervous system;
- 1000 mg of L-citrulline provides an amazing muscle pump.

BCAA Xplode™ 20:1:1 is an extreme dose – of as much as 5000mg of the purest crystalline BCAA amino acids per portion mixed with 1000mg L-citrulline with the addition of minerals and vitamin B6.



AVAILABLE
FLAVORS



COLA



PEAR



GRAPEFRUIT

SUPPLEMENT FACTS

Nutrition declaration	1 portion (7,2 g)
Energy	119 kJ/28 kcal
Fat (of which saturates)	< 0,5 g (< 0,1 g)
Carbohydrates (of which sugars)	< 0,5 g (< 0,5 g)
Protein	5,1 g
Salt	< 0,06 g
Vit. B6	0,21 mg (15%*)
Magnesium	57 mg (15%*)
Zinc	1,5 mg (15%*)
Sodium	23 mg
Branched chain amino acids BCAA *	5,0 g
of which: L-leucine	4,55 g
of which: L-valine	0,23 g
of which: L-isoleucine	0,23 g
L-citrulline	1,00 g

*%NRV - nutrient reference values

BCAA 4:1:1

MEGA CAPS

FOOD SUPPLEMENT

L-LEUCINE RICH RATIO 4:1:1

9900 G

BCAA

1 PORTIONS / 9 CAPS.

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

Branched chain amino acids complex in capsules. A composition of branched chain amino acids BCAA (L-leucine, L-valine and L-isoleucine) in proportion of 4:1:1.



SUPPLEMENT FACTS

Nutrition declaration	1 portion (9 caps.)
Energy	192 kJ/45 kcal
Fat (of which saturates)	0,5 g (0,1 g)
Carbohydrates (of which sugars)	0,5 g (0,5 g)
Protein	8,4 g
Salt	0,03 g
Branched chain amino acids BCAA	9900 mg
of which: L-leucine	6600 mg
of which: L-valine	1650 mg
of which: L-isoleucine	1650 mg

BCAA 1100

MEGA CAPS

FOOD SUPPLEMENT

A POWERFUL DOSE OF BRANCHED-CHAIN AMINO ACIDS!



PACKAGE/
SIZE/
PORTIONS



30 CAPS. /
10 PORTIONS



120 CAPS. /
40 PORTIONS



300 CAPS. /
100 PORTIONS



900 CAPS. /
300 PORTIONS

PRODUCT CHARACTERISTICS

- Recommended for physically active people and athletes;
- A POWERFUL DOSE OF BRANCHED-CHAIN AMINO ACIDS enriched with vitamin B6;
- Reduces the feeling of tiredness and fatigue.

A composition of high quality branched chain amino acids (leucine, valine, isoleucine) in proportion of 2:1:1, enriched with L-glutamine and vitamin B6 in "000" capsules.



SUPPLEMENT FACTS

Nutrition declaration	1 portion (3 caps.)
Energy	64 kJ/ 15 kcal
Fat (of which saturates)	0 g (0 g)
Carbohydrates (of which sugars)	0 g (0 g)
Protein	2,8 g
Salt	0 g
Vit. B6	0,7 mg (50%*)
Branched chain amino acids BCAA	3,3 g
L-leucine	1,65 g
L-valine	0,83 g
* L-isoleucine	0,83 g

*%NRV - nutrient reference values





03

POST-WORKOUT.

POST-WORKOUT



1500 MG

CALCIUM
B-HYDROXY-B-METHYL BUTYRATE (CAHMB)

1500 MG

CREATINE MONOHYDRATE

1 PORTION / 5g

HMB XPLODE POWDER

FOOD SUPPLEMENT

REAL EFFECTS? ONLY WITH HMB XPLODE!

PRODUCT CHARACTERISTICS

- High-quality HMB
- An innovative combination of HMB and creatine monohydrate
- A formula supplemented with magnesium and vitamin B6
- Increase in physical performance during successive bursts of short-term, high intensity exercise (creatine)*
- Help in proper muscles functioning (magnesium)

HMB Xplode is a dietary supplement by Olimp Sport Nutrition, which consists of high-quality calcium hydroxymethylbutyrate in a powder form, complemented with creatine monohydrate.

The formula has been enriched with the magnesium and vitamin B6 additives, which contribute to tiredness and fatigue reduction - an effect especially important in physically active people.

PACKAGE/
SIZE/
PORTIONS



250 g /
50 PORTIONS

AVAILABLE FLAVORS



PINEAPPLE



GREEN APPLE



ORANGE



PEACH

SUPPLEMENT FACTS

Nutrition declaration	1 portion (1 caps.)
Energy	14 kJ/ 3 kcal
Fat	< 0,5 g
of which saturates	< 0,1 g
Carbohydrate	< 0,5 g
of which sugars	< 0,5 g
Protein	< 0,5 g
Salt	0,02 g
Vitamin B6	1 mg (71%*)
Magnesium	150 mg (40%*)
Calcium β-hydroxy-β-methylbutyrate (CaHMB)	1500 mg
of which HMB	1200 mg
Creatine monohydrate	1500 mg
of which creatine	1320 mg

GLUTAMINE

MEGA CAPS

FOOD SUPPLEMENT

FREE AMINO ACID IN CAPS

1400 MG

L-GLUTAMINE

1 PORTION / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS



120 CAPS. /
120 PORTIONS



300 CAPS. /
300 PORTIONS



900 CAPS. /
900 PORTIONS

PRODUCT CHARACTERISTICS

- Increases the gain of strength and fat-free muscle mass;
- Soothes the symptoms of tiredness;
- A huge dose of pharmaceutical L-glutamine in 1 capsule.

The product supplies L-glutamine, in the pure crystalline form, to the common food pattern. L-glutamine is the most abundant free amino acid in human muscle and plasma.



SUPPLEMENT FACTS

Nutrition declaration	1 portion (1 caps.)
Calories	26 kJ/ 6 kcal
Protein	< 0,5 g
Carbohydrates (of which sugars)	0 g (0 g)
Fat	0 g
Salt	0 g
L-glutamine	1400 mg

GLUTAMINE

XPLODE POWDER

FOOD SUPPLEMENT

ULTIMATE GLUTAMINE STACK

5.5 G

L-GLUTAMINE

1.5 G

L-LEUCINE

0.25 G

L-CYSTEINE

10 G / 1 SCOOP

PACKAGE/
SIZE/
PORTIONS



500 G /
50 PORTIONS

PRODUCT CHARACTERISTICS

- Recommended for physically active people and athletes;
- Effectively reduces muscle damage after training and quickly and effectively stimulates their regeneration;
- Innovative formula in 3 sensational flavours.

The product contains excellent quality, highly micronized L- glutamine, L- leucine, L - cysteine and vitamins, especially vitamin B6.



AVAILABLE
FLAVORS



PINEAPPLE



LEMON



ORANGE

SUPPLEMENT FACTS

Nutrition declaration	1 portion (10 g)
Energy	38,7 kcal/ 162,2 kJ
Fat (of which saturated fatty acids)	< 0,01 g (< 0,01 g)
Carbohydrates (of which sugars)	< 0,5 g (< 0,5 g)
Protein	7,9 g
Salt	0,28 g
Vit.C (PureWay-C®)	80 mg (*100%)
Niacin	16 mg (*100%)
Selenium	55 µg (*100%)
Vit. B6	1,4 mg (*100%)
Folic acid	200 µg (*100%)
Vit. B12	2,5 µg (*100%)
L-glutamine	5,5 g
L-leucine	1,5 g
L-cysteine	0,25 g

*%NRV - nutrient reference values

ROCKY ATHLETES GLUTAMINE

FOOD SUPPLEMENT

EXCELLENT L-GLUTAMINE

2.5G	0.21MG
L-GLUTAMINE	VIT.B6
2,6 g / 1 SCOOP	

PACKAGE/
SIZE/
PORTIONS

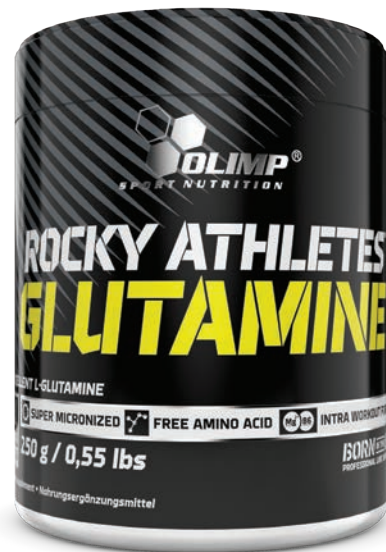


250 G /
96 PORTIONS

PRODUCT CHARACTERISTICS

- A strong dose of L-glutamine supplemented with magnesium and vitamin B6;
- The ingredients have a positive effect on the reduction of catabolic processes;
- For people aiming to increase their capacity for high-intensity workouts.

Food supplement in powder, containing micronized L-glutamine, vitamin B6 and magnesium.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2,6 g)
Energy	39 kJ/ 9 kcal
Fat (of which saturates)	0 g (0 g)
Carbohydrate (of which sugars)	0 g (0 g)
Protein	0 g
Salt	0 g
Vitamin B6	0,21 mg (15%*)
L-glutamine	2,5 g

HMBOLON NX

FOOD SUPPLEMENT

HMB, TRI-CREATINE MALATE, ARGININE AAKG

1760MG	1160MG	1160MG
HMB	AAKG	TCM
1 PORTIONS / 4 CAPS.		

PACKAGE/
SIZE/
PORTIONS



300 CAPS. /
75 PORTIONS

PRODUCT CHARACTERISTICS

- Stimulates the production of anabolic hormones;
- Is involved in the conversion of arginine into creatine.

Food supplement in capsules with a complex of calcium β -hydroxy- β -methylbutyrate (HMB), arginine alpha-ketoglutarate (AAKG) and tri-creatine malate (TRCRM).



SUPPLEMENT FACTS

Nutrition declaration	Per portion (4 caps.)
Calcium β -hydroxy- β -methylbutyrate (CaHMB)	2200 mg
of which β -hydroxy- β -methylbutyrate (HMB)	1760 mg
Arginine alpha-ketoglutarate (AAKG)	1160 mg
Tri-creatine malate (TRCRM)	1160 mg

HMB 1250

MEGA CAPS

FOOD SUPPLEMENT

MEGA DOSAGE OF HMB

2500 MG	2000 MG
CAHMB	HMB
1 PORTIONS / 2 CAPS.	

PACKAGE/
SIZE/
PORTIONS

120 CAPS. /
60 PORTIONS

300 CAPS. /
150 PORTIONS

900 CAPS. /
450 PORTIONS

PRODUCT CHARACTERISTICS

- Contains HMB – a bioactive nutritional ingredient from the group of short branched-chain fatty acids;
- The effects are based on the accumulation of muscle proteins and the reduction of fat tissue;
- It can contribute to facilitating the development of fat-free body mass.

A breath-taking portion - 1250 mg of calcium β -hydroxy- β -methylbutyrate in a single MEGA CAPS® capsule.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps.)
Calcium β -hydroxy- β -methylbutyrate CaHMB:	2500 mg
of which HMB	2000 mg

HMB

CAPS

FOOD SUPPLEMENT

PURE HMB IN CAPSULES

1250 MG	1000 MG
CAHMB	HMB
1 PORTION / 2 CAPS.	

PACKAGE/
SIZE/
PORTIONS

450 CAPS. /
225 PORTIONS

PRODUCT CHARACTERISTICS

- Contains HMB – a bioactive nutritional ingredient from the group of short branched-chain fatty acids;
- The effects are based on the accumulation of muscle proteins and reduction of fat tissue;
- It can contribute to facilitating the development of fat-free body mass.

HMB supplements the diet with calcium β -hydroxy- β -methylbutyrate. The product is intended for physically active persons and high-performance athletes.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps.)
Calcium β -hydroxy- β -methylbutyrate Ca HMB	1250 mg
of which HMB	1000 mg

TAURINE

MEGA CAPS

FOOD SUPPLEMENT

TOP QUALITY TAURINE IN MEGA CAPS

1500 MG

TAURINE

1 PORTION / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS

120 CAPS. /
120 PORTIONS

PRODUCT CHARACTERISTICS

- 1500 mg of the highest quality taurine in one capsule;
- While that amino acid is not the structural element of body proteins, it is essential during the process of their transformation;
- Taurine inhibits the production of serotonin – a hormone that causes catabolic reactions in the muscles.

Taurine is a conditionally essential amino acid created from methionine and cysteine. It occurs in the body as a free amino acid or as a component of simple peptides – in platelets and bile, where together with the bile acid it forms taurocholic acids.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps.)
Taurine	1500 mg

REANIMATOR

FOOD SUPPLEMENT

REBORN YOUR MUSCLES

3750 MG	1500 MG	1000 MG	29 G	63 G
BCAA	AAKG	TAURINE	PROTEIN	CARBOHYDRATES
95 G / 2 SCOOPS				

PACKAGE/
SIZE/
PORTIONS



1425 G /
15 PORTIONS

PRODUCT CHARACTERISTICS

- A best-seller in post-workout supplementation;
- Contains easily assimilable carbohydrates in the form of maltodextrins;
- The composition is supplemented with creatine monohydrate, taurine and amino acids with the ratio 8:1:1.

The composition of fast and moderate carbohydrates, proteins and amino acids, enriched with creatine and hyaluronic acid.



AVAILABLE
FLAVORS



FRESH APPLE



ORANGE BREEZE

SUPPLEMENT FACTS

Nutrition declaration	1 portion (95 g)
Energy	1535 kJ/ 367 kcal
Fat (of which saturates)	1,7 g (1,7 g)
Carbohydrate (of which sugars)	63 g (7,6 g)
Protein	29 g
Salt	1,19 g
Branched chain amino acids BCAA of which:	3750 mg
L-leucine	3000 mg
L-valine	370 mg
L-isoleucine	370 mg
L-arginine alpha-ketoglutarate (AAKG) of which:	1500 mg
L-arginine	975 mg
Creatine monohydrate of which:	3450 mg
Creatine	3000 mg
Taurine	1000 mg
Sodium hyaluronate of which:	222 mg
hyaluronic acid	200 mg



T-BOOSTER.

T-BOOSTER



1000 MG

MACA ROOT EXTRACT

600 MG

FENUGREEK SEED EXTRACT

500 MG

SHILAJIT

100 MG

LYOPHILISATED ROYAL JELLY

6.5 MG

ZINC

1 PORTION / 4 CAPS.

FORTEST

FOOD SUPPLEMENT

FORTEST - THE KEY TO YOUR MASCULINITY! TRY IT OUT!

PRODUCT CHARACTERISTICS

- Multi-ingredient formula for men over 35.
- It helps in preserving natural sexual activity and energy (Maca root extract)
- It helps maintaining the right testosterone level in the blood (zinc)
- It contributes to hormonal activity regulation (vitamin B6)
- No substances consider as doping

A new composition designed by the scientists from Olimp Laboratories pharmaceutical company contains natural plant extracts (including Maca root, fenugreek seeds, saffron, Chinese magnolia-vine), which have been enriched with zinc in the form of highly absorbable Albion aminoacid chelate and with vitamin B6. What distinguishes libido-booster Olimp from other supplements of this type, is the presence of new, but gaining popularity ingredients: Shilajit, lyophilized royal jelly and the aforementioned saffron extract, which stimulate libido and support achieving and maintaining an erection!

PACKAGE/
SIZE/
PORTIONS



120 CAPS. /
60 PORTIONS

SUPPLEMENT FACTS

Nutrition declaration	1 portion (4 caps.)
HERBAL DESIRE BLEND:	
Maca extract (<i>Lepidium meyenii</i> Walp.)	1000 mg
Freeze-dried royal jelly (<i>Apis mellifica</i>)	100 mg
Saffron extract (<i>Crocus sativus</i> L.)	30 mg
of which: crocin (5%)	1,5 mg
PRO-TEST BLEND:	
Fenugreek extract (<i>Trigonella foenum-graecum</i> L.)	600 mg
of which: saponins (50%)	300 mg
Shilajit (<i>Asphaltum punjabianum</i>)	500 mg
of which: fulvic acid/(50%)	250 mg
Zinc	6,5 mg (65%*)
ANTI-FATIGUE BLEND:	
Schisandra chinensis extract (<i>Schisandra chinensis</i> (Turcz.) Baill.)	100 mg
of which: schisandrins (9%)	9 mg
Vitamin B6	3,5 mg (250%*)

*%NRV - nutrient reference values

TRIBUSTERON 60

FOOD SUPPLEMENT

TRIBULUS TERRESTRIS WITH 60 % SAPONINS

1000 MG	600 MG
TRIBULUS TERRESTRIS	SAPONINS
1 PORTIONS / 2 CAPS.	

**PACKAGE/
SIZE/
PORTIONS** 120 CAPS. /
60 PORTIONS

PRODUCT CHARACTERISTICS

- Contains a powdered water extract of Tribulus terrestris;
- A source of plant steroids, alkaloids and flavonoids;
- Helps your body, musculature and energy levels to be in their proper condition.

Tribusteron™ 60 contains powdered aqueous extract of puncturevine (Tribulus terrestris L.). Tribulus terrestris helps maintain body, muscle tone and energy levels. At the same time it helps maintain the health of the respiratory system, supports resistance to pain as well as it promotes sexual desire and sexual capacity.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps.)
Tribulus Terrestris (60%)	1000 mg
of which: saponins	600 mg



TRIBUSTERON 90

FOOD SUPPLEMENT

TRIBULUS TERRESTRIS WITH 90 % SAPONINS

1000 MG	900 MG
TRIBULUS TERRESTRIS	SAPONINS
1 PORTIONS / 2 CAPS.	

**PACKAGE/
SIZE/
PORTIONS** 120 CAPS. /
60 PORTIONS

PRODUCT CHARACTERISTICS

- Contains a powdered water extract of Tribulus terrestris;
- A source of plant steroids, alkaloids and flavonoids;
- Helps your body, musculature and energy levels to be in their proper condition.

Tribusteron™ 90 contains powdered aqueous extract of puncturevine (Tribulus terrestris L.). Tribulus terrestris helps maintain body, muscle tone and energy levels. At the same time it helps maintain the health of the respiratory system, supports resistance to pain as well as it promotes sexual desire and sexual capacity.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps.)
Tribulus Terrestris (90%)	1000 mg
of which: saponins	900 mg



T-100 HARDCORE

FOOD SUPPLEMENT

T-100 HARDCORE – 100% OF MASCULINITY!

1000,2 MG	750 MG	300 MG
FENUGREEK EXTRACT	TRIBULUS TERRESTRIS EXTRACT	MACA ROOT EXTRACT
1 PORTIONS / 3 CAPS.		

PACKAGE/
SIZE/
PORTIONS



120 CAPS. /
40 PORTIONS

PRODUCT CHARACTERISTICS

- beneficial effects on libido, and on physical and mental activity (maca root extract)
- support for energy-yielding metabolism and thyroid function (oat extract)
- help in proper functioning of the nervous system (magnesium, vitamin B6)
- support in reducing tiredness and fatigue (magnesium, vitamin B6)
- help in proper muscles functioning (magnesium)
- help in hormonal activity regulation (vitamin B6)

T-100 Hardcore is a dietary supplement by Olimp Sport Nutrition. It is a combination of high-quality plant extracts, zinc, magnesium and vitamin B6.



SUPPLEMENT FACTS

Nutrition declaration	1 portion (1 caps.)
ELITE TESTO-SUPPORT BLEND	2015,4 mg
Fenugreek extract	1000,2 mg
of which: 90% saponine	500,1 mg
Tribulus terrestris extract	750 mg
of which: 60% saponine	675 mg
Tribulus terrestris extract	250,2 mg
of which: saponine	150,2 mg
protodioscin	50 mg
Zinc (as amino acid zink chelate)	15 mg (150%*)
E2-Block	399 mg
Extract of pomegranate	288 mg
of which: ellagic acid	201,6 mg
Avena sativa extract	105 mg
of which: flavones	7,35 mg
Black pepper extract	6 mg
of which: piperine	5,7 mg
DIHYDRO CUT SYSTEM	120 mg
Extract of sabal minor	120 mg
of which: fatty acids	54 mg
FREE A.N.D.R.O. FORMULA	509,8 mg
Maca root extract	300 mg
Extract of common nettle	150 mg
Magnesium	57 mg (15%*)
Vitamin B6	2,8 mg (200%*)

*%NRV - nutrient reference values

T-100 MEGA CAPS

FOOD SUPPLEMENT

LEGEND IS BACK

1600 MG	225 MG	50 MG	26.3 MG	20 MG	7.5 MG	63.4 MG	40 MG	20 MG
D-ASPARTIC ACID	TRIBULUS TERRESTRIS EXTRACT	MACA ROOT EXTRACT	GRAPE SKIN EXTRACT	FENUGREEK EXTRACT	ZINC	ANDRO POWER STACK	RHODIOLA ROSEA EXTRACT	ASHWAGANDHA EXTRACT
1 PORTIONS / 2 CAPS.								

PACKAGE/
SIZE/
PORTIONS



120 CAPS. /
60 PORTIONS

PRODUCT CHARACTERISTICS

- Helps to gain pure muscle mass;
- Decreases cortisol and stress level;
- Helps to increase testosterone level.

Composition of active ingredients containing among others zinc which helps maintain normal testosterone levels in the blood and vitamin B6 which contributes to the regulation of hormonal activity. The Rhodiola rosea extract regulates normal blood flow and helps to maintain optimal mental and cognitive activity. The KSM-66 ashwagandha extract contributes to the increase of muscle mass and adds energy.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps.)	Nutrition declaration	Per portion (2 caps.)
ULTIMATE TESTOSTERONE POTENCY	2004 mg	Zinc (Albion®)	7,5 mg (75%***)
D-aspartic acid	1600 mg	ANDRO POWER STACK	63,4 mg
Tribulus terrestris extract (Tribulus terrestris L.) (60% saponins, 20% protodioscins)	225 mg	Rhodiola rosea extract (Rhodiola rosea L.) (4% salidroside)	40 mg
Maca root extract (Lepidium meyenii Walp.)	50 mg	Ashwagandha extract (Withania somnifera L.) KSM-66 (5% withanolide)	20 mg
Oat extract (Avena sativa L.)	40 mg	Black pepper extract (Piper nigrum L.) (95% piperine)	2 mg
Broccoli extract (Brassica oleracea L. var. italica Plenck) (10% indole-3-carbinol)	35 mg	Vit. B6	1,4 mg (100%***)
Grape skin extract (Vitis vinifera L.) (95% trans-resveratrol)	26,3 mg	Riboflavin (Vit. B2)	1,4 mg (100%***)
Fenugreek extract (Trigonella foenum-graecum) (50% saponins)	20 mg	Copper (Albion®)	1 mg (100%***)
		Vit. B12	2,5 µg (100%***)

*%NRV - nutrient reference values

TESTOXEED

FOOD SUPPLEMENT

WAKE A REAL MAN INSIDE YOU

0.7 MG	0.7 MG	1009 MG	38.5 MG	1.25 µg	0.5 MG
VIT. B2	VIT. B6	TESTO-GENERATION FORMULA	PRO_ACTIVATION BLEND	VIT. B12	COPPER AMINO ACID CHELATE
1 PORTION / 1 CAPS.					

PACKAGE/
SIZE/
PORTIONS

120 CAPS. /
60 PORTIONS

PRODUCT CHARACTERISTICS

- Contains the most innovative ingredient – a patented, standardized ashwagandha extract (KSM-66);
- KSM-66 – increases LH and testosterone levels as well as sperm parameters;
- Has a positive effect on the actual free testosterone level in the organism.

Testoxeed is the perfect combination of active ingredients which contribute to the maintenance of normal testosterone levels in the blood and the regulation of hormonal activity.



SUPPLEMENT FACTS

Nutrition declaration	1 portion (1 caps.)
TESTO-GENERATION Formula	1 009 mg
D-aspartic acid	937,5 mg
Oat extract (7% flavones) (Avena sativa L.)	20 mg
Trans-resveratrol (from grape skin Vitis vinifera L.)	12,5 mg
Maca root extract (Lepidium meyenii Walp.)	25 mg
Fenugreek extract (50% saponins)	10 mg
Zinc (from zinc amino acid chelate Albion®)	3,75 mg (37,5%*)
PRO_Activation Blend	38,5 mg
Rhodiola rosea extract (4% rosavins) (Rhodiola rosea L.)	20 mg
Ashwagandha extract (5% withanolides) (Withania somnifera L.)	10 mg
AstraGin™	5 mg
Schisandra chinensis extract (Schisandra chinensis)	2,5 mg
Black pepper extract (95% piperine) (Piper nigrum L.)	1 mg
Vitamin B2	0,7 mg (50%*)
Vitamin B6	0,7 mg (50%*)
Vitamin B12	1,25 µg (50%*)
Copper (from copper amino acid chelate Albion®)	0,5 mg (50%*)

*%NRV - nutrient reference values

DAA XTREME PROLACT-BLOCK

FOOD SUPPLEMENT

PROLACTIN INHIBITOR & T-BOOSTER

3200 MG

DAA

1 PORTIONS / 2 CAPS.

PACKAGE/
SIZE/
PORTIONS

60 CAPS. /
30 PORTIONS

PRODUCT CHARACTERISTICS

- Improves the efficiency and effectiveness of training;
- It helps to maintain high quality of muscle mass;
- 3200 mg of DAA pharmaceutical grade in a daily dose.

Composition of synergically operating bioactive components, which assist the functioning of a man's body. The scientific research prove that zinc is an inhibitor of prolactin. Vitamin B6 contributes to the regulation of hormonal activity.



SUPPLEMENT FACTS

Nutrition declaration	1 portion (2 tabs.)
D-aspartic acid	3200 mg
Vit. E	7,5 mg (62,5 %*)
Vit. B6	2,1 mg (150 %*)
Zinc (as zinc amino acid chelate of Albion®)	7,5 mg (75 %*)

*%NRV - nutrient reference values



10.

**WEIGHT
MANAGEMENT.**

WEIGHT MANAGEMENT



LIPORAZOR

15 MG	200 MG	300 MG	100 MG	125 MG
WAKAME EXTRACT	JAPANESE PAGODA TREE EXTRACT	CAYENNE PEPPER EXTRACT	BITTER ORANGE EXTRACT	COCOA EXTRACT

1 PORTION / 2 CAPS

LIPORAZOR

FOOD SUPPLEMENT

LIPORAZOR LEAN FORMULA

PRODUCT CHARACTERISTICS

- Blend of plant extracts
- Contains a fat burner without caffeine
- Supports good mood thanks to the cocoa extract
- A multi-component formula which helps to get a slim body of your dream

Here's your new ally in the fight for a slender and slim body! Dietary supplement Lipo Razor is a new product by Olimp with no caffeine added which helps to burn fat effectively and safely thanks to cayenne pepper extract with capsaicin.



PACKAGE/
SIZE/
PORTIONS

90 CAPS/
45 PORTIONS

SUPPLEMENT FACTS

Nutrition information	Per portion (2 caps)
Cayenne pepper extract (Capsicum annum L.)	300 mg
of which capsaicin (8%)	24 mg
Japanese pagoda tree extract (Sophora japonica L.)	200 mg
of which quercetin (98%)	196 mg
Wakame extract (Undaria pinnatifida (Harvey) Suringar)	150 mg
of which fucoxanthin (10%)	15 mg
Cocoa extract (Theobroma cacao L.)	125 mg
of which theobromine (24%)	30 mg
Bitter orange extract (Citrus aurantium L.)	100 mg
of which synephrine (6%)	6 mg

THERMO SPEED

EXTREME

FOOD SUPPLEMENT

ULTIMATE LEAN FORMULA

500 MG	334 MG	80 MG	160 MG	5 MG	1000 MG
GREEN TEA EXTRACT	BITTER ORANGE EXTRACT	GUARANA EXTRACT	CAFFEINE	BIOPERINE® BLACK PEPPER EXTRACT	L-TYROSINE

1 PORTION / 2 CAPS.

PACKAGE/
SIZE/
PORTIONS



30 CAPS/
15 PORTIONS



120 CAPS/
60 PORTIONS

PRODUCT CHARACTERISTICS

- The safe and high content of the active ingredients used
- An effective increase in the metabolic rate of energy expenditure through increased thermogenesis (EGCG)
- A universal effect – recommended for both women and men

Classic supplement with green tea extract, bitter orange and black pepper extract, which together with caffeine contribute to increased thermogenic effect

SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)
Thermo factors	2181 mg
Green tea extract (55% EGCG) (of which EGCG)	500 mg (275 mg)
Citrus Aurantium extract (of which synephrine)	334 mg (20 mg)
Guarana extract (22%) (of which caffeine)	182 mg (40 mg)
Caffeine anhydrous	160 mg
Bioperine® (piperinigrum extract – Piperine 95%)	5 mg
Tyrosine	1000 mg



THERMO SPEED

EXTREME 2.0

FOOD SUPPLEMENT

ULTIMATE LEAN FORMULA 2.0

544 MG	1000 MG	80 MG	160 MG	5 MG	1000 MG
GREEN TEA EXTRACT	CAYENNE PEPPER EXTRACT	GUARANA EXTRACT	CAFFEINE	BIOPERINE® BLACK PEPPER EXTRACT	L-TYROSINE

1 PORTIONS / 2 CAPS.

PACKAGE/
SIZE/
PORTIONS



120 CAPS/
60 PORTIONS

PRODUCT CHARACTERISTICS

- An effective increase in the metabolic rate of energy expenditure through increased thermogenesis
- Standardized plant extracts
- Support for proper energy metabolism

Classic supplement with green tea extract, cayenne pepper and black pepper extract enriched with niacin.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)
Thermo factors	2181 mg
Green tea extract (55% EGCG) (of which EGCG)	500 mg (275 mg)
Citrus Aurantium extract (of which synephrine)	334 mg (20 mg)
Guarana extract (22%) (of which caffeine)	182 mg (40 mg)
Caffeine anhydrous	160 mg
Bioperine® (piperinigrum extract – Piperine 95%)	5 mg
Tyrosine	1000 mg



THERMO SPEED

HARDCORE

FOOD SUPPLEMENT

ULTIMATE LEAN FORMULA

550 MG	1186 MG
F.A.T. ENERGY DIFFUSER	METABOENERGY SYSTEM
1 PORTIONS / 2 CAPS.	

PACKAGE/
SIZE/
PORTIONS

120 CAPS/
60 PORTIONS

PRODUCT CHARACTERISTICS

- One of the most effective products for fat tissue reduction
- Activates two mechanisms responsible for releasing energy accumulated in fat tissue, increasing the metabolism rate and energy transformation
- Presented in two blends: FAT Energy Diffuser and MetaboNERGY System.

Most advanced composition of ingredients, which contribute to maintaining right tact of energetic transformations in the body and facilitate body weight control. Capsaicin from cayenne pepper enhances burning of fat, and niacin contributes to keeping correct energetic metabolism.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)
FAT Energy Diffuser:	550 mg
Garcinia cambogia extract (of which: hydroxycitric acid)	400 mg (240 mg)
Coleus forskohli extract (of which: forskolin)	70 mg (7 mg)
Cayenne pepper extract (of which: capsaicin)	70 mg (5,6 mg)
Black paper extract (of which: piperine)	10 mg (9,5 mg)
MetaboNERGY System:	1170 mg
Cacao extract (of which: theobromine)	60 mg (14,4 mg)
Caffeine	100 mg
Green coffee extract (of which: chlorogenic acid)	110 mg (45 mg)
Ginger extract (of which: gingerol)	200 mg (10 mg)
Guarana extract (of which: caffeine)	200 mg (100 mg)
L-tyrosine	500 mg
Niacin	24 mg (150%*)

*NRV - nutrient reference value

THERMO STIM

HARDCORE

FOOD SUPPLEMENT

THERM ENERGY DIFFUSE SYSTEM

248 MG	874 MG	80 MG
THERM ENERGY DIFFUSE SYSTEM	F.A.T. DESTROYER SYSTEM	VIT. C
1 PORTION / 2 CAPS.		

PACKAGE/
SIZE/
PORTIONS

60 CAPS/
30 PORTIONS

PRODUCT CHARACTERISTICS

- A precisely selected composition of active ingredients that influence the organism's ability to effectively use free fatty acids
- Ginger extract standardized to 5% gingerols – it can increase the metabolism rate by even 20
- Cayenne pepper extract standardized to 8% capsaicin – increases the amount of heat produced in the organism

Recent version of the perfectly known THERMOSTIM®. Even stronger, with considerably prolonged and much faster action, optimised in respect of needs of people, who are extremely focused on achieving goals.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)
ThermEnergy Diffuse System:	248 mg
Ginger extract (of which: gingerols)	120 mg (6 mg)
Extract of Cayenne pepper (of which: capsaicin)	70 mg (7 mg)
Cayenne pepper extract (of which: capsaicin)	90 mg (7,2 mg)
Raspberry extract (of which: raspberry ketones)	30 mg (29,4 mg)
Extract of black pepper (of which: piperine)	8 mg (7,6 mg)
F.A.T. Destroyer System	1346 mg
Guarana extract (of which: caffeine)	840 mg (184 mg)
Sinetrol®	300 mg
Cocoa extract (of which: teobromin)	140 mg (33,6 mg)
Caffeine	66 mg
Vitamin C	80 mg (100%*)
Niacin (mg NE)	32 mg(200%*)

*NRV - nutrient reference value

L-CARNITINE

500 FORTE PLUS

FOOD SUPPLEMENT

FORMULA INTENDED FOR THOSE WHO WANT TO LOSE WEIGHT

100 µg	1490 MG	1000 MG	100 MG
CHROMIUM	L-CARNITINE L-TARTRATE	OF WHICH: L-CARNITINE	L-ORNITHINE

1 PORTION / 2 CAPS.

PACKAGE/
SIZE/
PORTIONS



60 CAPS/
30 PORTIONS

PRODUCT CHARACTERISTICS

- Solid dose of highly available L-carnitine - Supports the exercise capacity of the organism.

Combination of L-carnitine with L-arginine, L-ornithine and chromium in capsules.



SUPPLEMENT FACTS

Nutrition information	2 capsules
L-carnitine L-tartrate	1490 mg
of which: L-carnitine	1000 mg
L-ornithine	100 mg
L-arginine	60 mg
Chromium	100 µg (250%NRV*)

*NRV - nutrient reference value

L-CARNITINE

XPLODE

FOOD SUPPLEMENT

EXTRA SOLUBLE L-CARNITINE FORM

1500 MG	0.7 MG
L-CARNITINE	VIT. B6
3 g / 1 SCOOP	

PACKAGE/
SIZE/
PORTIONS



300 g/
100 PORTIONS

PRODUCT CHARACTERISTICS

- Recommended for people who want to reduce fat tissue, perform mental work and exercise recreationally.
- Supplements the diet with L-carnitine that increases the exercise capacity of the organism
- Easily soluble, with a perfect flavour, enriched with magnesium and vitamin B6

L-Carnitine Xplode Powder supplements your diet with L-carnitine enriched with magnesium and vitamin B6. All this in an easily soluble form and in amazing flavours!



SUPPLEMENT FACTS

Nutrition declaration	Per portion (3 g)
L-Carnitine Tartare (including: L-carnitine)	2240 mg (1500 mg)
Magnesium	59 mg (15%*)
Vit. B6	0,7 mg (50%*)

*NRV - nutrient reference value

AVAILABLE
FLAVORS



ORANGE



CHERRY

L-CARNITINE 1500 EXTREME

FOOD SUPPLEMENT

HIGH DOSE OF L-CARNITINE IN MEGA CAPSULE

1500 MG

L-CARNITINE TARTRATE

1 PORTION / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS

120 CAPS/
120 PORTIONS

PRODUCT CHARACTERISTICS

- A concentrated dose of highly available L-carnitine in 1 capsule
- Supports the exercise capacity of the organism
- Supports the proper functioning of the cardiovascular system

High quality L-carnitine which mediates in the transport of fat ingredients - fatty acids into the mitochondria (cellular energy centers).



SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps)
Calories	3,3 kJ / 0,8 kcal
Protein	0,2 g
Carbohydrates	0 g
Fat	0 g
L-carnitine tartrate (of which: L-carnitine)	1500 mg (1000 mg)

*NRV - nutrient reference value

L-CARNITINE 3000 EXTREME SHOT

FOOD SUPPLEMENT

100% PURE L-CARNITINE

3000 MG

L-CARNITINE PER AMPOULE

1 PORTIONS / 1 AMPOULE

PACKAGE/
SIZE/
PORTIONS

1 SHOT/
1 PORTION

20 SHOTS/
20 PORTIONS

PRODUCT CHARACTERISTICS

- A mega dose of 3000 mg of L-carnitine in a perfectly assimilable ampoule
- Recommended for people who want to reduce fat tissue, perform mental work and exercise recreationally
- Enriched with vitamin B6

High quality L-carnitine in liquid form and additional with vitamin B6 that contributes to normal protein and glycogen metabolism as well as to normal energy-yielding metabolism.



AVAILABLE
FLAVORS



ORANGE



CHERRY

SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 ampoule)
L-carnitine	3000 mg
Vit. B6	2,8 mg (200%*)

*NRV - nutrient reference value

CLA WITH GREEN TEA PLUS L-CARNITINE

FOOD SUPPLEMENT

CONJUGATED LINOLEIC ACID WITH GREEN TEA AND CARNITINE

800 MG	400 MG	200 MG
CLA	GREEN TEA	L-CARNITINE

1 PORTION / 2 CAPS.

PACKAGE/
SIZE/
PORTIONS



120 CAPS/
60 PORTIONS

PRODUCT CHARACTERISTICS

- High Concentration Cla In Each Serving!
- Helps Fight With Cellulitis!
- Increases Body Metabolism!

Isomers of conjugated linoleic acid CLA enriched with green tea extract standardised for epigallocatechin gallate and L-carnitine.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)
Conjugated linoleic acid CLA 80% (of which CLA)	1000 mg (800 mg)
Green tea extract (of which EGCG)	400 mg (132 mg)
L-carnitine	200 mg





**— HEALTH —
— SUPPLEMENTS. —**



1000 MG

INULIN

1000 MG

L-GLUTAMINE

2000 IU

VITAMIN D

15 MG

ZINC

1 PORTION / 7g

IMMUNO XPLODE POWDER

FOOD SUPPLEMENT

IMMUNO XPLODE POWDER – PROFESSIONAL IMMUNE SYSTEM SUPPORT FOR EVERY ATHLETE

PRODUCT CHARACTERISTICS

- The dietary supplement is targeted at people who exercise intensively, primarily at professional athletes
- Formula containing solid portions of vitamin C and D and zinc (zinc gluconate and Albion™ aminoacid chelate), enriched with, among others, glutamine and elderberry flower extract
- Support in the proper functioning of the immune system (vitamins C and D and zinc)
- Help in protecting cells against oxidative stress (vitamin C, zinc)
- A form of perfectly dissolving powder of a refreshing citrus lemonade flavor

Are you looking for support in the proper immune system functioning? Reach for Immuno Xplode Powder - a dietary supplement which contains high-quality, safe to use active ingredients that support the proper functioning of the immune system (vitamin C, D, zinc).

PACKAGE/
SIZE/
PORTIONS



210 g /
30 PORTIONS

AVAILABLE FLAVORS



CITRUS LEMONADE

SUPPLEMENT FACTS

Nutrition declaration	Per portion (7g)
L-glutamine	1000 mg
L-cystine	500 mg
Inulin	1000 mg
Japanese pagoda tree extract	250 mg
of which Quercetin	220 mg
Elderberry extract	200mg
Vitamin C	1000 mg
Vitamin D	2000 IU
Zinc	15 µg

VITA-MIN ONE

FOOD SUPPLEMENT

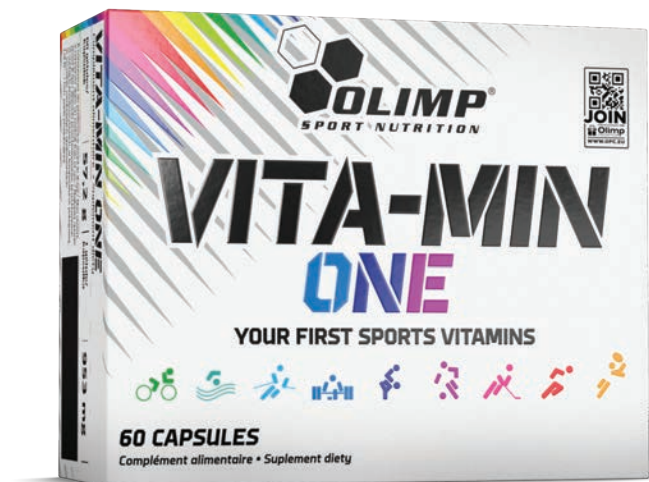
VITA-MIN ONE – THE POWER OF VITAMINS IN EACH CAPSULE!

200 MG	21 µg	50 MG	190 MG	40 µg
VITAMIN C	VIT B12	AMERICAN GINSENG EXTRACT	MAGNESIUM	VIT D

1 PORTIONS / 2 CAPS.

PACKAGE/
SIZE/
PORTIONS

60 CAPS/
30 PORTIONS



PRODUCT CHARACTERISTICS

- New from Olimp Sport Nutrition!
- A complex of high-quality vitamins and minerals in precisely selected portions!
- A quick and simple way to supplement your daily diet with key minerals and vitamins
- For women and men performing intellectual work, exercising recreationally, amateurs of various sports and a healthy lifestyle
- Small capsules, convenient to use, easy to swallow

Discover Vita-Min One! It is a dietary supplement for both women and men to supplement the daily diet with high-quality vitamins and minerals! Vita-Min One is a product not only for athletes! These are vitamins for anyone who wishes to take care of their health and vitality every day!

SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)	Nutrition declaration	Per portion (2 caps)
Vitamin A (RE)	400 µg	Calcium	240 mg
Vitamin D	40 µg	Magnesium	190 mg
Vitamin E (α-TE)	24 mg	Iron	14 mg
Vitamin C	200 mg	Zinc	10 mg
Thiamin (vit. B1)	8 mg	Copper	1 mg
Riboflavin (vit. B2)	16,8 mg	Manganese	1 mg
Niacin (NE)	35 mg	Selenium	55 µg
Vitamin B6	6 mg	Chromium	120 µg
Folic acid	400 µg	Iodine	150 µg
Vitamin B12	21 µg	Boron	1 mg
Biotin	100 µg	American ginseng extract	50 mg
Pantothenic acid	12 mg		

GOLD-VIT D3+K2

FOOD SUPPLEMENT

GOLD VIT D3 + K2 SPORT EDITION – COMPREHENSIVE SUPPORT FOR BONES, MUSCLES, AND IMMUNITY! HIGH-QUALITY, PURE, RAW MATERIALS, REAL EFFECTS!

4000 MG	50 µg
VIT.D3	VIT K2 MK-7

1 PORTION / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS

60 CAPS./
60 PORTIONS



PRODUCT CHARACTERISTICS

- As much as 4000IU of vitamin D3 in 1 portion!
- A small, easy-to-swallow, capsule
- Innovative and patented Flow Caps technology
- Safe support for people who practise intensively

Gold-Vit® D3+K2 in the form of Flow Caps liquid capsules, containing high dose vitamin D (D3) in a dose of 4000 IU. The product also contains natural vitamin K from natto, high absorbable and active form1 – menaquinone-7 (vitamin K2).

SUPPLEMENT FACTS

Nutrition information	1 capsule
Vitamin D (D3)	100 µg (4000 I.U.)
Vitamin K (K2)	50 µg

*% NRV - nutrient reference value.

GOLD-VIT C

FOOD SUPPLEMENT

PERFECT SOLUTION FOR HARD TRAINING PEOPLE AND PERFORMING PHYSICAL WORK!

1000 MG	2.5 MG
VITAMIN C	CITRUS BIOFLAVONOIDS

1 PORTIONS / 2 CAPS.

PACKAGE/
SIZE/
PORTIONS

60 CAPS/
30 PORTIONS

PRODUCT CHARACTERISTICS

- A maximum dose of the patented vitamin C PureWay-C®
- Vitamin C has antioxidant properties and removes free radicals
- Supports the proper functioning of the immune system, reduces the feeling of tiredness and fatigue and contributes to maintaining proper energy metabolism

Gold-Vit C 1000® is an innovative and safe dietary supplement which contains a maximum dose of vitamin C in a patented form of PureWay-C®.

PureWay-C® is vitamin C in the form of a complex of L-ascorbic acid and citrus bioflavonoids.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)
Vitamin C (from PureWay-C®)	1000 mg (1250%*)
Citrus bioflavonoids	25 mg

*NRV - nutrient reference value

CHELA-MIN

SPORT FORMULA

FOOD SUPPLEMENT

CHELATED MINERALS COMPLEX

386.75 MG

CHELATED ALBION® MINERALS

1 PORTIONS / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS

60 CAPS/
60 PORTIONS

PRODUCT CHARACTERISTICS

- Albion Minerals
- Complex composition

Complex composition of easily absorbed mineral components in the form of chelates**. It supplements the diet with important nutrients.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps)
Magnesium***	190 mg (51%*)
Calcium***	100 mg (12,5%*)
Potassium	75 mg (3,7%*)
Zinc**	15 mg (150%*)
Iron**	3 mg (21%*)
Manganese**	3 mg (150%*)
Copper**	0,5 mg (50%*)
Iodine	150 µg (100%*)
Chromium	150 µg (375%*)
Selenium	75 µg (136%*)

* NRV - nutrient reference values

** high quality mineral in form of amino acid chelates ALBION®

*** amino acid chelates ALBION® and other forms of mineral

VITA-MIN

MULTIPLE SPORT

FOOD SUPPLEMENT

POWERFUL VITAMINS & MINERALS
IN MEGA DOSAGES



19.4 MG	19.6 MG	386 MG	361 MG	18.8 MG	23 MG
VIT. B1	VIT. B2	CHELATED ALBION® MINERALS	HERBAL EXTRACTS	VIT. B6	VIT. B12

1 PORTIONS / 1 CAPS. + 1 CAPS.

PACKAGE/
SIZE/
PORTIONS

60 CAPS/
30 PORTIONS

PRODUCT CHARACTERISTICS

- Essential vitamins and minerals for every active person
- An easily available form of Albion's amino-acid chelates
- An innovative form of MegaCaps – high doses of active ingredients used

Complex composition of vitamins, substitutes of vitamins, natural antioxidants and other secondary plant ingredients in natural matrix - VITA – PLEX SPORT® and mineral components CHELA-MIN SPORT®.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps)	Nutrition declaration	Per portion (1 caps)
Vit. A	1000 µg (125%)	Biotin	100 µg (200%)
Vit. D	10 µg (200%)	Pantothenic acid	12 mg (200%)
Vit. E	24 mg (200%)	Citrus bioflavonoid 40%	100 mg
Vit. C (PureWay-C®)	290 mg (362%)	Artichoke extract 5% cynarines	80 mg
Vit. B1	19.4 mg (1763%)	Pumpkin seed extract 5:1	60 mg
Vit. B2	19.6 mg (1400%)	Nettle extract	60 mg
Niacin	31 mg (194%)	Niacin	31 mg
Vit. B6	18.8 mg (1343%)	Green tea extract 55% EGCG	60 mg
Folacin	400 µg (200%)	ALA (alfa-lipoic acid)	10 mg
Vit. B12	23 µg (920%)	Black pepper extract® (95%)	1 mg

*NRV - nutrient reference value

VITA-MIN

MULTIPLE SPORT 40+

FOOD SUPPLEMENT

POWERFUL VITAMINS & MINERALS
ENRICHED WITH ASHWAGANDHA



10 MG	24 MG	24 MG	100 MG	290 MG	50 MG	75 MG	19.4 MG
VIT. D	VIT. E	VIT. B	SAW PALMETTO	VITAMIN C (PUREWAY-C®)	ASHWAGANDHA EXTRACT	VIT. K	THIAMIN

1 PORTIONS / 1 CAPS. + 1 CAPS.

PACKAGE/
SIZE/
PORTIONS

60 CAPS/
30 PORTIONS

PRODUCT CHARACTERISTICS

- Supplement the diet with vitamins and minerals
- Contains saw palmetto fruit extract and Ashwagandha KSM-66 root extract
- Helps enhance the metabolic processes of the body

Vita-Min Multiple Sport 40+ is a multi-vitamin preparation developed for active persons over 40 years old. Vita-Min Multiple 40+ is dedicated to persons who - aim at maintaining health and vitality, - want to facilitate the metabolic processes of the body

SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)	Nutrition declaration	Per portion (2 caps)
Vitamin A (µg RE)	1000 µg (125%)	Vitamin B6	18,8 mg (1343%)
Vitamin D	10 µg (200%)	Folic acid	400 µg (200%)
Vitamin E (mg α-TE)	24 mg (200%)	Vitamin B12	23 µg (920%)
Vitamin K	75 µg (100%)	Biotin	100 µg (200%)
Vitamin C (PureWay-C®)	290 mg (362%)	Pantothenic acid	12 mg (200%)
Thiamin (Vitamin B1)	19,4 mg (1763%)	Saw palmetto fruit extract	100 mg
Riboflavin (Vitamin B2)	19,6 mg (1400%)	Ashwagandha extract KSM-66	50 mg
Niacin (mg NE)	31 mg (194%)	of which withanolides (5%)	2,5 mg

*NRV - nutrient reference value

ZMA

FOOD SUPPLEMENT

ZINC - MAGNESIUM & VITAMIN B6

30 MG	450 MG	10.5 MG
ZINC	MAGNESIUM	VIT. B6
1 PORTIONS / 2 CAPS.		

PACKAGE/
SIZE/
PORTIONS

120 CAPS/
60 PORTIONS

PRODUCT CHARACTERISTICS

- Contributes to the proper functioning of muscles
- Helps maintain proper blood serum testosterone concentration
- Protects the cell components from oxidative damage

Complex composition of zinc, magnesium and vitamin B6, which makes ZMA perfect product for athletes and active people



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)
Zinc	20 mg (*200%)
Magnesium	300 mg (*80%)
Vit. B6	7 mg (*500%)

*NRV - nutrient reference value

CHELA-MZB

SPORT FORMULA

FOOD SUPPLEMENT

ALBION CHELATED FORMS OF MINERALS

30 MG	500 MG	8 MG
ZINC	MAGNESIUM	VIT. B6
1 PORTIONS / 2 CAPS.		

PACKAGE/
SIZE/
PORTIONS

60 CAPS/
30 PORTIONS

PRODUCT CHARACTERISTICS

- Highly absorbable form of magnesium and zinc
- Enriched with Vitamin B6
- The unique formula Mega Caps® / Mega Capsules®

Chelated for of Zinc and Magnesium with vitamin B6, ideal for active people.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)
Zinc	30 mg (300%*)
Magnesium	500 mg (133%*)
Vit. B6	8 mg (570%*)

*NRV - nutrient reference value

CHELA-MAG B6 CRAMP SHOT

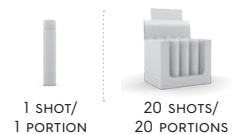
FOOD SUPPLEMENT

FORGET ABOUT CRAMPS

2.1MG	300MG	300MG	2.1MG	3.75MG
VIT B6	MAGNESIUM	POTAS	RIBOFLAVIN	VITAMIN B12

1 PORTIONS / 1 AMPOULE

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- Contributes to the proper functioning of muscles
- Helps maintain proper blood serum testosterone concentration
- Protects the cell components from oxidative damage

Chela-Mag B6® Shot is a formulation designed to help meet your body's needs for magnesium and potassium - ingredients that are responsible for proper muscle function, that helps to prevent cramps.



AVAILABLE
FLAVORS



ORANGE



CHERRY

SUPPLEMENT FACTS

Nutrition information	1 ampoule (25 ml)
Magnesium	1000 µg
300 mg (80%*)	10 µg
Potas	24 mg
300 mg (15%*)	75 µg
Vitamin B6	2,1 mg (150%*)
Thiamin	1,65 mg (150%*)
Riboflavin	2,1 mg (150%*)
Vitamin B12	3,75 µg (150%*)

*NRVs – nutrient reference values

ANTI-OX POWER BLEND

FOOD SUPPLEMENT

ANTIOXIDANT BOMB

100 MG	200 MG	150 MG	100 MG
TRANS RESVERATROL	OXYNEA®	GRAPE SEED EXTRACT	RHODIOLA ROSEA EXTRACT

1 PORTIONS / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS



60 CAPS/
60 PORTIONS

PRODUCT CHARACTERISTICS

- A complex of 36 active plant ingredients
- A tremendous dose of trans-resveratrol, which slows down the aging process
- Grape seed extract effectively protects the nervous system from damage

High dosage complex of natural antioxidants in Mega Caps® formula



SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps)
OXYNEA®	200 mg
Patented fruit-vegetable complex: tomato, carrot, green tea, broccoli, green cabbage, onion, garlic, olives, wheat germ, cucumber, asparagus, red and white grapes, orange, grapefruit, bilberry, papaya, pineapple, strawberry, apple, apricot, cherry, blackcurrant	
Grape seed extract (95% proanthocyanidins)	150 mg
Green tea extract (55% EGCG)	150 mg
Citrus bioflavonoids 60%	100 mg
Trans-resveratrol (from Japanese knotweed extract, grape skin extract)	100 mg
Rhodiola rosea extract (4% rosavins)	100 mg
Quercetin	100 mg
Artichoke extract (5% cynarin)	40 mg
Cranberry extract (10% PAC)	30 mg
Alfa-lipoic acid	30 mg
Coenzyme Q10	15 mg
Astaxanthin	5 mg
Lycopene	1 mg
Beta-carotene (of which: Vit. A (retinol equivalente))	166,7 µg (20,8%*)

*NRV - nutrient reference value

GOLD VITA-MIN

ANTI-OX SUPER SPORT

FOOD SUPPLEMENT

VITAMIN & ANTIOXIDANT COMBINED FORMULA

252.32 MG	1080 MG	10 MG	240.86 MG
VITAMIN COMPLEX	ANTI-OX POWER BLEND	ASTRAGINTM	MINERALS COMPLEX

1 PORTIONS / 1 CAPS. + 1 CAPS.

PACKAGE/
SIZE/
PORTIONS



60 CAPS/
30 PORTIONS

PRODUCT CHARACTERISTICS

- Supports an organism burdened with intense effort, supplementing it with bioactive ingredients, minerals and vitamins
- Maximum assimilability of the highest quality vitamin and mineral ingredients, thanks to a patented mixture of plant extracts
- Guaranteed regeneration after an exhaustive workout!

Complex composition of mineral components in the form of amino acid chelates and vitamins VITA-MIN POWER complex and herbal extracts with natural antioxidants that help to neutralize adverse effects of oxidation ANTI-OX POWER blend.



SUPPLEMENT FACTS

Minerals:	Per portion (2 caps)	ANTIOX-POWER blend	Per portion (2 caps)	
Calcium (amino acid chelate®)	160 mg (20%*)	OXXYNEA® Patented fruit-vegetable complex: red and white grapes, orange, grapefruit, bilberry, papaya, pineapple, strawberry, apple, apricot, cherry, black currant, tomato, green tea, broccoli, green cabbage, onion, garlic, olives, wheat germ, cucumber, asparagus		
Magnesium (amino acid chelate Albion®)	65 mg (17,3%*)		240 mg (300%*)	
Zinc (amino acid chelate (Chelazome®) Albion®)	10 mg (100%*)			
Iron (amino acid chelate (Ferrochel®) Albion®)	2,8 mg (20%*)			
Copper (amino acid chelate (Chelazome®) Albion®)	1000 µg (100%*)		Grape seed extract (95% proanthocyanidins)	150 mg
Selenium	55 µg (100%*)		Green tea extract (55% EGCG)	150 mg
Vit. B12	23 µg		Citrus bioflavonoids 60%	100 mg
			Trans-resveratrol (from Japanese knot-weed extract, grape skin extract)	100 mg
			Rhodiola rosea extract (4% rosavins)	100 mg
			Quercetin	100 mg
Vitamins:	Per portion (2 caps)	Artichoke extract (5% cynarin)	50 mg	
Vit. C (PureWay-C®)	240 mg (300%*)	Cranberry extract (10% PAC)	40 mg	
Vit. B6	4,2 mg (300%*)	Alfa-lipoic acid	20 mg	
Vit. B2 (ryboflawina)	4,2 mg (300%*)	Coenzyme Q10	15 mg	
Vit. B1 (tiamina)	3,3 mg (300%*)	Astaxanthin	5 mg	
Folic acid	600 µg (300%*)	Black pepper extract (95% piperine)	3 mg	
Vit. D	15 µg (300%*)	Lycopene (of which: Vit. A)	1 mg 166,7 µg	
Vit. B12	7,5 µg (300%*)			
AstraGin™	10 mg			

*NRV - nutrient reference value

ADAPTO-FUEL

FOOD SUPPLEMENT

BLEND OF ADAPTOGENS

100 MG	100 MG	300 MG	150 MG
SYBERIAN GINSENG	RODHIOLA ROSEA EXTRACT	KSM66	BRAHMI EXTRACT

1 PORTIONS / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS



60 CAPS/
60 PORTIONS

PRODUCT CHARACTERISTICS

- Effective stress control
- A composition for people under mental effort
- Natural ingredients that helps to improve concentration and memory

Composition of high quality standardized extracts from four plant species showing adaptogenic effects: ashwagandha, brahmi, rhodiola rosea and siberian ginseng



SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps)
OXXYNEA®	200 mg
Ashwagandha extract (Withania somnifera L.) KSM-66 (of which withanolides (5%))	300 mg (15 mg)
Brahmi extract (Bacopa monnieri L.) (of which bacosides (20%))	150 mg (30 mg)
Rhodiola rosea extract (Rhodiola rosea L.) (of which salidroside (4%))	100 mg (4 mg)
Siberian ginseng extract (Eleutherococcus senticosus) (of which eleutherosides (0,8%))	100 mg (0,8 mg)
L-tyrosine	250 mg

DETOXEEED-PRO

FOOD SUPPLEMENT

DETOXEEED-PRO™ TRY A COMPLEX PRODUCT THAT SUPPORTS LIVER PROTECTION AND ANTI-OXIDANT PROPERTIES



300 MG	406 MG	300MG	200 MG	200 MG	50 MG	26 MG	2.63 MG
NETTLE EXTRACT	CHOLINE BITARTRATE (VITACHOLINE®)	ARTICHOKE EXTRACT	LARGE CRANBERRY EXTRACT	MILK THISTLE EXTRACT	SPIRULINA	TURMERIC EXTRAC	BLACK PEPPER EXTRACT (BIOPERINE®)

1 PORTIONS / 2 CAPS.

PACKAGE/
SIZE/
PORTIONS



60 CAPS/
30 PORTIONS

PRODUCT CHARACTERISTICS

- Patented VitaCholine® form
- Natural ingredients
- Standardized plant extracts

Detoxeed-Pro™ is a dietary supplement in the form of capsules, containing an advanced formula of plant ingredients composed of extracts from: milk thistle, artichoke, common nettle, large cranberry, turmeric rhizome and black pepper, supplemented with choline and spirulina.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)
Choline bitartrate (VitaCholine®)	406 mg
of which: choline	166 mg
Artichoke extract	300 mg
of which: cynarin (5%)	15 mg
Nettle extract	300 mg
Large cranberry extract	200 mg
of which: proanthocyanidins (10%)	20 mg
Milk thistle extract	150 mg
of which: silymarin (80%)	120 mg
Spirulina	50 mg
Turmeric extract	26 mg
of which: curcuminoids (95%)	24,7 mg
Black pepper extract (Bioperine®)	2,63 mg
of which: piperine (95%)	2,5 mg

FLEX XPLODE

FOOD SUPPLEMENT

FORMULA FOR JOINTS BONES AND CARTILAGE

750 MG	10000 MG	250 MG	500 MG	150 MG
MSM	COLLAGEN TYPE I HYDROLYSATE	COLLAGEN TYPE II HYDROLYSATE	GLUCOSAMINE SULPHATE 2KCL	CHONDROITIN SULPHATE

14,4 G / 2 SCOOPS

PACKAGE/
SIZE/
PORTIONS



504 G/
35 PORTIONS

PRODUCT CHARACTERISTICS

- A protective shield for joints, cartilage and ligaments
- Faster regeneration after trauma, injuries and surgeries
- Collagen in an amount confirmed by clinical trials

This product is dedicated to those who value an active, intensive lifestyle and healthy joints.

Thanks to the selection of the highest quality active ingredients, research and numerous laboratory tests, Flex Xplode will satisfy even the most demanding consumers.



AVAILABLE
FLAVORS



ORANGE



GRAPEFRUITS

SUPPLEMENT FACTS

Nutrition information	Per 1 portion 14,4 g
Collagen type I hydrolysate	10 000mg
Collagen type II hydrolysate	250 mg
Methylsulfonylmethane (MSM)	750 mg
Glucosamine sulphate 2 KCl	500 mg
of which: glucosamine	295 mg
Chondroitin sulphate	150 mg
of which: chondroitin	135 mg
Vit. C (PureWay-C®)	108 mg (135%*)
Calcium	120 mg (15%*)
Boswellia serrata extract	100 mg
of which: boswellic acid (60%)	60 mg
Magnesium	57 mg (15%*)
Hyaluronic acid	20 mg
Vit. D3	15 µg (300%*)

*NRVs – nutrient reference values

PLATINIUM GINSENG

FOOD SUPPLEMENT

GINSENG SPORT EDITION

550 MG	300 MG	250 MG	50 MG
POWER GINSENG COMPLEX	KOREAN GINSENG EXTRACT	AMERICAN GINSENG EXTRACT	BARLEY EXTRACT

1 PORTIONS / 1 CAPS.



PACKAGE/
SIZE/
PORTIONS

60 CAPS/
60 PORTIONS

PRODUCT CHARACTERISTICS

- A mega dose of 550 mg of Power Ginseng Complex in 1 capsule!
- A mixture of two Ginseng species (Korean and American)
- 60 capsules in a package!

This product is dedicated to those who value an active, intensive lifestyle and healthy joints.

Thanks to the selection of the highest quality active ingredients, research and numerous laboratory tests, Flex Power will satisfy even the most demanding consumers.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps)
Power Ginseng Complex	550 mg
Korean ginseng extract (Panax ginseng C.A. Mey.)	300 mg
of which ginsenosides (7%)	21 mg
American ginseng extract (Panax quinquefolius)	250 mg
of which ginsenosides (5%)	12,5 mg
Barley extract (Hordeum vulgare L.)	50 mg

*NRV - nutrient reference value

KOLAGEN

ACTIV PLUS

FOOD SUPPLEMENT

PURE COLLAGEN

7.2 MG	24 MG	240 MG	112.5 MG	0.42 MG
COLLAGEN	VITAMIN C	CALCIUM	MAGNESIUM	VITAMIN B6

1 PORTIONS / 8 TABS.



PACKAGE/
SIZE/
PORTIONS

80 CAPS/
10 PORTIONS

PRODUCT CHARACTERISTICS

- Improves the overall health of your skin, hair and nails
- Collagen works synergistically within the body to help reduce fine lines and wrinkles

The product delivers collagen hydrolysate. Formula also contains minerals, calcium and magnesium and vitamin C

This product is recommended especially for people who care of their skin condition as well as for physically actives.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (8 tabs)
Collagen	7,2 g
Vitamin C	24 mg
Vitamin B6	0,42 mg
Calcium	240 mg
Magnesium	112,5 mg

*NRV - nutrient reference value

GLUCOSAMINE PLUS

FOOD SUPPLEMENT

GLUCOSAMINE PLUS FORMULA

18 MG	2000 MG	300 MG
VITAMIN C	GLUCOSAMINE SULFATE 2KCL	CHONDROITIN SULFATE

1 PORTIONS / 3 CAPS.

PACKAGE/
SIZE/
PORTIONS

60 CAPS/
20 PORTIONS

PRODUCT CHARACTERISTICS

- Ensures efficient joint functioning
- Supports collagen production
- Contains glucosamine sulphate and vitamin C

This supplement contributes to the proper functioning of joints. It leads to faster recovery after injuries, contusions or even operations. Shield that protects your joints and cartilage.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (3 caps)
Glucosamine sulfate 2KCl (of which: Glucosamine sulfate)	2000 mg (1500 mg)
Chondroitin	300 mg (21 mg)
Vitamin C	18 mg (22,5%*) (12,5 mg)

*NRV - nutrient reference value

ARTHROBLOCK FORTE

FOOD SUPPLEMENT

PROPER FUNCTIONING OF JOINTS

100 MG	100 MG	1000 MG	200 MG	50 MG
ZINGIBER EXTRACT	BOSWELLIA SERRATA EXTRACT	GLUCOSAMINE SULPHATE 2KCL	CHONDROITIN SULPHATE	HYALURONIC ACID

1 PORTIONS / 2 CAPS.

PACKAGE/
SIZE/
PORTIONS

60 CAPS/
30 PORTIONS

PRODUCT CHARACTERISTICS

- Seven active components affecting joint functioning
- Glucosamine and chondroitin – contribute to maintaining the proper structure of joints

Arthroblock® forte - a food supplement that contains a complex of ingredients such as ginger, boswellia serrata extract and glucosamine, additionally enriched with vitamin C, which contributes to normal collagen formation for the normal function of cartilage, and manganese, which contributes to the normal formation of connective tissue.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)
Glucosamine sulfate 2KCl (of which glucosamine sulfate)	1000 mg (750 mg)
Chondroitin sulfate	200 mg
Hyaluronic acid	50 mg
Boswellia Serrata extract (60% of boswellic acid)	100 mg
Zingiber extract (5% gingerols)	100 mg
Vitamin C	60 mg (75%*)
Manganese (Albion®)	2 mg (100%*)

*NRV - nutrient reference value

ALA 200

FOOD SUPPLEMENT

PHARMACEUTICAL GRADE ALA

1200 MG

ALPHA LIPOIC ACID

1 PORTIONS / 6 CAPS.

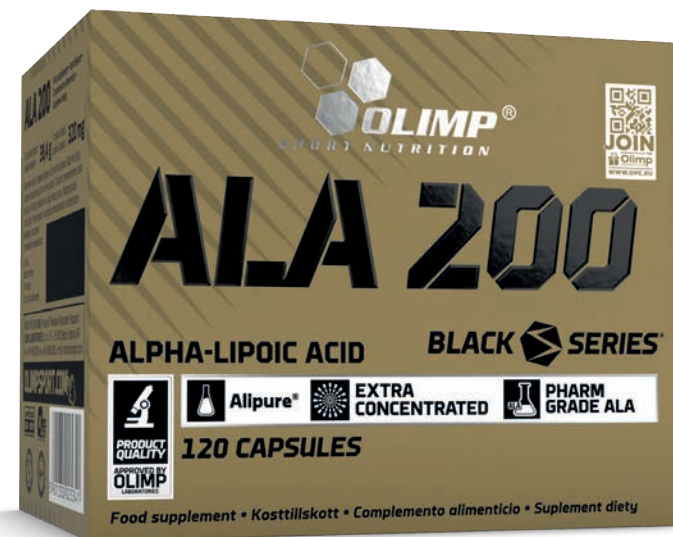
PACKAGE/
SIZE/
PORTIONS

120 CAPS/
20 PORTIONS

PRODUCT CHARACTERISTICS

- The highest quality alpha-lipoic acid
- Facilitates the functioning of the heart, organ of vision and the liver
- Improves the efficiency of the organism

Food supplement in capsules, containing highly absorbable form of magnesium – Albion® magnesium amino acid chelate (magnesium bisglycinate) in an increased dose, enriched with vitamin B6.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (6 caps)
Alpha-lipoic acid	1200 mg

*NRV - nutrient reference value

COLONBIOTIC 7GG

FOOD SUPPLEMENT

TAKE CARE OF YOUR INTESTINES AND THEY WILL TAKE CARE OF YOUR SPORTING PERFORMANCE!

50 MG

FRUCTOOLIGOSACCHARIDES

7 MLD

LACTIC ACID BACTERIA
LACTOBACILLUS RHAMNOSUS GG

1 PORTIONS / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS

30 CAPS/
30 PORTIONS

PRODUCT CHARACTERISTICS

- Synbiotic (probiotic + prebiotic)
- Mega dose of probiotic 7 billion CFU*

Dietary supplement containing specially selected lactic acid bacteria Lactobacillus rhamnosus GG, in extremely high concentrations of up to 7 billion (7x10⁹ CFU *) and additionally fructo-oligosaccharides, which are a natural source of energy for bacteria.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps)
Lactic acid bacteria Lactobacillus rhamnosus GG	7 mld (7x10 ⁹ CFU*)
Fructooligosaccharides (FOS)	50 mg

*CFU – Colony Forming Unit

BETA-SOLAR

FOOD SUPPLEMENT

FOR A BEAUTIFUL SUNTAN

15 MG	2 MG	100 MG	1 MG	2 MG	50 MG
BETA-CAROTENE	LUTEIN	L-TYROSINE	LYCOPENE	ASTAXANTHIN	GREEN TEA EXTRACT

1 PORTIONS / 1 CAPS.



PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- Pro tan blend
- Antiox-protect skin blend
- Beauty skin blend

Beta-SOLAR is a product which is a composition of active components combined in three advanced formulas

SUPPLEMENT FACTS

Nutrition information	1 capsule	Nutrition information	1 capsule
Beta-carotene	15 mg	Vitamin E	12 mg (100%*)
Astaxanthin	2 mg	Selenium	27 µg (50%)
Lycopene	1 mg	Albion® zinc amino acid chelate	50 mg
Lutein	2 mg	including: zinc	10 mg (100%*)
L-tyrosine	100 mg	Albion® manganese amino acid chelate	6.25 mg
Green tea extract (98% polyphenols, 80% catechins, 55% EGCG)	50 mg	including: manganese	1 mg (50%*)
Patented complex of vitamin C and citrus bioflavonoids PureWay-C®	88.9 mg	Albion® copper amino acid chelate	10 mg
including: vitamin C	80 mg (100%*)	including: copper	1 mg (100%*)
		L-cystine	10 mg
		Hyaluronic acid	1 mg

*NRVs - nutrient reference values

GOLD OMEGA 3 D3+K2

FOOD SUPPLEMENT

INGREDIENTS FOR A STRONG HEART, CIRCULATORY SYSTEM AND BONES

50 µg	1000 MG	50 µg
VITAMIN D (D3)	FISH OIL, 65% OMEGA-3 FATTY ACIDS)	VITAMIN K (K2)

1 PORTIONS / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- Ensures the proper functioning of the heart, circulatory system and helps maintain healthy bones
- Contains high-quality and concentrated cold water fish oil
- High omega-3 fatty acid content supplemented with vitamin D, K and E

A dietary supplement with a high content of omega-3 with vitamins D3 and K2. Premium fine concentrated cold-water fish oil with a 65% standardised content of omega-3 fatty acids supplementing the diet with essential omega-3 fatty acids. Gold Omega 3® D3+K2 also contains a high amount of natural vitamin K from natto, featuring in its most digestible and active form - menaquinone-7 (vitamin K2). The product has been supplemented with 2000 IU of vitamin D (D3).



SUPPLEMENT FACTS

Nutritional information	Per portion (1 caps)
Fish oil (65% omega-3 fatty acids)	1000 mg
of which:	
33% of eicosapentaenoic acid (EPA)	330 mg
22% of docosahexaenoic acid (DHA)	220 mg
10% of other omega-3 acids	100 mg
Vitamin D (D3)	50 µg (2000 i.u.) (1000%)*
Vitamin K (K2)	50 µg (67%)*
Vitamin E (mg α-TE)	12 mg (100%)*

*NRV - nutrient reference value

GOLD OMEGA 3

FOOD SUPPLEMENT

HIGHLY CONCENTRATED OMEGA-3

1000 MG	330 MG	220 MG	12 MG
FISH OIL	EPA	DHA	VIT. E

1 PORTIONS / 1 CAPS.

PACKAGE/
SIZE/
PORTIONS



120 CAPS/
120 PORTIONS

PRODUCT CHARACTERISTICS

- High quality and concentrated cold water fish oil containing 65% omega-3 fatty acids, recommended for physically active people
- Supports the proper functioning of the heart, brain and vision
- Contributes to maintaining proper blood triglyceride levels and blood pressure

High-quality cold sea-water fish oil, rich in Eicosapentanoic acid (EPA), Docosahexanoic acid (DHA) and other Omega-3 fatty acids, which represent a highly-valued supplementation of essential ingredients of the food pattern .



SUPPLEMENT FACTS

Nutrition declaration	Per portion (1 caps)
Fat (fish-oil) of which:	1000 mg
Eicosapentanoic acid 33% EPA	330 mg
Docosahexanoic acid 22% DHA	220 mg
Other Omega-3 fatty acids 10%	100 mg
Vitamin E	12 mg (100%*)

*NRV - nutrient reference value

MCT OIL

FOOD SUPPLEMENT

EXCELLENT SOURCE OF ENERGY

0.28 G	7.0-9.1 G	4.2-6.3 G	0,4 G
APROIC ACID	CAPRYLIC ACID	CAPRIC ACID	LAURIC ACID

14 G / 1 SPOON

PACKAGE/
SIZE/
PORTIONS



400 ML/
28 PORTIONS

PRODUCT CHARACTERISTICS

- A complex of plant, medium-chain fatty acids
- The MCT lipids are completely metabolized by the liver together with a release of energy
- Recommended for people with fat absorption problems

This product enriches the diet with medium chain fatty acids (MCFA) from MCT vegetable oil.

The MCFA are the most efficient energetic substrates for work, regeneration and development of muscular tissue.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (14 g)
Calories	526,7 kJ/ 126 kcal
Protein	0 g
Carbohydrates	0 g
Fat of which Fatty acids: (MCT)	14 g
Caproic Acid (C6:0)	0,28 g
Caprylic Acid (C8:0)	7,0 - 9,1 g
Capric Acid (C10:0)	4,2 - 6,3 g
Lauric Acid (C12:0)	0,4 g

*NRV - nutrient reference value

HEPAPLUS

FOOD SUPPLEMENT

TAKING CARE OF YOUR LIVER

1.4MG	700MG	200MG
RIBOFLAVIN (vit. B2)	ARTICHOKE EXTRACT	L-ORNITHINE ASPARTATE
1 PORTIONS / 2 CAPS.		

PACKAGE/
SIZE/
PORTIONS

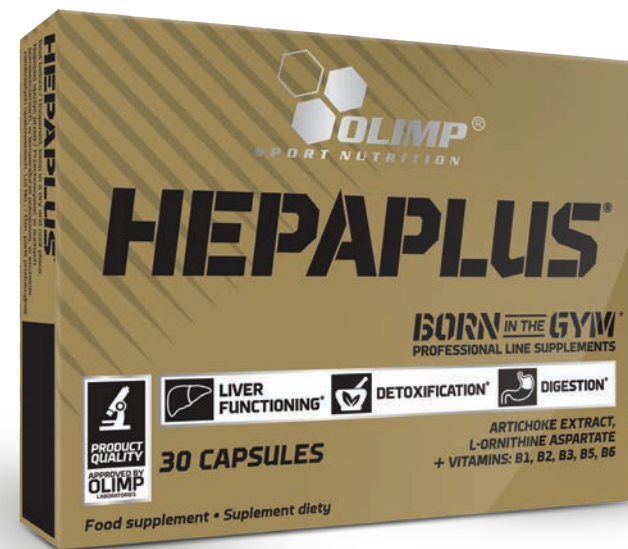


30 CAPS/
15 PORTIONS

PRODUCT CHARACTERISTICS

- Liver Functioning
- Detoxification
- Digestion

Food supplement in capsules, containing artichoke extract (*Cynara scolymus* L.), standardized to 5% cynarine. The product is enriched with L-ornithine aspartate. It also contains vitamin B complex: thiamin, riboflavin, niacin, pantothenic acid and vitamin B6.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (2 caps)
Artichoke extract (<i>Cynara scolymus</i> L.) standardised to 5% cynarine	700 mg
L-ornithine aspartate (of which: L-ornithine)	200 mg (100 mg)
Riboflavin (vit. B2)	1.4 mg (100%*)
Niacin (vit. B3)	16 mg (100%*)
Pantothenic acid (vit. B5)	6 mg (100%*)
Vitamin B6	1.4 mg (100%*)

*NRV - nutrient reference value

ALKAGEN FAST

FOOD SUPPLEMENT

EXCELLENT SOURCE OF ENERGY

2.5MG	550MG	170MG	95MG
ZINC	POTAS	CALCIUM	MAGNESIUM
1 PORTIONS / 1 CAPS.			

PACKAGE/
SIZE/
PORTIONS



15 TABS/
15 PORTIONS

PRODUCT CHARACTERISTICS

- Maintains the proper hydration level
- Eliminates signs of fatigue
- Fast solubility

The ideally selected daily dose in the form of Effervescent tablets will enable to quickly and effectively fight the signs of fatigue caused by increasing dehydration and acidification of the body while practising any kind of endurance sports.



AVAILABLE
FLAVORS



ORANGE

SUPPLEMENT FACTS

Nutrition information	1 tablet
Potassium bicarbonate	1411 mg
Calcium salts of citric acid	700 mg
Sodium bicarbonate	600 mg
Magnesium salts of citric acid	322 mg
Calcium salts of orthophosphoric acid	111 mg
Magnesium oxide	90 mg
Calcium	170 mg (21,3%*)
Magnesium	95 mg (25,3%*)
Zinc	2,5 mg (25%*)
Potassium	550 mg (27,5%*)
Sodium	164 mg
L-glutamine	170 mg

*NRV - nutrient reference value



—ENDURANCE.—

ENDURANCE



4000 MG

BCAA

1540 MG

AAKG

60 ML / 1 AMPOULE

B C A A

BCAA 4000 XTREME SHOT

FOOD SUPPLEMENT

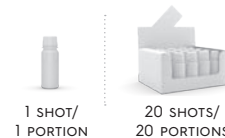
YOUR MUSCLES NEED BCAA

PRODUCT CHARACTERISTICS

- Contains NITROLOADER SYSTEM™ - a formula that supports the effective assimilation of amino acids
- The highest quality forms of branched-chain amino acids BCAA
- Recommended for highly active people, with a big training burden

A mixture of top-quality, crystalline, instantized forms of branched-chain amino acids (BCAA: L-leucine, L-valine, and L-isoleucine) in workout-optimized proportions of 2:1:1 with added AAKG.

PACKAGE/
SIZE/
PORTIONS



1 SHOT/
1 PORTION

20 SHOTS/
20 PORTIONS

AVAILABLE FLAVORS



ORANGE

SUPPLEMENT FACTS

Nutrition information	1 ampoule (60ml)
BCAA NITRO formula:	5000 mg
L-leucine	2000 mg
L-valine	1000 mg
L-isoleucine	1000 mg
L-arginine alpha-ketoglutarate (AAKG)	1540 mg
NITROLOADER SYSTEM™:	51 mg
Sodium	50 mg
Vitamin B6	1,05 mg/ (75%*)
Vitamin B12	1,875 mg/(75%*)

*NRV - nutrient reference value

ALKAGEN

FOOD SUPPLEMENT

ALKALIZE YOURSELF

260MG	775MG	5080MG	145MG	1.5MG
CALCIUM	POTASSIUM	ALKALINE SALTS OF HYDROCARBONATES	MAGNESIUM	ZINC

1 PORTIONS / 4 CAPS.

PACKAGE/
SIZE/
PORTIONS



120 CAPS/
60 PORTIONS

PRODUCT CHARACTERISTICS

- Shortens the period of post-workout regeneration
- Decreases the acidity of the organism after an intense workout
- Prevents the disturbance of the acid-base balance in the organism

Provide constant parameters of intracellular environment and support mechanisms preventing pH decrease inside the body, especially during and after intense workout as well as due to improper acidic diet. The effects of appropriate proportions of bicarbonates, citrates and phosphates are supported additionally by the presence of alkali elements.



SUPPLEMENT FACTS

Nutrition information	4 capsules
Sodium bicarbonate	1500 mg
Potassium bicarbonate	1500 mg
Calcium salt of orthophosphoric acid	600 mg
Potassium citrate	500 mg
Magnesium salt of citric acid	500 mg
Calcium salts of citric acid	360 mg
Magnesium oxide	120 mg
of which:	
Potassium	775 mg (38,8%*)
Magnesium	145 mg (38,7%*)
Calcium	260 mg (32,5%*)
Zinc from amino acid chelate Albion®	1,5 mg (15%*)
Sodium	405 mg

*NRV - nutrient reference value

ENDUGEN

FOOD SUPPLEMENT

SUSTAIN THE POWER

200MG	400MG	12MG	2200MG	200MG	100MG
TAURINE	AAKG	ECAYENNE PEPPER EXTRACT	BETA-ALANINE	PANAX GINSENG	CAFFEINE

1 PORTIONS / 4 CAPS.

PACKAGE/
SIZE/
PORTIONS



60 CAPS/
15 PORTIONS

PRODUCT CHARACTERISTICS

- Maintains the proper hydration level
- Eliminates signs of fatigue
- Perfect and fast solubility

Precisely selected plants extracts i.e. guarana and panax ginseng, enriched with powerful portion of beta-alanine and sodium bicarbonate, which have been used for over the years in many elite products increasing strength and aerobic capacity (VO2max).



SUPPLEMENT FACTS

Nutrition information	4 capsules
ENDUGEN™ MAX Effort Formula:	5072 mg
Beta-Alanin	2200 mg
Sodium bicarbonate	1300 g
Potassium salts of orthophosphoric acid	500 mg
L-arginine alpha-ketoglutarate	400 mg
Taurine	200 mg
Korean Panax ginseng extract (7% ginsenosides)	200 mg
Guarana extract (22% caffeine) (of which caffeine)	160 mg (35,2 mg)
Caffeine	100 mg
Cayenne pepper extract (8% capsaicin)	12 mg
Vita-MIN ENDUGEN™ Matrix:	169,6 mg
Magnesium (of which from amino acid chelate Albion®)	150,8 mg (40%*)
Vitamin B2	1,4 mg (100%*)
Niacin (mg of niacin equivalents)	16 mg (100%*)
Vitamin B6	1,4 mg (100%*)
Vitamin B12	2,5 mg(100%*)

*NRVs - nutrient reference values

ASHWAGANDA

600 SPORT

FOOD SUPPLEMENT

HUMAN STUDY PROVEN EFFECT

300MG

300 MG ASHWAGANDA KSM-66

1 PORTIONS / 1 CAPS.

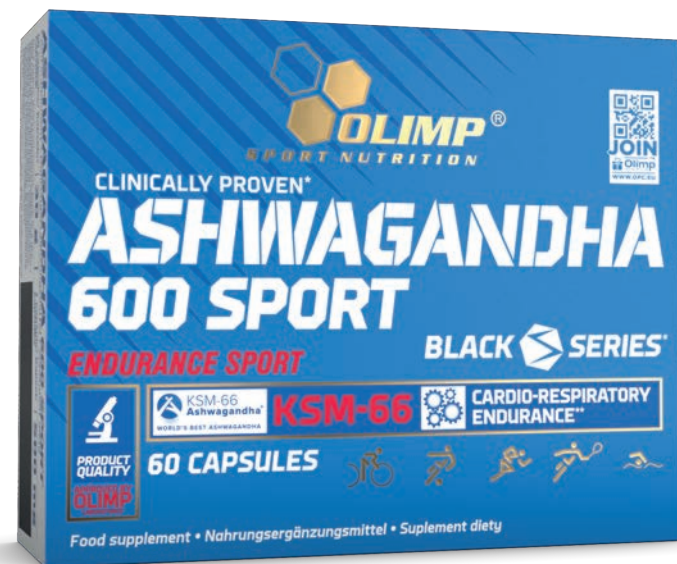
PACKAGE/
SIZE/
PORTIONS

60 CAPS/
60 PORTIONS

PRODUCT CHARACTERISTICS

- KSM-66® is an ashwagandha extract with the highest concentration of active compounds in the world
- Improves memory, supports sexual functions, increases cellular immunity
- Contributes to muscle mass gain

Patented extract of ashwagandha root (*Withania somnifera* L.) KSM-66. Ashwagandha helps maintain energy levels, optimal resistance to weariness and tiredness as well as increases the ability to cope with stress and helps build muscle mass.



SUPPLEMENT FACTS

Nutrition information	1 capsule
Ashwagandha root extract (<i>Withania somnifera</i> L.) KSM-66,	300 mg
of which: 5% withanolides	15 mg

COLLAREGEN

FOOD SUPPLEMENT

REBUILD YOUR CONNECTIVE TISSUE

5MG	40MG	1.5MG	1.9MG
COLLAGEN	PURE WAY-C	COPPER	MANGANESE
5,5 g / 1 SCOOP			

PACKAGE/
SIZE/
PORTIONS

400 g/
72 PORTIONS

PRODUCT CHARACTERISTICS

- Titanium Joints Cartilage & Tendons
- Physical efficiency depends on the condition of joints
- Rich in L-Proline - a basic amino acid of connective tissue & vitamin C

This product contains collagen, the main component of connecting tissue with vitamin C



AVAILABLE
FLAVORS



ORANGE



LEMON

SUPPLEMENT FACTS

Nutrition Information	1 Portion (5,5 g)
Collagen	5 g
Vitamin C (Pure Way-C®)	40 mg (50%*)
Albion® amino acid chelate Manganese of which manganese	1,9 mg (0,3 mg (15%))
Albion® amino acid chelate of which copper	1,5 mg (150 µg (15%*))

*NRVs - nutrient reference values

FIRE START

+ BCAA

FOOD SUPPLEMENT

ENDURE THE HARDEST RUN

1000MG	22G
BCAA	CARBOHYDRATES OF WHICH SUGARS 10 MG
1 SACHET / 36 g	

**PACKAGE/
SIZE/
PORTIONS** 20 SACHETS/
20 PORTIONS



AVAILABLE FLAVORS



ORANGE



GREEN APPLE

PRODUCT CHARACTERISTICS

- Ideal flavour and consistency
- Enriched with branched-chain amino acids for effective regeneration
- A perfect, concentrated source of energy during workout

Firestart Energy gels are a comfortable way to increase your carbohydrate intake during endurance activities. Our gels are carefully designed to digest quickly and easily, enriched with BCAA can help you to protect your muscles.

SUPPLEMENT FACTS

Nutrition information	1 sachet (36 g)	Nutrition information	1 sachet (36 g)
Energy	385 kJ/ 92 kcal	Potassium	75 mg
Fat	<0,5 g	Magnesium	57 mg (15%*)
of which saturates	<0,1 g	Sodium	100 mg
Carbohydrates	22 g	Branched chain amino acids BCAA	1000 mg
of which sugars	10 g	of which	
Protein	0,9 g	L-leucine	500 mg
Salt	0,25 g	L-valine	250 mg
Thiamin	0,17 mg (15%*)	L-isoleucine	250 mg

*NRVs - nutrient reference values

FIRE START

+ CAFFEINE

FOOD SUPPLEMENT

OUTRUN YOUR COMPETITORS

500MG	23G	100MG
TAURINE	CARBOHYDRATES OF WHICH SUGARS 10 MG	GUARANA OF WHICH CAFFEINE 50MG
1 SACHET / 36 g		

**PACKAGE/
SIZE/
PORTIONS** 20 SACHETS/
20 PORTIONS



AVAILABLE FLAVORS



BLACK CURRANT



TROPICAL

PRODUCT CHARACTERISTICS

- Provides an appropriate dose of energy during workout
- Reduces the feeling of physical and mental tiredness
- Perfect flavour and consistency

Firestart Energy gels are a comfortable way to increase your carbohydrate intake during endurance activities. Our gels are carefully designed to digest quickly and easily, enriched with caffeine to boost energy levels during the most important moments of your race.

SUPPLEMENT FACTS

Nutrition information	1 sachet (36 g)	Nutrition information	1 sachet (36 g)
Energy	385 kJ/ 92 kcal	Thiamin	0,17 mg (15%*)
Fat	<0,5 g	Potassium	75 mg
of which saturates	<0,1 g	Magnesium	75 mg (20%*)
Carbohydrates	23 g	Sodium	100 mg
of which sugars	10 g	Taurine	500 mg
Protein	<0,5 g	Guarana	100 mg
Salt	0,25 g	of which caffeine	50 mg

*NRVs - nutrient reference values

HYDRATONIC ENERGY EFFER MAX

FOOD SUPPLEMENT

ADVANCED SPORT ISOTONIC

8.9MG	7.1G	200MG	35 MG
PURE-WAY C	CARBOHYDRATES	TAURINE	CAFFEINE

1 EFFERV. TABLET / 12 G

PACKAGE/
SIZE/
PORTIONS



10 TABS/
10 PORTIONS

PRODUCT CHARACTERISTICS

- Advanced isotonic drink containing a comprehensive set of vitamins, mineral ingredients, caffeine and taurine
- Comprehensive hydration and a source of additional energy!
- Increases endurance during workout

Carbohydrate-electrolyte concentrate in powder with composition of important vitamins and minerals enhances the absorption of water during physical exercise and can contribute to the maintenance of endurance performance during prolonged endurance exercise.



AVAILABLE
FLAVORS



ORANGE

SUPPLEMENT FACTS

Nutrition declaration	1 tablet	Nutrition declaration	1 tablet
Energy	162 kJ/ 38 kcal	Vit. B2	0,21 mg (15%*)
Fat of which saturates	0 g 0 g	Niacin	2,4 mg (15%*)
Carbohydrate of which sugars	7,1 g (6,7 g)	Vit. B6	0,1 mg (7,5%*)
Protein	0 g	Pantothenic acid	0,45 mg (7,5%*)
Salt	0,6 g	Potassium	150 mg (7,5%*)
Vit. E	1,8 mg (15%*)	Calcium	60 mg (7,5%*)
PureWay-C® of which	8,9mg	Magnesium	94,2 mg (25%*)
L-ascorbic acid	8 mg (10%*)	Sodium	0,24 g
citrus bioflavonoids	0,2 mg	Taurine	200 mg
Vit. B1	0,08 mg (7,5%*)	Caffeine	35 mg

*NRVs - nutrient reference values

VITA-MIN ANTI-OX EFFER MAX

FOOD SUPPLEMENT

ULTRA CONCENTRATED MICROELEMENTS

300%	44MG	100%
NRV* VITAMINS COMPLEX	PURE-WAY C	NRV* MINERALS COMPLEX

1 EFFERV. TABLET / 9,3 G

PACKAGE/
SIZE/
PORTIONS



10 TABS/
10 PORTIONS

PRODUCT CHARACTERISTICS

- Advanced formula of antioxidant ingredients
- A great solution for endurance sport athletes
- Quality and safety confirmed in a pharmaceutical plant

Vitamin-mineral preparation rich in compounds with antioxidant activity as vitamin C and zinc, which contribute to the protection of cells from oxidative stress



AVAILABLE
FLAVORS



ORANGE

SUPPLEMENT FACTS

Nutrition information	1 tablet	Nutrition information	1 tablet
Vitamin A (µg RE)	600 µg (75%*)	Vitamin C	240 mg (300%*)
Vitamin D	3,75 µg (75%*)	of which from PureWay-C®	44 mg
Vitamin E (mg α-TE)	36 mg (300%*)	Calcium (of which from: Albical™)	400 mg (50%*)
Vitamin B1	3,3 mg (300%*)	Magnesium (of which from: Albion®)	375 mg (100%*)
Vitamin B2	4,2 mg (300%*)	Iodine	150 µg (100%*)
Niacin (mg NE)	48 mg (300%*)	Zinc	10 mg (100%*)
Pantothenic acid	18 mg (300%*)	Manganese (Albion®)	2 mg (100%*)
Vitamin B6	4,2 mg (300%*)	Potassium	300 mg (15%*)
Folic acid	600 µg (300%*)	Selenium	55 µg (100%*)
Vitamin B12	7,5 µg (300%*)	Chromium	40 µg (100%*)
Biotin	150 µg (300%*)	Molybdenum	50 µg (100%*)
		Silicon	30 mg

*NRVs - nutrient reference values

L-CARNITINE 4000 POWER EFFER MAX

FOOD SUPPLEMENT

EFFERVESCENT CARNITINE

0.7MG	2000MG	500MG	100MG	20µg	2MG
VIT. B6	L-CARNITINE	TAURINE	L-ARGININE	CHROMIUM	L-ZINC

1 EFFERV. TABLET / 7,8G

PACKAGE/
SIZE/
PORTIONS



15 TABS/
15 PORTIONS

PRODUCT CHARACTERISTICS

- Increases endurance and aerobic capacity during workout
- Contributes to the maintenance of proper energy metabolism
- Supports the functioning of the immune and nervous systems

The product supplements the diet with high quality L-carnitine which mediates in the transport of fat ingredients - fatty acids into the mitochondria (cellular energy centers).

SUPPLEMENT FACTS

Nutrition information	1 tablet
L-carnitine-L-tartrate of which: L-carnitine	2940 mg (2000 mg)
Taurine	500 mg
L-arginine	100 mg
Vit. B6	0,7 mg (50%*)
Zinc (Albion®)	2 mg (20%*)
Chromium	20 µg (50%*)

*NRVs - nutrient reference values

AVAILABLE
FLAVORS



LEMON



CARBONIZER XR

FOOD SUPPLEMENT

EXTENDED RELEASE CARBS

22.8G	0.04G	300MG	56.25MG
CARBOHYDRATES	FAT	POTASSIUM	MAGNESIUM

25 g / 1/2 SCOOP

PACKAGE/
SIZE/
PORTIONS



700 G/
28 PORTIONS

PRODUCT CHARACTERISTICS

- Recommended during intense physical activity
- Precisely selected proportions of 4 sources of carbohydrates
- Shorter regeneration time and improvement of sporting results

Formula based on 4 sources of carbohydrates, including isomaltulose* and waxy corn starch, which feature prolonged release of monosaccharides into blood circulatory system, favourable in case of prolonged intense efforts

AVAILABLE
FLAVORS



ORANGE



PINEAPPLE



STRAWBERRY



LEMON



SUPPLEMENT FACTS

Nutrition information	1 portion (25 g)	Nutrition information	1 portion (25 g)
Energy/ Brennwert	382,7 kJ 91,6 kcal	Vit. B2	0,21 mg (15%*)
Protein	0 g	Niacin (mg NE)	2,4 mg (15%*)
Carbohydrates (of which sugars)	22,8 g (2,8 g)	Vit. B6	0,21 mg (15%*)
Fat (of which saturates)	0,04 g (0 g)	Folic acid	30 µg (15%*)
Fibre	0 g	Vit. B12	0,375 µg (15%*)
Sodium	0,1 g	Biotin	7,5 µg (15%*)
Vit. A	120 µg (15%*)	Pantothenic acid	0,9 mg (15%*)
Vit. D	0,75 µg (15%*)	Potassium	300 mg (15%*)
Vit. E	1,8 mg (15%*)	Calcium	120 mg (15%*)
Vit. C	12 mg (15%*)	Phosphorus	120 mg (17,1%*)
Vit. B1	0,165 mg (15%*)	Magnesium	56,25 mg (15%*)

*NRVs - nutrient reference values



13.

**—FUNCTIONAL—
—FOOD AND BARS.—**

FUNCTIONAL FOOD AND BARS



19g

PROTEIN

3,4g

FIBRE

1g

SUGAR

50g / 1 SNACK

OLIMP PROTEIN SNACK

FOOD SUPPLEMENT

ONLY 7,5g POLYOLS!
ONLY 1g OF SUGAR!
19g PROTEIN!

PRODUCT CHARACTERISTICS

- First product of its kind on the market!
- 19g protein per snack
- Small amount of sugar – 1g per snack
- Two sensational flavors
- The dream Cheat Meal!

No more eating unhealthy sweets! No more hunger that attacks you suddenly and just won't let go! Olimp Protein Snack is a wholesome, healthy protein snack which will diversify your daily diet, providing valuable nutrients.

EMBALLAGE/
TAILLE/
PORTIONS



24 SNACKS /
24 PORTIONS

SUPPLEMENT FACTS FOR INDIVIDUAL FLAVORS



DOUBLE
CHOCOLATE

Nutritional value	Per portion (60 g)
Energy value	1348 kJ/325 kcal
Fat	23 g
of which saturates	20 g
Carbohydrates	13 g
of which sugars	1,0 g
of which polyols	7,5 g
Fibre	2,0 g
Protein	19 g
Salt	0,04 g



HAZELNUT
CREAM

Nutritional value	Per portion (60 g)
Energy value	1348 kJ/325 kcal
Fat	23 g
of which saturates	20 g
Carbohydrates	13 g
of which sugars	1,0 g
of which polyols	7,5 g
Fibre	2,0 g
Protein	19 g
Salt	0,04 g

VEGGIE BAR

FOOD SUPPLEMENT

NATURAL POWER FROM PLANTS!

14g	12g
PROTEIN	FIBRE
50g / 1 BAR	

PRODUCT CHARACTERISTICS

- Vegan friendly
- Gluten and lactose free
- Low sugar
- Hi Fibre

A new product in the Olimp family! Let us introduce amazing high-protein bars made especially for vegans and vegetarians! This is Veggie Protein Bar - an incredibly delicious snack, which thanks to the protein it contains helps to build muscle mass and eliminate your hunger without risking your daily diet!



PACKAGE/
SIZE/
PORTIONS

24 BARS /
24 PORTIONS



DOUBLE BROWNIE



BISCUIT



STRAWBERRY

SUPPLEMENT FACTS FOR INDIVIDUAL FLAVOURS

Nutritional value	Per portion (50 g)
Energy value	838 kJ/ 201 kcal
Fat	11 g
of which saturates	4,3 g
Carbohydrates	8,1 g
of which sugars	1,7 g
of which polyols	4,1 g
Fibre	12 g
Protein	14 g
Salt	0,26 g

Nutritional value	Per portion (50 g)
Energy value	828 kJ/ 198 kcal
Fat	10 g
of which saturates	3,9 g
Carbohydrates	9,1 g
of which sugars	2,0 g
of which polyols	3,6 g
Fibre	12 g
Protein	14 g
Salt	0,30 g

Nutritional value	Per portion (50 g)
Energy value	824 kJ/ 197 kcal
Fat	10 g
of which saturates	3,9 g
Carbohydrates	8,6 g
of which sugars	2,5 g
of which polyols	3,4 g
Fibre	12 g
Protein	13 g
Salt	0,27 g

OLIMP PROTEIN BAR

FOOD SUPPLEMENT

INCREDIBLE TASTE

20G*	5.4G*	2G*
PROTEIN	FIBER	SUGARS
64 G / 1 BAR		
*VALUES FOR PEANUT BUTTER FLAVOUR		

PACKAGE/
SIZE/
PORTIONS



12 BARS/
12 PORTIONS

PRODUCT CHARACTERISTICS

- Legal snack;
- High protein;
- Taste that you deserve.

Crunchy high protein bar with a caramel layer, covered in a milk chocolate coating.
Delicious flavour and yummy structure.



SUPPLEMENT FACTS FOR INDIVIDUAL FLAVORS



CHERRY

Information nutritionnelle	Per portion (1 bar - 64 g)
Energy value	987 kJ/ 237 kcal
Fat	11 g
of which saturates	7,1 g
Carbohydrates	19 g
of which sugars	2,2 g
of which polyols	14 g
Fibre	4,8 g
Protein	19 g
Salt	0,33 g



CHOCO CHEESECAKE

Information nutritionnelle	Per portion (1 bar - 64 g)
Energy value	979 kJ/ 235 kcal
Fat	11 g
of which saturates	7,1 g
Carbohydrates	19 g
of which sugars	2,2 g
of which polyols	14 g
Fibre	4,8 g
Protein	19 g
Salt	0,33 g



PEANUT BUTTER

Information nutritionnelle	Per portion (1 bar - 64 g)
Energy value	979 kJ/ 235 kcal
Fat	11 g
of which saturates	6,9 g
Carbohydrates	18 g
of which sugars	2 g
of which polyols	13 g
Fibre	5,4 g
Protein	20 g
Salt	0,37 g



COFFEE DELIGHT

Information nutritionnelle	Per portion (1 bar - 64 g)
Energy value	986 kJ/ 236 kcal
Fat	11 g
of which saturates	7,1 g
Carbohydrates	19 g
of which sugars	2,1 g
of which polyols	14 g
Fibre	4,9 g
Protein	20 g
Salt	0,37 g



YUMMY COOKIE

Information nutritionnelle	Per portion (1 bar - 64 g)
Energy value	987 kJ/ 237 kcal
Fat	11 g
of which saturates	7,1 g
Carbohydrates	19 g
of which sugars	2,2 g
of which polyols	14 g
Fibre	4,8 g
Protein	19 g
Salt	0,33 g

GLADIATOR

HIGH PROTEIN BAR

FOOD SUPPLEMENT

PERFECTLY SATIATING TEXTURE

22G*	16G*	1.8G	10MG
PROTEIN	CARBOHYDRATES	SUGARS	FAT

60 g / 1 BAR
* VALUES FOR VANILLA CREAM FLAVOUR



PACKAGE/
SIZE/
PORTIONS

15 BARS/
15 PORTIONS

PRODUCT CHARACTERISTICS

- Covered in real chocolate!
- Each bar has less than 2 g of sugar!
- Available in 6 amazing flavors
- A great substitute for unhealthy sweets

High protein bar with perfectly satiating texture. Ideal as a snack between meals, especially when you want to improve your high protein diet with protein bar.

Perfect taste and smooth texture gives you taste of a real cookie.



BROWNIE

Nutrition declaration	Per portion (1bar - 60 g)
Energy value	917 kJ / 220 kcal
Fat	8,3 g
of which saturates	4,0 g
Carbohydrates	13 g
of which sugars	5,4 g
of which polyols	13 g
Fibre	8,8 g
Protein	21 g
Salt	0,38 g



STRAWBERRY CAKE

Nutrition declaration	Per portion (1bar - 60 g)
Energy value	914 kJ / 219 kcal
Fat	8,3 g
of which saturates	4,3 g
Carbohydrates	17 g
of which sugars	2,2 g
of which polyols	15 g
Fibre	5,7 g
Protein	22 g
Salt	0,37 g



PEANUT CARAMEL

Nutrition declaration	Per portion (1bar - 60 g)
Energy value	934 kJ / 224 kcal
Fat	8,3 g
of which saturates	3,9 g
Carbohydrates	16 g
of which sugars	1,8 g
of which polyols	13 g
Fibre	8,0 g
Protein	22 g
Salt	0,38 g



WHITE CHOCOLATE ESSPRESSO

Nutrition declaration	Per portion (1bar - 60 g)
Energy value	916 kJ / 219 kcal
Fat	8,4 g
of which saturates	4,3 g
Carbohydrates	18 g
of which sugars	2,1 g
of which polyols	15 g
Fibre	5,6 g
Protein	22 g
Salt	0,36 g



RASPBERRY DREAM

Nutrition declaration	Per portion (1bar - 60 g)
Energy value	898 kJ / 215 kcal
Fat	8,3 g
of which saturates	4,1 g
Carbohydrates	16 g
of which sugars	0,9 g
of which polyols	14 g
Fibre	6,9 g
Protein	22 g
Salt	0,36 g



VANILLA CREAM

Nutrition declaration	Per portion (1bar - 60 g)
Energy value	924 kJ / 221 kcal
Fat	8,3 g
of which saturates	3,9 g
Carbohydrates	16 g
of which sugars	1,8 g
of which polyols	13 g
Fibre	6,9 g
Protein	22 g
Salt	0,35 g

SUPPLEMENT FACTS

FOR INDIVIDUAL FLAVORS

TWISTER BAR

FOOD SUPPLEMENT

GREAT TASTING PROTEIN BAR

18G*	26G*	2.2G*	4.8G*
PROTEIN	CARBOHYDRATES	OMEGA-6 FATTY ACIDS	FAT

60 g / 1 BAR

* VALUES FOR WILD BERRIES FLAVOUR

PACKAGE/
SIZE/
PORTIONS



24 BARS/
24 PORTIONS

PRODUCT CHARACTERISTICS

- Great tasting protein bar
- Omega 6 and linoleic acid source
- Meal replacement

A carefully selected formula that delivers 18 grams of protein in each delicious bar, 60% of which is the exclusive micellar casein, will maintain high amino acid levels for long periods. In addition, 30% of the bar is WPC. The ideal amount of carbohydrates makes Twister perfect after a training session!



SUPPLEMENT FACTS FOR INDIVIDUAL FLAVORS



FRENCH VANILLA

Nutrition declaration	Per portion (1bar - 60 g)
Energy	936 kJ/ 224 kcal
Fat	4,8 g
of which saturated	1,7 g
Carbohydrates	26 g
of which sugars	22 g
Fibre	0,6 g
Protein	18 g
Salt	0,05 g
Omega-6 fatty acids	2,2 g
Linoleic acid	1,4 g



FUDGE CHOCOLATE

Nutrition declaration	Per portion (1bar - 60 g)
Energy	998 kJ/ 238 kcal
Fat	6,2 g
of which saturated	1,7 g
Carbohydrates	26 g
of which sugars	22 g
Fibre	1,2 g
Protein	18 g
Salt	0,05 g
Omega-6 fatty acids	2,2 g
Linoleic acid	1,4 g



LEMON CAKE

Nutrition declaration	Per portion (1bar - 60 g)
Energy	936 kJ/ 224 kcal
Fat	4,8 g
of which saturated	1,7 g
Carbohydrates	26 g
of which sugars	22 g
Fibre	0,6 g
Protein	18 g
Salt	0,05 g
Omega-6 fatty acids	2,2 g
Linoleic acid	1,4 g



PISTACHIO

Nutrition declaration	Per portion (1bar - 60 g)
Energy	936 kJ/ 224 kcal
Fat	4,8 g
of which saturated	1,7 g
Carbohydrates	26 g
of which sugars	22 g
Fibre	0,6 g
Protein	18 g
Salt	0,05 g
Omega-6 fatty acids	2,2 g
Linoleic acid	1,4 g



WILD BERRIES

Nutrition declaration	Per portion (1bar - 60 g)
Energy	936 kJ/ 224 kcal
Fat	4,8 g
of which saturated	1,7 g
Carbohydrates	26 g
of which sugars	22 g
Fibre	0,6 g
Protein	18 g
Salt	0,05 g
Omega-6 fatty acids	2,2 g
Linoleic acid	1,4 g



TIRAMISU

Nutrition declaration	Per portion (1bar - 60 g)
Energy	998 kJ/ 238 kcal
Fat	6,2 g
of which saturated	1,7 g
Carbohydrates	26 g
of which sugars	22 g
Fibre	1,2 g
Protein	18 g
Salt	0,05 g
Omega-6 fatty acids	2,2 g
Linoleic acid	1,4 g

MATRIX PRO 32 BAR

FOOD SUPPLEMENT

HIGH PROTEIN BAR

26.3g*	20.4g*	8.2g*
PROTEIN	CARBOHYDRATES	FAT

80 g / 1 BAR

* VALUES FOR COCONUT FLAVOUR

PACKAGE/
SIZE/
PORTIONS



24 BARS/
24 PORTIONS

PRODUCT CHARACTERISTICS

- High protein meal replacement
- Low sugar
- Delicious taste

Excellent high-protein bar with very low carbohydrate content providing a delicious and nutritious snack. Excellent after training, at school, at work and on a trip.



SUPPLEMENT FACTS FOR INDIVIDUAL FLAVORS



CARAMEL

Nutrition declaration	Per portion (1bar - 80 g)
Energy	1122 kJ / 268 kcal
Fat	8,6 g
of which saturated	4,1 g
Carbohydrates	23 g
of which sugars	3,1 g
of which polyols	18 g
Fibre	10 g
Protein	27 g
Salt	0,61



CHOCO PEANUT

Nutrition declaration	Per portion (60 g)
Energy	1144 kJ / 274 kcal
Fat	9,1 g
of which saturated	4,2 g
Carbohydrates	23 g
of which sugars	2,9 g
of which polyols	17 g
Fibre	10 g
Protein	27 g
Salt	0,50 g



VANILLA WITH CHOCOLATE COATING

Nutrition declaration	Per portion (1bar - 80 g)
Energy	1076 kJ / 258 kcal
Fat	8 g
of which saturated	3,7 g
Carbohydrates	20,5 g
of which sugars	1,8 g
of which polyols	15,2 g
Fibre	11,5 g
Protein	26,2 g
Salt	0,5 g



COCONUT WITH WHITE CHOCOLATE COATING

Nutrition declaration	Per portion (60 g)
Energy	934 kJ / 224 kcal
Fat	8,2 g
of which saturated	4,5 g
Carbohydrates	20,4 g
of which sugars	3,1 g
of which polyols	15,7 g
Fibre	11 g
Protein	26,3 g
Salt	0,43 g



DOUBLE DARK CHOCOLATE

Nutrition declaration	Per portion (60 g)
Energy	1058 kJ / 253 kcal
Fat	8,1 g
of which saturated	3,9 g
Carbohydrates	19,7 g
of which sugars	1,8 g
of which polyols	15,1 g
Fibre	12,6 g
Protein	25,1 g
Salt	0,46 g

HI PROTEIN BROWNIE

EXCLUSIVE, HIGH-PROTEIN
DESSERT IN POWDER

24G	4.5G	4G
PROTEIN	SUGARS	FAT

50 g / 1/4 SCOOP

PACKAGE/
SIZE/
PORTIONS



500 g/
10 PORTIONS

PRODUCT CHARACTERISTICS

- Delicious hi protein muffins
- Easy to prepare
- Legal dessert

HI PROTEIN BROWNIE is the best combination of traditional taste, modern recipe and an element of high-protein diet and a healthy lifestyle.



SUPPLEMENT FACTS

Nutrition declaration	Per portion (50 g)
Energy	833 kJ/ 199 kcal
Fat	4,0 g
of which saturates	1,0 g
Carbohydrate	9,0 g
of which sugars	4,5 g
Fibre	1,4 g
Protein	24 g
Salt	0,80 g

AVAILABLE
FLAVORS



BROWNIE

HI PROTEIN OATMEAL

EXCLUSIVE, HIGH-PROTEIN,
DELICIOUS TASTE
INSTANT OATMEAL.

32G	27G	4G
PROTEIN	CARBOHYDRATES	FAT

70 g / 1/4 SCOOP

PACKAGE/
SIZE/
PORTIONS



900 g/
12 PORTIONS

PRODUCT CHARACTERISTICS

- High fiber content
- Magnesium added
- Easy to prepare

HI-PROTEIN OATMEAL – starts your daily routine!

How often do you wake up thinking “what would I like to eat this morning”?

We’ve found a solution to the age-old question of what makes a tasty, healthy and nutritious breakfast!



AVAILABLE
FLAVORS



NATURAL



CHOCOLATE

Nutrition declaration	Per portion (70 g)
Wartość energetyczna	1140 kJ/ 272 kcal
Fat	4,0 g
of which saturates	1,5 g
Carbohydrate	27 g
of which sugars	1,4 g
Fibre	4,6 g
Protein	32 g
Salt	0,28 g
Magnesium	56,3 mg (15%*)

*NRVs - nutrient reference values

HI PRO OMELETTE GOLD

YOUR DAILY MORNING ROUTINE

35G	3.8G	13G
PROTEIN	SUGARS	FIBER
75G/ 2 SCOOPS		

PACKAGE/
SIZE/
PORTIONS



825 G/
11 PORTIONS



AVAILABLE
FLAVORS



NATURAL

SUPPLEMENT FACTS

Nutritional value	Per portion (75 g)
Energy	1358 kJ/323 kcal
Fat	4,0 g
including saturated fatty acids	11 g
Carbohydrates	15 g
including sugars	3,8 g
Fibre	13 g
Protein	35 g
Salt	2,7 g

PRODUCT CHARACTERISTICS

- No more boring breakfasts and meals after a workout!
- A genuine, high protein omelette – based 100% on egg whites!
- No sugars, kitchen salt or sweetening substances

The best combination of traditional taste and modern recipe - a perfect complement to a balance diet.

HI PRO PANCAKES

IDEAL FOR HEALTHY BREAKFAST

25G*	12G*	7.2G*
PROTEIN	SUGARS	FAT
60 G / 1 SCOOP		
*VALUES FOR COCONUT FLAVOUR		

PACKAGE/
SIZE/
PORTIONS



700 G/
11 PORTIONS



COCONUT



RASPBERRY



APPLE
& CINNAMON



GINGERBREAD

Nutritional value	Per portion (60 g)
Energy value	1054 kJ/251 kcal
Fat	7,2 g
including saturated fatty acids	7,2 g
Carbohydrates	23 g
including sugars	12 g
Fibre	6,4 g
Protein	25 g
Salt	1,5 g

Nutritional value	Per portion (60 g)
Energy value	1010 kJ/240 kcal
Fat	4,7 g
including saturated fatty acids	4,7 g
Carbohydrates	23 g
including sugars	8,4 g
Fibre	4,4 g
Protein	27 g
Salt	1,8 g

Nutritional value	Per portion (60 g)
Energy value	1032 kJ/246 kcal
Fat	4,7 g
including saturated fatty acids	4,7 g
Carbohydrates	23 g
including sugars	7,8 g
Fibre	4,4 g
Protein	27 g
Salt	1,9 g

Nutritional value	Per portion (60 g)
Energy value	1027 kJ/244 kcal
Fat	5,7 g
including saturated fatty acids	5,7 g
Carbohydrates	23 g
including sugars	9,5 g
Fibre	6,4 g
Protein	25 g
Salt	1,7 g

PRODUCT CHARACTERISTICS

- A healthy, high-protein breakfast
- Supports muscle mass development and fat tissue reduction
- A variety of flavours and the preparation only takes 3 minutes!

Perfect combination of traditional taste and modern recipe with high protein content which will make your breakfast complete meal.

PEANUT BUTTER

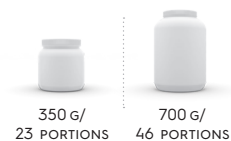
SMOOTH OR CRUNCHY

SMOOTH AND EXCELLENT TASTE

3.7G	3G	7.8G
PROTEIN	CARBOHYDRATES	FAT

15 g - 1 TABLESPOON

PACKAGE/
SIZE/
PORTIONS



SUPPLEMENT FACTS

Nutrition declaration	Per portion: 15 g – 1 tablespoon
Energy	406 kJ/ 97 kcal
Fat	7,8 g
of which saturates	1,5 g
Carbohydrate	3,0 g
of which sugars	0,8 g
Protein	3,7 g
Salt	0,03 g

PRODUCT CHARACTERISTICS

- Only natural ingredients
- 100% peeled peanuts without shells and bitter peels
- Rich in vitamins and minerals

Premium butter from finest ground peanuts. All peanuts are roasted. 100 % additives free

ALMOND COCONUT SPREAD

LEGAL SWEETS!

0G	3.1G	0.7G	8.7G
SALT	PROTEIN	FIBRE	FAT

15 g - 1 TABLESPOON

PACKAGE/
SIZE/
PORTIONS



PRODUCT CHARACTERISTICS

- Only natural ingredients
- 100% Roasted almonds
- No palm oil

Almond Coconut Spread soft crunchy! This is a unique almond and coconut composition made of high-quality ground almonds and grated coconut, with the addition of natural honey. The product is 100% natural, with no salt or palm oil.

SUPPLEMENT FACTS

Nutrition declaration	Per portion: 15 g – 1 tablespoon
Energy	410 kJ/ 99 kcal
Fat	8,7 g
of which saturates	3,4 g
Carbohydrate	1,9 g
of which sugars	1,4 g
Fibre	0,7 g
Protein	3,1 g
Salt	0 g

ALMOND BUTTER

100% ALMOND

3.3G	1.1G	7.9G
PROTEIN	CARBOHYDRATES	FAT

15 G - 1 TABLESPOON

PACKAGE/
SIZE/
PORTIONS



350 g/
24 PORTIONS



PRODUCT CHARACTERISTICS

- Only natural ingredients
- 100% Roasted almonds
- No palm oil

Almond butter prepared from high quality unpeeled roasted almonds. A subtle composition of butter with delicately distinguishable pieces of almonds. The product is 100% natural, with no added salt, sugar and palm oil.

SUPPLEMENT FACTS

Nutrition declaration	Per portion: 15 g – 1 tablespoon
Energy	375 kJ/ 90 kcal
Fat	7,9 g
of which saturates	0,6 g
Carbohydrate	1,1 g
of which sugars	0,7 g
Fibre	1,8 g
Protein	3,3 g
Salt	0,01 g

CASHEW BUTTER

100% CASHEW

2.7G	4.9G	6.6G
PROTEIN	CARBOHYDRATES	FAT

15 G - 1 TABLESPOON

PACKAGE/
SIZE/
PORTIONS



300 g/
20 PORTIONS



PRODUCT CHARACTERISTICS

- The highest quality cashew nut butter
- Carbohydrates with low glycemic index
- A rich source of valuable lipids, vitamins and mineral ingredients

Cashew butter prepared from high quality unpeeled roasted nuts. Additives free no salt, sugar or palm oil addition.

SUPPLEMENT FACTS

Nutrition declaration	Per portion: 15 g – 1 tablespoon
Energy	347 kJ/ 83 kcal
Fat	6,6 g
of which saturates	1,2 g
Carbohydrate	4,9 g
of which sugars	0,9 g
Fibre	0,5 g
Protein	2,7 g
Salt	<0,01 g



14.

**LADIES LINE
QUEEN FIT.**

LADIES LINE – QUEEN FIT



2.8 G

CARBOHYDRATES

341 G

TAURINE

200 G

L-CARNITINE

1.4 G

FAT

24 g / 3/4 scoop

GOOD MORNING LADY

FOOD SUPPLEMENT



AVAILABLE FLAVORS



STRAWBERRY



CHOCOLATE



VANILLA

GREET THE DAY WITH GOOD PROTEIN

PRODUCT CHARACTERISTICS

- A composition of various protein forms enriched with taurine, L-carnitine and sinetrol
- Helps you shape and tone your body and does not cause excessive muscle growth
- Delicious flavour and effective action!

An ideal blend of high quality whey proteins in the form of concentrate and isolate; micellar casein and collagen hydrolysate.

This product is suitable for active women who try to maintain their appropriate body weight. Ideal for good start of the day

PACKAGE/
SIZE/
PORTIONS



720 g/
30 PORTIONS

SUPPLEMENT FACTS

Nutrition declaration	Per portion (24 g)
Energy	389 kJ / 93 kcal
Fat	1,4 g
of which saturates	1,4 g
Carbohydrate	2,8 g
of which sugars	1,7 g
Fibre	1,2 g
Protein	16,5 g
Salt	0,14 g
Taurine	341 mg
L-carnitine	200 mg

SWEET DREAMS LADY

FOOD SUPPLEMENT

SAY GOOD NIGHT TO YOUR HUNGER

16G	2.7G	300MG	60MG	1.5G
PROTEIN	CARBOHYDRATES	RASPBERRY FRUIT EXTRACT	GLUCURONOLACTONE	FAT
25 G / 1 SPOON				

PACKAGE/
SIZE/
PORTIONS



750 g/
30 PORTIONS



AVAILABLE FLAVORS



STRAWBERRY



CHOCOLATE



VANILLA

PRODUCT CHARACTERISTICS

- Nourishes the most metabolically active tissues
- The appropriate amount of casein enables a gradual release of valuable nutritional ingredients
- Corn fibre contained in the product is a source of unassimilable carbohydrate fractions facilitating digestion

An ideal blend of high quality whey proteins in the form of concentrate and isolate; micellar casein and collagen hydrolysate. Perfect protein shake to use just before sleep.

SUPPLEMENT FACTS

Nutrition declaration	Per portion (25 g)	Nutrition declaration	Per portion (25 g)
Energy	364 kJ / 87 kcal	Vit. B6	0,24 mg (17,1%*)
Fat	1,5 g	Potassium	303 mg (15%*)
of which saturates	1,5 g	Magnesium	57 mg (15%*)
Carbohydrate	2,7 g	Zinc	1,8 mg (18%*)
of which sugars	1,7 g	Copper	182 µg (18,2%*)
Fibre	1,2 g	Raspberry fruit extract	300 mg
Protein	16 g	of which Raspberry ketones	300 mg
Salt	0,17 g	Glucuronolactone	60 mg

*NRVs - nutrient reference values

DEFINE IT LADY™

FOOD SUPPLEMENT

DEFINE YOUR SHAPE

408MG	300MG	200MG	165MG	150MG	60MG	90MG
L-CARNITINE	NETTLE EXTRACT	CAFFEINE	GREEN TEA EXTRACT	RASPBERRY FRUIT EXTRACT	SINETROL EXTRACT	GREEN COFFEE BEANS EXTRACT
1 PORTIONS / 3 TABS.						

PACKAGE/
SIZE/
PORTIONS



50 TABS/
16 PORTIONS

PRODUCT CHARACTERISTICS

- For women striving to reduce their fat tissue
- For women who have experienced unsuccessful weight loss attempts
- For women who have experienced an early standstill in the weight loss process

A carefully selected and patented combination of SINETROL® extracts from citrus fruit species and guarana with clinically proven effect, as well as from raspberry and L-carnitine that has also been thoroughly examined. The preparation is enriched with capsaicin that enhances thermogenesis processes and helps with the breakdown of fatty tissue, as well as to with herbal ingredients such as green tea and nettle extracts.

SUPPLEMENT FACTS

Nutrition declaration	3 tablets	Nutrition declaration	3 tablets
L-carnitine	408	of which capsaicin	8,4
Nettle extract	300	Green coffee bean extract	90
Caffeine (from: Sinetrol®, guarana extract, caffeine anhydrous)	200	of which Chlorogenic acid	45
Green tea extract	165	SINETROL®	60
of which EGCG	90,75	L-theanine	30
Raspberry fruit extract	150	Black pepper extract	15
of which Raspberry ketone	147	of which Piperin	14,25
Guarana extract	120	Magnesium	56,25 (15%)
Cayenne pepper extract	105	Niacin	32 (200%)
		Chromium	40 µg (100%)



WORK IT LADY™

FOOD SUPPLEMENT

LADIES FAVOURITE PREWORKOUT AGENT

PACKAGE/
SIZE/
PORTIONS



337,5 g/
45 PORTIONS

AVAILABLE
FLAVORS



FRESH LEMON



JUICY ORANGE



100MG	500MG	1000MG	70MG	150MG	100MG	61.5MG	25MG
BCAA	L-GLUTAMINE	L-CARNITINE	RASPBERRY FRUIT EXTRACT	GLUCORONOLACTONE	GREEN TEA EXTRACT	CAFFEINE	SINETROL EXTRACT

7,5g / ¼ SCOOP

PRODUCT CHARACTERISTICS

- Vitamin and mineral ingredients contained in the product mutually support each other's action, among others contributing to:
- Reducing the feeling of tiredness and fatigue
- Maintaining proper psychological functions

An excellently designed powdered drink concentrate. This preparation contains branched amino acids (L-leucine, L-isoleucine, L-valine) in the 2:1:1 ratio, carnitine, hyaluronic acid and SINETROL®. Vitamin B6 contributes to normal energy-yielding metabolism and magnesium contributes to a reduction of tiredness and fatigue

SUPPLEMENT FACTS

Nutrition declaration	Per portion (25 g)	Nutrition declaration	Per portion (25 g)
Energy	104 kJ/ 24 kcal	L-valine	0,25 g
Fat	1,7 g	L-isoleucine	0,25 g
of which saturates	< 0,1 g	L-tyrosine	0,28 g
Carbohydrate	0 g	Beta alanine	0,25 g
of which sugars	0 g	L-glutamine	0,5 g
Protein	2,7 g	Glucuronolactone	150 mg
Salt	0,40 g	Green tea extract	100 mg
Niacin	16 mg (100%*)	of which EGCG	55 mg
Vit. B6	0,7 mg (50%*)	Caffeine (from: caffeine anhydrous, Sinetrol®, green tea extract)	61,5 mg
Calcium	120 mg (15%*)	Raspberry fruit extract	70 mg
Magnesium	75 mg (20%*)	of which: Raspberry ketones	68 mg
Chromium	39 µg (97,5%*)	SINETROL® (Citrus paradisi Macafad., Citrus sinensis (L.) Osbeck, Paullinia cupana Kunth)	25 mg
L-carnitine	1 g	Hyaluronic acid	4,5 mg
Branched chain amino acids BCAA	1 g		
of which:			
L-leucine	0,5 g		

HYDRA FAST LADY™

FOOD SUPPLEMENT

REFRESHING FORMULA FOR PERFECT BODY

1.4 MG	10 MG	1000 MG	300 MG
VIT B2	HYALURONIC ACID	L-CARNITINE	POTASSIUM

1 PORTIONS / 2 TABS.

PACKAGE/
SIZE/
PORTIONS



20 TABS/
10 PORTIONS

PRODUCT CHARACTERISTICS

- Recommended for physically active women who aim to maintain proper hydration
- A wealth of valuable ingredients, i.e.: L-carnitine, hyaluronic acid, magnesium, potassium, calcium and vitamin B6
- Ideal for a workout, recreation or during a very hot day

An effervescent formula used to prepare the perfect thirst-quenching drink for every situation. The product is ideal for training, physical activity, a hot day or normal everyday activities. Hydra-Fast Lady has a fantastic, refreshing aloe and lime flavour.

AVAILABLE
FLAVORS



ALOE LIME



SUPPLEMENT FACTS

Nutrition declaration	2 tablets
Energy	116 kJ/ 27 kcal
Fat	< 0,5 g
of which saturates	< 0,1 g
Carbohydrate	< 0,5 g
of which sugars	< 0,5 g
Protein	0,5 g
Salt	0,76 g
Vit. B2	1,4 mg (100%*)
Calcium	120 mg (15%*)
Magnesium	56 mg (15%*)
Potassium	300 mg (15%*)
L-carnitine	1000 mg
Hyaluronic acid	10 mg

*NRVs - nutrient reference values

VITA-MIN MULTIPLE LADY™

FOOD SUPPLEMENT

VITAMINS & MINERALS FOR HER



60MG

ARTICHOKE EXTRACT

100MG

OXYNEA ANITOXIDANT

100MG

GINSENG EXTRACT

50MG

GREEN TEA EXTRACT

1 PORTION / 1 TABLET + 1 TABLET
*NRV - NUTRITION REFERENCE VALUES

PACKAGE/
SIZE/
PORTIONS



60 TABS/
30 PORTIONS

PRODUCT CHARACTERISTICS

- Designed on the basis of the natural biological clock of the human body
- Covers the organism's demand for important and essential ingredients during the entire active day
- Designed on the basis of the natural biological clock of the human body. a compound daily dose in the form of two separate tablets

A combination of vitamins, minerals and OXXYNEA®—a patented blend of fruit and vegetable extracts. The preparation contains raspberry, ginseng root, cranberry, field horsetail and nettle extracts. They make this supplement a good source of valuable vitamins and macro- and microelements in appropriately balanced daily doses.

SUPPLEMENT FACTS FOR INDIVIDUAL TABS



GOLDEN: TABLET PER DAY



SILVER: TABLET PER NIGHT

Nutrition declaration		1 tablets
VITAMINS:	Vit. D	2,5 µg (50%*)
	Vit. A	400 µg RE (50%*)
	Vit. E	6 mg α-TE (50%*)
	Vit. C	40 mg (50%*)
	Vit. B1	0,55 mg (50%*)
	Vit. B2	0,7 mg (50%*)
	Niacin	8 mg NE (50%*)
	Vit. B6	0,7 mg (50%*)
	Folic acid	100 µg (50%*)
	Vit. B12	1,25 µg (50%*)
	Biotin	25 µg (50%*)
	Pantothenic acid	3 mg (50%*)
MINERALS:	Magnesium	74 mg (19,5%*)
	Iron **	2,1 mg (15%*)
	Manganese **	1 mg (50%*)
	Iodine	150 µg (100%*)
	Chromium	50 µg (125%*)
	Selenium	27,5 µg (50%*)
	Molybdenum	7,5 µg (15%*)
	OXXYNEA®	100 mg
	Ginseng extract	100 mg
	Artichoke extract	60 mg
Green tea extract (of which EGCG)	50 mg (27,5 mg)	

Nutrition declaration		1 tablets	
VITAMINS:	Vit. D	2,5 µg (50%*)	
	Vit. C (PureWay-C®)	39,8 mg (50%*)	
	Vit. B1	0,83 mg (75%*)	
	Vit. B2	1,05 mg (75%*)	
	Niacin	12 mg NE (75%*)	
	Vit. B6	1,05 mg (75%*)	
	Folic acid	150 µg (75%*)	
	Vit. B12	1,9 µg (75%*)	
	Biotin	38 µg (75%*)	
	Pantothenic acid	4,5 mg (75%*)	
	MINERALS:	Calcium	120 mg (15%*)
		Silicium	22,5 mg
Zinc **		10 mg (100%*)	
Copper **		150 µg (15%*)	
Field horsetail extract		75 mg	
of which silicone compounds		5,25 g	
Large cranberry fruit extract		60 mg	
of which proanthocyanidins		6 mg	
Nettle extract		25 mg	
Raspberry fruit extract		25 mg	
of which raspberry ketones	24,5 mg		
Soy extract	10 mg		
of which isoflavones	4 mg		

*NRVs - nutrient reference values

SET FREE LADY™

FOOD SUPPLEMENT

EFFERVESCENT DETOX FORMULA

20MG	50MG	40MG	30MG	20MG	3MG
PURE-WAY C	CRANBERRY EXTRACT	NETTLE EXTRACT	HORSETAIL EXTRACT	GLUCURONOLACTONE	VIT. E

1 PORTIONS / 1 TABS.

PACKAGE/
SIZE/
PORTIONS



20 TABS/
20 PORTIONS

PRODUCT CHARACTERISTICS

- A unique detox formula for women
- The composition supports the reduction of excessive water in the body
- The composition supports the strengthening processes

Complex supplement containing antioxidants - PureWay-C® and vitamin E. Both of those compounds are of great importance and mutually support their function - neutralisation of free radicals. Another component which protects the body from oxidative stress is zinc - provided in an absolutely safe, hypoallergenic and easily absorbable form of chelate compound with amino acids.



AVAILABLE
FLAVORS



ALOE VERA

SUPPLEMENT FACTS

Nutrition declaration	1 tab
Vit. E	3 mg (25%*)
Vit. C (PureWay-C®)	20 mg (25%*)
Calcium	120 mg (15%*)
Magnesium	56,2 mg (15%*)
Zinc (Albion®)	1,5 mg (15%*)
Potassium	390 mg (19,5%*)
Large Cranberry extract	50 mg
of which: proanthocyanidins	5 mg
Nettle extract	40 mg
Field horsetail extract	30 mg
of which: Silicon compounds	2,1 mg
Glucuronolactone	20 mg

*NRVs - nutrient reference values



TABLE OF CONTENTS

DRAGON BALL – PRODUCTS

REDWEILER	10
WHEY PROTEIN COMPLEX 100 %	12
BCAA XPLODE	14

PROTEINS

WHEY PROTEIN COMPLEX 100 %	18
WHEY PROTEIN COMPLEX DOUBLE CHOCOLATE	20
VEGGIE PROTEIN COMPLEX	21
PURE WHEY ISOLATE 95	22
100% NATURAL WHEY PROTEIN ISOLATE	23
SOJAVIT 85	24
PRO WHEY SHAKE	25
100% NATURAL WHEY PROTEIN CONCENTRATE	26
SYSTEM PROTEIN 80	27
MICELLAR CASEIN	28
DOMINATOR MEGA STRONG PROTEIN	29
PROVIT 80	30
GOLD BEEF PRO-TEIN	31

GAINERS

GAIN BOLIC 6000	34
MAXMASS 3XL	36
PROFI MASS	37
GAINERATOR	38

CARBOHYDRATES

CARBONOX	42
DEXTREX JUICE	44
ISO PLUS POWDER	45

AMINO ACIDES

ANABOLIC AMINO 9000	48
ANABOLIC AMINO 5500	50
AMINO EAA XPLODE	51
AAKG XPLODE POWDER	52
AAKG EXTREME MEGA CAPS	53
AAKG 7500 EXTREME SHOT	54
ARGI POWER MEGA CAPS	55
L-GLUTAMINE POWDER	56
BETA ALANINE CARNO RUSH	57
BETA ALANINE XPLODE	58
INTRA XPLODE	59
GOLD SALMON 12000 AMINO	60
GOLD CHICKEN-PRO AMINO 9000	61
GOLD BEEF-PRO AMINO	62
GOLD BEEF PRO-PLASMA	63

PREWORKOUTS

R-WEILER FOCUS SHOT	66
R-WEILER FOCUS	68
CITRULLINE MALATE	69
PUMP SHOT	70
PUMP XPLODE	71
BLACKWAILER SHRED	72
BLACKWAILER SHRED SHOT	73
R-WEILER SHOT	74
REDWEILER	75
KNOCKOUT 2.0	76
PUMP EXPRESS 2.0	77
CAFFEINE KICK	78
AMOK	79
EXTREME SPEED SHOT	80

CREATINES

CREATINE XPLODE	84
CREATINE MAGNA POWER MEGA CAPS	86
CREATINE 1250 MEGA CAPS	87
CREATINE MONOHYDRATE CREAPURE	88
CREATINE 1000 CREAPURE	89
CREATINE MONOHYDRATE POWDER	90
ROCKY CREATINE	91
TCM 1100 MEGA CAPS	92
TCM XPLODE	93
KRE-ALKALYN 2500 MEGA CAPS	94

BCAA

BCAA ENERGY XPLODE	98
BCAA XPLODE	100
BCAA 4:1:1 XPLODE	101
BCAA 20:1:1 XPLODE	102
BCAA 4:1:1 MEGA CAPS	103
BCAA 1100 MEGA CAPS	104

POST-WORKOUT

HMB XPLODE	108
L-GLUTAMINE MEGA CAPS	110
GLUTAMINE XPLODE	111
ROCKY GLUTAMINE	112
GOLD-VIT C	113
CHELA-MIN	114
HMB MEGA CAPS	115
HMB CAPS	116
TAURINE MEGA CAPS	117
REANIMATOR	117

T-BOOSTER

FORTEST	120
TRIBUSTERON 60	122
TRIBUSTERON 90	123
T-100HARDCORE	124
T-100 MEGA CAPS	125
TESTOXEED	126
DAA XTREME PROLACTBLOCK	127

WEIGHT MANAGEMENT PRODUCTS

LIPORAZOR	130
THERMO SPEED EXTREME	132
THERMO SPEED EXTREME 2.0	133
THERMO SPEED HARDCORE	134
THERMO STIM HARDCORE	135
L-CARNITINE 500	136
L-CARNITINE XPLODE	137
L-CARNITINE 1500 EXTREME	138
L-CARNITINE 3000 EXTREME SHOT	139
CLA WITH GREEN TEA PLUS	140

HEALTH SUPPLEMENTS

IMMUNO XPLODE POWDER	144
VITAMIN ONE	146
GOLD VIT D3+K2 SPORT EDITION	147
GOLD-VIT C	148
CHELA-MIN	149
VITA-MIN MULTIPLE SPORT	150
VITA-MIN MULTIPLE SPORT +40	151
ZMA	152
CHELA-MZB	153
CHELA-MAG B6 CRAMP SHOT	154
ANTI-OX POWER BLEND	155

GOLD VITA-MIN ANTI-OX SUPER SPORT	156
ADAPTO-FUEL	157
DETOXEED-PRO	158
FLEX XPLODE	159
PLATINIUM GINSENG	160
KOLAGEN ACTIV PLUS	161
GLUCOSAMINE PLUS	162
ARTHROBLOCK FORTE	163
ALA 200	164
COLONBIOTIC 7GG	165
BETA-SOLAR	166
GOLD OMEGA D3+K2	167
GOLD OMEGA-3	168
MCT OIL	169
HEPAPLUS	170
ALKAGEN FAST	171

ENDURANCE

BCAA 4000 XTREME SHOT	174
ALKAGEN	176
ENDUGEN	177
ASHWAGANDA 600 SPORT	178
COLLAREGEN	179
FIRE START + BCAA	180
FIRE START + CAFFEINE	181
HYDRATONIC ENERGY EFFER MAX	182
VITA-MIN ANTI-OX EFFER MAX	183
L-CARNITINE 4000 POWER EFFER MAX	184
CARBONIZER XR	185

FUNCTIONAL FOOD AND BARS

OLIMP PROTEIN SNACK	188
VEGGIE BAR	190

OLIMP PROTEIN BAR	192
GLADIATOR HIGH PROTEIN BAR	194
TWISTER BAR	196
MATRIX PRO 32 BAR	198
HI PROTEIN BROWNIE	200
HI PROTEIN OATMEAL	201
HI PRO OMLETTE GOLD	202
HI PRO PANCAKES	203
PEANUT BUTTER	204
ALMOND COCONUT SPREAD	205
ALMOND BUTTER	206
CASHEW BUTTER	207

LADIES LINE – QUEEN FIT

GOOD MORNING LADY	210
SWEET DREAMS LADY	212
DEFINE IT LADY	213
WORK IT LADY	214
HYDRA FAST	215
VITA-MIN MULTIPLE LADY	216
SET FREE LADY	218

A person is silhouetted against a blue sky, standing on a mountain peak with their arms raised in triumph. The background features a range of mountains under a clear blue sky. The text "BE A WINNER." is overlaid in white, bold, sans-serif font across the center of the image.

BE A WINNER.



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